

# International Nepal Fellowship

**Prospectus September 2009**





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WOMAN WITH LEPROSY  
HELPED BY INF



# Overview

## Introduction

INF is an interdenominational and international Christian mission that exists 'to encourage and strengthen the Nepali church and to serve Nepali people'. The vision for this work began in India in the 1930s, before Nepal was open to outside people or influences. When the country opened up in 1952, a small group of medical missionaries and Nepali friends walked north from the Indian border to the Pokhara valley, setting up a clinic and a few years later the 'Shining Hospital' – the first hospital in the west of Nepal.

Some 57 years later, INF is still pursuing this same historic purpose. This prospectus gives an overview of the INF family today – explaining who we are and what we do. It also highlights the major areas where we need support in order to continue our current work and take forward the new and exciting opportunities that are before us. Please read on and see how you might be able to help.

## The INF family

There are six members of the INF family.

**INF Nepal** is the biggest member of the family and is a national non-government organisation which implements a range of health and development programmes in western Nepal. It has a staff of about 320 Nepalis and 20 expatriate volunteers. It works in TB and leprosy control, community health and development, hospital and rehabilitation services for people with disabilities, drug awareness / rehabilitation and HIV / AIDS education, counselling and care. INF is governed by a board of Nepali Christian leaders and led by a Nepali Executive Director.



**MACHHAPUCHHRE – THE MOUNTAIN THAT INSPIRED THE INF LOGO**



**SPINAL CORD INJURY CLIENT AT INF'S  
GREEN PASTURES HOSPITAL AND  
REHABILITATION CENTRE**

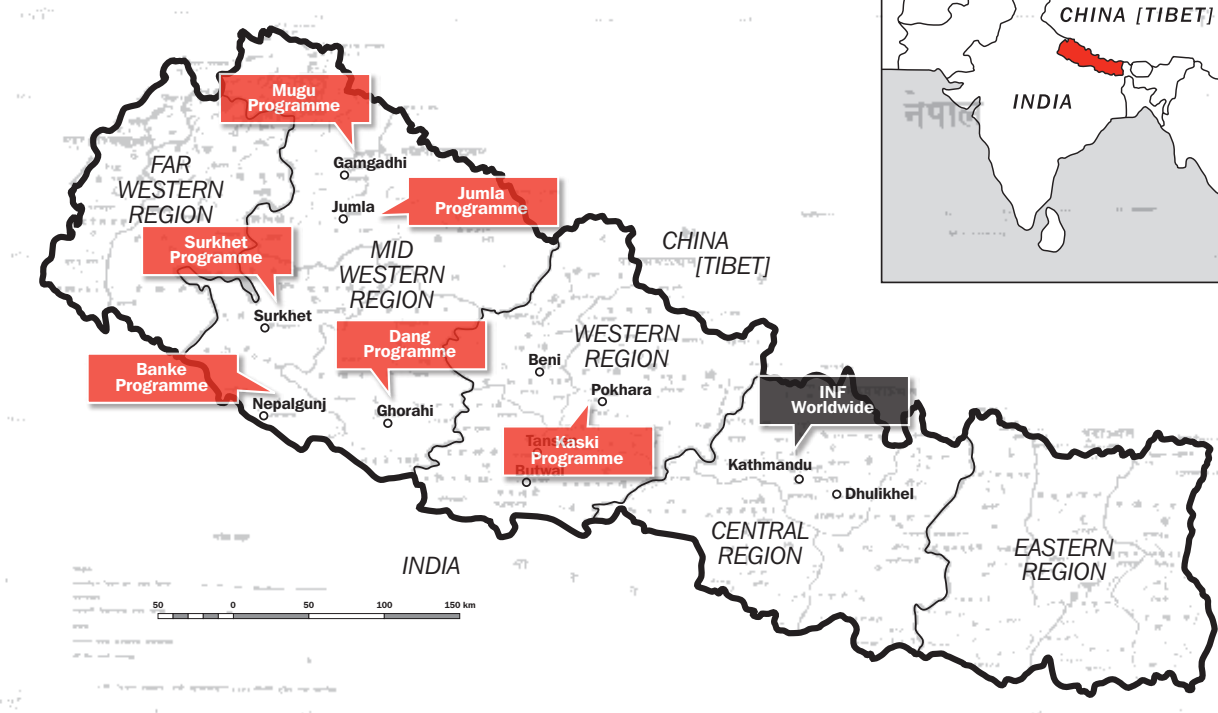
**INF Worldwide** finds, trains and supports expatriate volunteers to work with INF Nepal and several other partner organisations. It has a vision to develop in two new areas:

- strengthening Nepali Christian institutions through leadership development and organisational support
- reaching out to some of the twelve million Nepali-speaking people outside Nepal, including labourers in Malaysia and the Gulf, trafficked people in Indian cities and successful immigrants in Western countries

The board of INF Worldwide acts as the global co-ordination forum for the different members of the INF family.

**INF UK, INF Australia, INF New Zealand and INF North America** help to resource the work of INF through the provision of people, finance and prayer. These organisations are supported by individual people who share an interest in the purpose of INF. In recent years these organisations have also begun to develop a growing vision for working with Nepali migrants in their countries.

## INF locations in Nepal



INF Nepal's programmes have significant funding needs, partly due to expansion of areas of work [eg community based rehabilitation and socio-economic rehabilitation], and also due to the completion of major donor contracts for leprosy and TB work. The global recession is affecting grants, and our biggest donor GLRA has cut funding by 25% over the past two years, 30% next year and projections of 10-15% the year after that. INF Worldwide also has some significant needs as it seeks to start up a number of new areas of work. INF as a whole is therefore keen to attract new donors to widen its donor base and ensure the ongoing implementation of its work for the benefit of the poor and marginalised of Nepal.

The financial information presented here is necessarily brief, and the funding situation changes frequently as various donors and proposals come and go. More detailed plans and budgets, as well as up-to-date information on funding needs, is available on request from [donor.liaison.officer@nepal.inf.org](mailto:donor.liaison.officer@nepal.inf.org)

Most of our projects are in need of funding. The shortfalls presented here are being managed in various ways:

- Some projects will not begin until funding is found
- Some projects have a shortfall that can be temporarily covered by reserves and carry-forward balances
- Some projects are in the process of applying for funds from donor organisations
- Some projects face a real prospect of closure if we cannot find funds soon

Figures presented are based on an exchange rate of 71 Nepali Rupees per US Dollar and may change as rates vary.

HIV COUNSELLING SESSION  
IN PROGRESS



# INF Nepal

## Background information

**Vision:** Transformed communities where each individual enjoys health, peace, justice and harmony with God and others, living a dignified life to the full.

**Legal:** INF Nepal is registered with Nepal's Social Welfare Council as a national non-government organisation. It is one of only a very few national Christian non-government organisations.

**Governance:** The board of INF Nepal is made up of senior Nepali Christian leaders from central and western Nepal. The Executive Director of INF Worldwide sits on the board as an adviser. The board is chaired by Pastor Grishma Parajuli and normally meets four times per year.

**Head office:** Pokhara.

**Executive Director:** Dr Deependra Gautam.

**Staffing:** Around 320 Nepalis and 20 expatriate volunteers [seconded from INF Worldwide].

**Expatriate staff needs:** A full up-to-date list of all expatriate staff vacancies is available on request from the INF Worldwide Recruitment Officer at [recruitment@world.inf.org](mailto:recruitment@world.inf.org) and on our web site at [www.inf.org/jobs](http://www.inf.org/jobs)



INF CLIENTS FROM DAILEKH



**DROP-IN CENTRE FOR DRUG ADDICTS  
IN NEPALGUNJ**

## Summary of Programmes

INF Nepal's work is implemented through six geographically-focused Programmes. The largest of these, the Kaski Programme, is based in Nepal's Western Region. The other five are located in the Mid Western Region, which includes some of the poorest parts of Nepal.

INF Nepal's work focuses on six key technical areas, as follows:

- **Leprosy:** This includes the treatment of those with leprosy complications [for example reactions], advocacy for those requiring treatment in government facilities, and physical and social rehabilitation of those affected by leprosy.
- **TB:** Work includes the treatment of those with complex TB [multi-drug resistant TB, HIV / AIDS co-infection etc.] and advocacy for those needing treatment in government services.
- **HIV / AIDS and drug abuse:** INF runs a voluntary counselling and testing centre in Pokhara and carries out HIV / AIDS awareness through most of its programmes. INF also runs a drop-in and residential centre for drug addicts in Nepalgunj.
- **Disability:** Work with those with disabilities includes physical rehabilitation and reconstructive surgery, socio-economic rehabilitation, and advocacy and awareness raising.
- **Community health and development:** INF works with a variety of communities [displaced people, poor women, remote and disadvantaged communities] to empower them and facilitate them to take action to improve their own lives. This leads to working with them on basic infrastructure [for example drinking water systems], formal and non-formal education, agriculture, income generation etc. This is implemented in conjunction with community health aspects of work, including the training of community health volunteers, health awareness campaigns, improvement of basic health services etc.
- **Health services support:** This work focuses on improving local health services through the training of government staff [in technical and management aspects], provision of technical support, and infrastructure and equipment support.

INF Programmes are supported by INF Nepal's Central Office, which is located in Pokhara [Kaski District] and Nepalgunj [Banke District] and provides essential organisational services such as Finance, Personnel, Administration, the Director's Department, Donor Advice, Security, Technical Advice and Programme Co-ordination. The costs of the Central Office are mostly met from a small administration charge on Programmes [approximately 6.5%].



**TB OUTPATIENTS IN INF'S BANKE TB CENTRE**

## Banke Programme

INF's Banke Programme serves the people of the Banke and Bardiya Districts in the southern 'Terai' plain area of mid-western Nepal, the poorest region of the country. The INF Banke Programme has approximately 60 staff and five expatriates.

Project	Brief description	Annual budget	Annual funding needs
<b>TB centre</b>	INF's TB Centre is the only specialist TB centre for mid-western Nepal, providing support for seriously ill TB patients and people with TB complications [including multi-drug resistance]. The Centre provides inpatient care for up to 26 patients, outpatient advice and support, and strengthens the capacity of the government's TB work.	US\$189,000 €135,000 £112,000	US\$17,000 €12,000 £10,000
<b>TB hostel</b>	A 20-bed hostel opened in October 2008 for multi-drug resistant TB patients on 2-year medication courses unable to afford lodgings.	US\$13,000 €9,000 £8,000	US\$3,000 €2,000 £2,000
<b>Leprosy referral clinic</b>	At the request of the Nepal government INF started a clinic for leprosy in April 2009 for the Banke and Bardiya Districts, where the case load is very high. The clinic has an outpatients department and an inpatient ward with 5 beds. Only people with minor complications are seen in this clinic, severe cases are referred to INF's Surkhet clinic or INF's Green Pastures Hospital in Pokhara.	US\$12,000 €9,000 £7,000	US\$0 €0 £0
<b>Community development</b>	Works with marginalised communities and individuals to empower them to identify and solve their problems by themselves. Focus communities are the people of Rapti Pari, displaced people and people with disabilities in Banke and Bardiya Districts. Group activities include literacy, health camps, water and sanitation, health education, income generation, micro-business, infrastructure development and group savings.	US\$128,000 €91,000 £75,000	US\$0 €0 £0
<b>Drug Awareness and Rehabilitation Centre</b>	The only specialist drug facility in mid-western Nepal, working to reduce drug use in the community, improve the health and quality of life of drug users and improve relationships with their families in Banke District as well as throughout Nepal's Mid Western Region. Services include a drop-in centre and a 12-bed specialist residential detoxification centre. Also provides community education, health clinics and vocational training for rehabilitated patients.	US\$113,000 €80,000 £67,000	US\$14,000 €10,000 £8,000
<b>Bheri Zonal Hospital support</b>	Helps to improve the quality of services at the government's Bheri Zonal Hospital. The current focus is on developing physiotherapy services and advocacy for free treatment and admissions for poor patients.	US\$18,000 €13,000 £11,000	US\$5,000 €4,000 £3,000



CLINIC IN DANG

## Dang Programme

The INF Dang Programme serves people in the Rapti Zone of Nepal's Mid Western Region, one of the least-served areas of the country. The Zone includes 'Terai' plain districts and middle-hill districts and has been severely affected by conflict.

Project	Brief description	Annual budget	Annual funding needs
<b>TB and leprosy advice centre and disability prevention and rehabilitation</b>	Assesses and refers patients and suspects with TB and leprosy to the appropriate referral centres and offers back-up financial and advocacy support. A 14-bed residential unit provides training for people with disabilities about how to look after themselves and safely carry out important activities of everyday life. Also provides physiotherapy treatment.	US\$64,000 €45,000 £38,000	US\$34,000 €24,000 £20,000
<b>Community rehabilitation</b>	Helps disabled people to integrate into their communities – economically, physically and socially.	US\$50,000 €36,000 £30,000	US\$0 €0 £0
<b>Displaced People's Initiative</b>	Helping poor communities who have been displaced [by conflict or for other reasons] to improve their lives. Self-help groups are involved in projects such as micro-business, shelter, drinking water, literacy and sanitation.	US\$35,000 €25,000 £21,000	US\$2,000 €1,000 £1,000
<b>Community health and development</b>	Strengthening health services in the Gobradya and Bela village areas, raising awareness, improving environmental health and mother and child health.	US\$75,000 €54,000 £45,000	US\$0 €0 £0

## Jumla Programme

Jumla District is in the mountainous Karnali Zone, the least-developed part of Nepal, with very poor health services, low health awareness and very poor communities. INF's work focuses on strengthening health services, and working with marginalised communities to achieve sustainable improvements in their health and quality of life.

Project	Brief description	Annual budget	Annual funding needs
<b>TB and leprosy clinic</b>	Serves the isolated people of Jumla and surrounding districts with inpatient care [15 beds] for leprosy, TB and other forms of severe disability. Outpatient services include skin, burn and dental clinics. A Poor Fund enables referral of disadvantaged patients [by plane] to services outside the area for treatment of the most serious conditions.	US\$73,000 €52,000 £43,000	US\$7,000 €5,000 £4,000
<b>Nutrition rehabilitation centre</b>	INF's Nutrition Rehabilitation Centre is a 6–8 bed unit treating severely malnourished children who cannot be managed at home. They receive locally available nutritious food according to a feeding schedule, treatment and care. The mothers are intensively counselled and taught how to prepare locally available foods for their child and all aspects of child care. Children are referred to the centre from other parts of the Jumla Programme, the government health system and non-government organisations. Field staff make monthly / quarterly visits to the homes of malnourished children to ensure long-term improvement.	US\$35,000 €25,000 £21,000	US\$6,000 €5,000 £4,000
<b>Health services support</b>	Supports government health posts [with training, equipment and specialist clinics] and the district hospital [with medical camps and staff training].	US\$24,000 €17,000 £14,000	US\$2,000 €1,000 £1,000
<b>Community development and rehabilitation</b>	Supports disadvantaged communities, focusing on low castes, women and disabled people. Self-help groups are formed and work in micro-business, education, literacy etc. Disabled people are supported through specialist care. Awareness raising programmes on health, nutrition disease and disability are given in all working areas through discussion groups, role plays, radio broadcasts and poster / pamphlet distribution.	US\$84,000 €60,000 £50,000	US\$28,000 €20,000 £16,000



**INF STAFF MEMBER ON A NUTRITION FOLLOW-UP VISIT WITH A MOTHER IN JUMLA**



**WHEELCHAIR PRACTICE AT GREEN PASTURES**

## Kaski Programme

The work of the INF Kaski Programme is based in Pokhara, but covers the whole of the Western Region of Nepal and provides services to other areas of Nepal also.

Project	Brief description	Annual budget	Annual funding needs
<b>Green Pastures Hospital and Rehabilitation Centre</b>	A 73-bed hospital and rehabilitation centre specialising in leprosy, reconstructive surgery, spinal injuries and prosthetic limbs.	US\$529,000 €375,000 £313,000	US\$42,000 €29,000 £25,000
<b>Kapilvastu Community Health and Development</b>	INF is working to strengthen local health services in Kapilvastu District, the least developed District in the Western Region. The work has diversified to include activities with community groups through the 'group action process'.	US\$92,000 €65,000 £54,000	US\$0 €0 £0
<b>Partnership For Rehabilitation</b>	Helps people with disability or stigmatising disease to integrate into their communities – socially, physically and economically. Working with local communities, provides training and business opportunities to enable people with disabilities to become self-sufficient. Also develops other local organisations to provide similar services.	US\$237,000 €168,000 £140,000	US\$32,000 €22,000 £20,000
<b>Paluwa</b>	Comprehensive care for people infected and affected by HIV and AIDS – voluntary counseling and testing services, income generation and vocational training, and weekly clinics [treatment for opportunistic infection diseases].	US\$171,000 €121,000 £101,000	US\$2,000 €1,000 £1,000
<b>Paluwa Baglung HIV / AIDS and Support</b>	New work by Paluwa in Baglung District began in August 2009. Capacity building for government services and awareness raising.	US\$34,000 €24,000 £20,000	US\$0 €0 £0

## Mugu Programme

The INF Mugu Programme has been running for the last seven years in the poorest district of Nepal. The programme has seen significant improvements in its target areas, including improved health awareness and services and empowered communities taking action to improve their own lives.

Project	Brief description	Annual budget	Annual funding needs
<b>Community development</b>	<p>Increases the ability of the people of the remote and impoverished Mugu District to bring about sustainable improvements in their own lives and institutions. The programme works in two main areas:</p> <ul style="list-style-type: none"> <li>health work including mother and child services and helping health facility support committees to improve the quality and range of services provided by local health posts</li> <li>community development, including: strengthening village development committees and local user committees such as those dealing with water, forestry and agriculture; and empowering community groups, particularly those involving the disadvantaged, to improve their own situation [including work with local people to construct a drinking water system they feel they need, enabling them to maintain the system, and raising awareness of sanitation and personal hygiene]</li> </ul>	US\$214,000 €151,000 £127,000	US\$0 €0 £0
<b>Safe migration</b>	<p>This is a relatively new area of work, aiming to reduce the risks of people migrating from the Karnali Zone to India through awareness-raising, advocacy and improving access to services for migrants [for example health and education] through partners in north-west India. This links with INF Worldwide's work with these people in India.</p>	US\$48,000 €34,000 £28,000	US\$8,000 €6,000 £5,000



**MUGU: LIVING ON THE EDGE**



LEPROSY PATIENTS IN SURKHET

## Surkhet Programme

The INF Surkhet Programme's work area covers the middle-hill districts of Surkhet, Jajarkot and Dailekh. The Programme also serves the whole Mid Western Region through its Leprosy Referral Centre. Focus is on the holistic treatment and rehabilitation of those affected by leprosy and other disabilities. The Programme also works with marginalised community groups, for example those displaced by conflict.

Project	Brief description	Annual budget	Annual funding needs
<b>Leprosy referral centre</b>	The only specialist leprosy centre for the Mid Western Region of Nepal. The centre provides inpatient care for up to 30 patients and outpatient advice, counselling and support.	US\$141,000 €100,000 £83,000	US\$3,000 €2,000 £2,000
<b>Support and self-care and general rehabilitation</b>	A 10-bed unit provides residential health education for leprosy patients discharged from treatment, teaching them how to carry out the activities of daily life safely. Orthopaedic footwear and appliances are also made on site. A 6-bed unit provides physiotherapy and occupational therapy for those with general disabilities [spinal cord injuries, strokes etc]. Physio- and occupational therapy services are also provided for outpatients.	US\$91,000 €65,000 £54,000	US\$39,000 €28,000 £23,000
<b>Hospital support</b>	Provides training and support for local government hospitals in obstetric and gynaecological care.	US\$37,000 €27,000 £22,000	US\$15,000 €10,000 £9,000
<b>Community health and development</b>	Focuses on four areas: <ul style="list-style-type: none"> <li>community facilitation of self-help groups</li> <li>leprosy-affected people</li> <li>groups of people with disabilities</li> <li>mother and child welfare</li> </ul>	US\$95,000 €68,000 £56,000	US\$26,000 €19,000 £16,000

## Other needs

Project	Brief description	Annual budget	Annual funding needs
<b>Camps</b>	Providing medical camps [gynaecology, ear etc.] in remote areas with volunteer doctors.	US\$179,000 €127,000 £106,000	US\$65,000 €45,000 £39,000
<b>Health Technical Adviser</b>	Travel and subsistence costs of the Health Technical Adviser, who regularly visits all INF centres, monitoring the work, advising, collecting data on TB, leprosy etc.	US\$16,000 €12,000 £10,000	US\$7,000 €5,000 £4,000
<b>Community Health and Development Technical Adviser</b>	Travel and subsistence costs of the Community Health and Development Technical Adviser, who regularly visits all INF centres, training staff, monitoring the work, advising, collecting data on community health and development etc.	US\$14,000 €10,000 £8,000	US\$14,000 €10,000 £8,000
<b>Community Based Rehabilitation Technical Adviser</b>	Travel and subsistence costs of the Community Based Rehabilitation Technical Adviser who regularly visits all INF centres, monitoring the work, advising, training staff, collecting data on community-based rehabilitation etc.	US\$28,000 €20,000 £17,000	US\$11,000 €8,000 £7,000



**A CLIENT WITH TUBERCULOSIS**

NEPALI MEN AT A CHRISTIAN OUTREACH MEETING IN MALAYSIA



# INF Worldwide

## Background information

In addition to its primary role of supporting the work of INF Nepal through the secondment of expatriates and provision of funding, INF Worldwide seconds expatriates to a few other organisations and supports a few projects directly. INF Worldwide's vision includes outreach to the Nepali diaspora.

**Legal:** INF Worldwide is registered in Australia as a Non Profit Company limited by guarantee. It works in Nepal through five-yearly agreements with the government's Social Welfare Council.

**Governance:** The board of INF Worldwide comprises representatives from all INF organisations as well as three directors who are elected from the serving mission members. It is chaired by Reinhold Betz, a former INF mission member who is now working with our partner mission Missionshaus Bibelschule Wiedenest [MBW] in Germany. The board normally meets four times per year by teleconference and once a year face-to-face in Nepal.

**Head office:** The official registered head office of INF Worldwide is in Australia. However, the functional office is in Kathmandu, Nepal.

**Executive Director:** Dr David Stevens [Deputy: Seeta Gurung].

**Staffing:** INF Worldwide employs around 20 Nepali staff in its head office and primary study centres. Around 15 expatriate volunteers serve directly with INF Worldwide, in addition to approximately 40 expatriate volunteers who are seconded to INF Nepal and other organisations.

**Programmes:** INF Worldwide is a relatively new organisation so, apart from its 'Partnership Programme', most of its work is in the development stage. Its main need is for seed funding to help develop ideas and vision into effective programmes of work, and for partners who are willing to support that work with funding or personnel as it develops. The main areas of work and development are described briefly below. More comprehensive plans and budgets are available for most of these areas on request.



RETURNEES' DROP-IN CENTRE IN KATHMANDU

## Outline of Programmes

Project	Brief description	Annual budget	Annual funding needs
<b>Faith@Work</b>	Promoting the workplace as a valid and valuable place of ministry where professionals and business people can be influential for Christ.	US\$25,000 €17,000 £14,000	US\$0 €0 £0
<b>INF Partnership Programme</b>	Secondment of expatriate volunteers to a range of nationally strategic partner organisations, primarily training anaesthetist assistants, physiotherapists, hospital equipment maintenance technicians, rural doctors, ultrasound operators etc.	US\$20,000 €14,000 £11,000	US\$8,000 €5,000 £4,000
<b>CBO Support Programme</b>	Assisting motivated community-based organisations to be development agents within their own communities.	US\$8,000 €5,000 £4,000	US\$8,000 €5,000 £4,000
<b>Safe migration programme, Indian border</b>	Promoting safe migration through health education, economic literacy skills and advocacy.	US\$47,000 €32,000 £26,000	US\$23,000 €16,000 £12,000
<b>Skill development and life skills training, India</b>	Working to provide job skills development and life skills training to poverty-stricken Nepali migrants living in Delhi.	US\$24,000 €16,000 £13,000	US\$8,000 €5,000 £4,000
<b>Outreach to Nepalis in Malaysia</b>	Together with Malaysian and Nepali churches, reaching out to the 250,000+ Nepali migrant workers in Malaysia.	US\$10,000 €7,000 £5,000	US\$10,000 €7,000 £5,000
<b>Outreach to Nepalis in the Gulf states</b>	Providing support through teaching and literature provision to the hundreds of thousands of Nepali migrant workers throughout the Gulf states.	US\$10,000 €7,000 £5,000	US\$10,000 €7,000 £5,000
<b>Returnees' drop-in centre</b>	Together with Malaysian and Nepali churches, supporting new Nepali believers on their return from working abroad through counselling, advice, training and connecting them with local churches.	US\$5,000 €3,000 £3,000	US\$5,000 €3,000 £3,000

## Staffing needs summary

Programme	Post
<b>Partnership Programme</b> [most urgent only]	Surgeons and general practitioners
	Gynaecologists
	Teachers
<b>Diaspora</b>	Diaspora co-ordinator
	Case support specialists [with experience in advocacy / supporting victims of trafficking]
	Trainers in health awareness [HIV / AIDS, hygiene, nutrition]
	Legal expert with grounding in international law that can be applied at an individual and national level

For further details please e-mail [recruitment@world.inf.org](mailto:recruitment@world.inf.org)



NEPALI MIGRANTS ON THE WAY TO INDIA



A Christian mission  
serving Nepali people  
through health and  
development work

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**PARTNER MISSIONS IN:** Belgium, Finland, France, Germany, Ireland, the Netherlands, Norway, Sweden, Switzerland, the UK and Europe; Australia, Malaysia, New Zealand, Singapore, South Korea and East Asia; the USA and Canada; South Africa; and Nepal.