

# International Nepal Fellowship

**Prospectus December 2011**



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# Overview

## Introduction

INF is an interdenominational and international Christian mission that exists 'to encourage and strengthen the Nepali church and to serve Nepali people'. The vision for this work began in India in the 1930s, before Nepal was open to outside people or influences. When the country opened up in 1952, a small group of medical missionaries and Nepali friends walked north from the Indian border to the Pokhara valley, setting up a clinic and a few years later the 'Shining Hospital' – the first hospital in the west of Nepal.

Some 59 years later, INF is still pursuing this same historic purpose. This prospectus gives an overview of the INF family today – explaining who we are and what we do. It also highlights the major areas where we need support in order to continue our current work and take forward the new and exciting opportunities that are before us. Please read on and see how you might be able to help.



**MACHHAPUCHHRE – THE MOUNTAIN THAT  
INSPIRED THE INF LOGO**

## The INF family

There are six members of the INF family.

**INF Nepal** is the biggest member of the family and is a national non-government organisation which implements a range of health and development programmes in western Nepal. It has a staff of 362 Nepalis and 35 expatriate volunteers. It works in TB and leprosy control and care, community health and development, hospital support and rehabilitation services for people with disabilities, drug awareness / rehabilitation and HIV / AIDS education, counselling and care. INF is governed by a board of Nepali Christian leaders and led by a Nepali Executive Director.



**SPINAL CORD INJURY CLIENT AT INF'S GREEN PASTURES HOSPITAL AND REHABILITATION CENTRE**

**INF Worldwide** finds, trains and supports expatriate volunteers to work with INF Nepal and several other partner organisations. It has a vision to develop in two new areas:

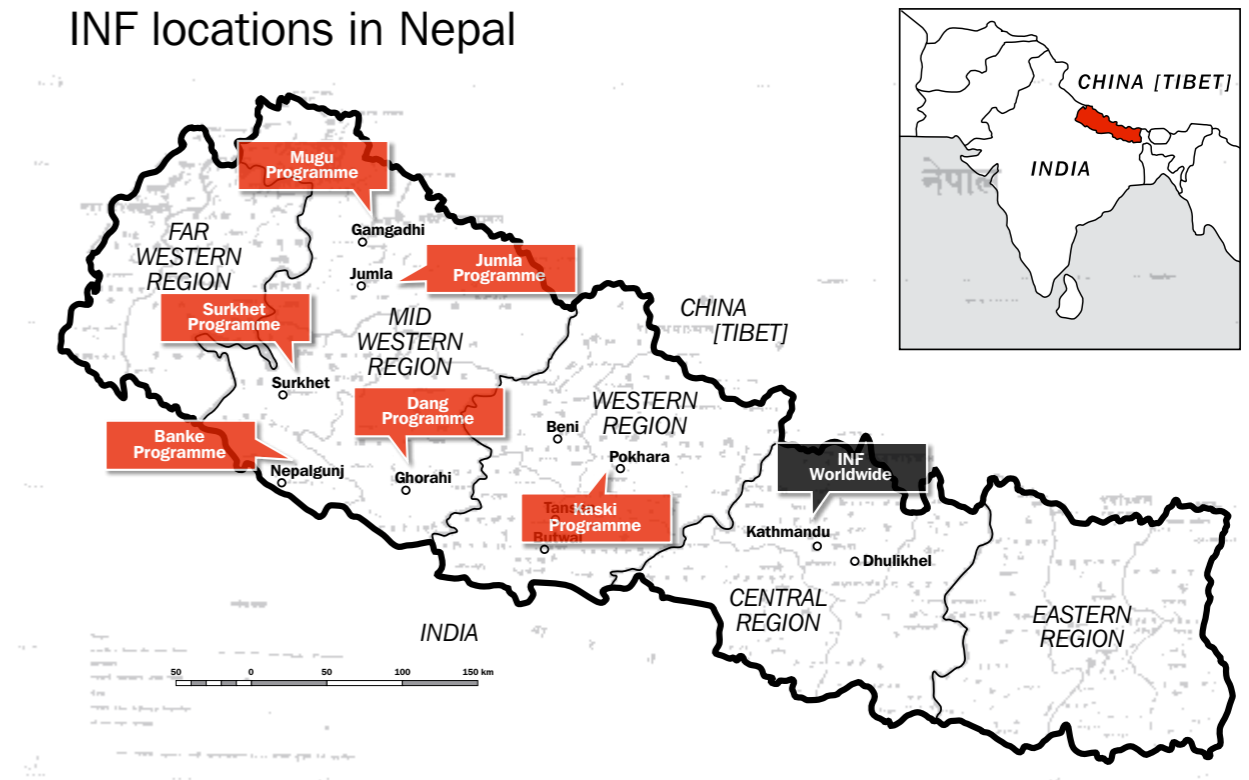
- strengthening Nepali Christian institutions through leadership development and organisational support
- reaching out to some of the twelve million Nepali-speaking people outside Nepal, including labourers in Malaysia and the Gulf, trafficked people in Indian cities and immigrants in Western countries

The board of INF Worldwide acts as the global co-ordination forum for the different members of the INF family.

**INF UK, INF Australia, INF New Zealand and INF North**

**America** help to resource the work of INF through the provision of people, finance and prayer. These organisations are supported by individual people who share an interest in the purpose of INF. In recent years these organisations have also begun to develop a growing vision for working with Nepali migrants in their countries.

**INF locations in Nepal**



INF Nepal's programmes have significant funding needs, partly due to expansion of areas of work [eg community based rehabilitation and community health and development], and also due to the completion of major donor contracts for leprosy and TB work. The global recession is affecting grants. INF Worldwide also has some significant needs as it seeks to start up a number of new areas of work. INF as a whole is therefore keen to attract new donors to widen its donor base and ensure the ongoing implementation of its work for the benefit of the poor and marginalised of Nepal.

The financial information presented here is necessarily brief, and the funding situation changes frequently as various donors and proposals come and go. More detailed plans and budgets, as well as up-to-date information on funding needs, is available on request from [donor.liaison.officer@nepal.inf.org](mailto:donor.liaison.officer@nepal.inf.org)

Most of our projects are in need of funding. The shortfalls presented here are being managed in various ways:

- Some projects will not begin until funding is found
- Some projects have a shortfall that can be temporarily covered by reserves and carry-forward balances
- Some projects are in the process of applying for funds from donor organisations
- Some projects face a real prospect of closure if we cannot find funds soon

Figures presented are based on an exchange rate of 71 Nepali Rupees per US Dollar and may change as rates vary.



# INF Nepal

## Background information

**Vision:** Transformed communities where each individual enjoys health, peace, justice and harmony with God and others, living a dignified life to the full.

**Mission:** INF Nepal is a Nepali Christian non-government organisation which exists to serve the people of western Nepal, particularly the disadvantaged, marginalised and vulnerable, by demonstrating God's love and concern, and restoring relationships with God, others and creation.

**Strategy:** INF Nepal works to bring sustainable improvement in the health and development of individuals and communities, primarily through direct implementation but also through partnerships with government and community organisations, including churches.

**Legal:** INF Nepal is registered in Nepal's Kaski District Administration Office, and is registered with Nepal's Social Welfare Council as a national non-government organisation. It is one of only a very few national Christian non-government organisations in Nepal.

**Governance:** The board of INF Nepal is made up of senior Nepali Christian leaders from central and western Nepal. The Executive Director of INF Worldwide sits on the board as an adviser. The board is currently chaired by Pastor Grishma Parajuli and normally meets four times per year.

**Head office:** Pokhara.

**Executive Director:** Dr Deependra Gautam.

**Staffing:** 362 Nepalis and 35 expatriate volunteers [seconded from INF Worldwide].

**Expatriate staff needs:** A full up-to-date list of all expatriate staff vacancies is available on request from the INF Worldwide Recruitment Officer at [recruitment@world.inf.org](mailto:recruitment@world.inf.org) and on our web site at [www.inf.org/jobs](http://www.inf.org/jobs)



INF CLIENTS FROM DAILEKH



**DROP-IN CENTRE FOR DRUG ADDICTS IN NEPALGUNJ**

## Summary of Programmes

INF Nepal has six district Programmes in Nepal's Western and Mid Western Regions. Key technical areas are as follows:

- **Leprosy:** Includes treatment of complications, advocacy for those requiring treatment in government facilities, and physical and social rehabilitation.
- **TB:** Includes treatment of complex TB and advocacy for those needing treatment in government services.
- **HIV/AIDS and drug abuse:** INF carries out HIV/AIDS awareness through most programmes. INF also runs a drop-in centre for drug addicts in Nepalgunj.
- **Disability:** Includes physical rehabilitation and reconstructive surgery, socio-economic rehabilitation, community-based rehabilitation, and advocacy and awareness raising.
- **Community health and development:** INF works with displaced people, poor women and remote communities to enable them to improve their lives. This leads to work with them on infrastructure, formal and non-formal education, agriculture, income generation etc. implemented with community health aspects of work.
- **Health services support:** Improving local services by training government staff, technical support and infrastructure and equipment support.
- **Nutrition:** Nutrition rehabilitation for malnourished children.
- **Medical and surgical camps:** In under-served areas.
- **Climate change and environmental degradation / Peace and reconciliation:** Issues addressed across projects.
- **Integral mission:** The overall approach to INF's work.
- **New work:** Planned expansion in Nepal's Far Western Region.

INF Programmes are supported by INF Nepal's Central Office, which is located in Pokhara [Kaski District] and Nepalgunj [Banke District] and provides essential organisational services such as Finance, Personnel, Administration, the Director's Department, Donor Team, Security, Technical Advice and Programme Co-ordination. The costs of the Central Office are mostly met from a small administration charge on Programmes [approximately 6.5%].

## Banke Programme

INF's Banke Programme serves the people of the Banke and Bardiya Districts in the southern 'Terai' plain area of mid-western Nepal, the poorest region of the country. The INF Banke Programme has approximately 60 staff and five expatriates.



**TB OUTPATIENTS IN INF'S BANKE TB CENTRE**

Project	Brief description	Annual budget	Annual funding needs
<b>TB referral centre</b>	The main referral centre in mid-western Nepal for care and treatment of seriously ill TB patients and those with complications including multi-drug resistance. Well regarded by government, provides outpatient service and inpatient care for up to 26 patients. Plays a key role in developing capacity of government health staff in running TB work in treatment centres.	US\$345,000 €248,000 £215,000	US\$0 €0 £0
<b>TB hostel</b>	A 30-bed hostel run in partnership with a local non-government organisation for poor multi-drug-resistant TB patients who are on a two-year treatment course. There is a second hostel in Surkhet.	US\$0 €0 £0	US\$0 €0 £0
<b>Leprosy transit ward</b>	The TB referral centre also runs a small leprosy outpatients department and 5-bed leprosy inpatient ward. The outpatients department provides diagnosis and referral, while the ward provides care for minor complications. After diagnosis, cases are referred to government health posts unless they are severe, in which case they are referred to INF's Surkhet clinic or Green Pastures Hospital.	US\$14,000 €10,000 £9,000	US\$2,000 €1,000 £1,000
<b>Community health and development</b>	Works with marginalised communities and individuals to empower them to identify and solve their problems by themselves. Focus communities are the people of Rapti Pari, displaced people and people with disabilities in Banke and Bardiya Districts. Activities include self-help group formation, problem analysis, literacy classes, health camps, water and sanitation support, health education, income generation, micro-business, infrastructure development and savings.	US\$149,000 €107,000 £93,000	US\$17,000 €12,000 £11,000
<b>Drug Awareness and HIV/AIDS Prevention and Care</b>	Combating drug abuse and improving the quality of life and family relationships of users. Serves the Mid Western Region. Drop-in centre for daily counselling and therapy, clinics, home visits, income generation, vocational training and education for HIV+ people. HIV awareness raising and support for government health services.	US\$59,000 €43,000 £37,000	US\$0 €0 £0
<b>Bheri Zonal Hospital support</b>	Helps to improve the quality of services at the government's Bheri Zonal Hospital. The current focus is on supporting physiotherapy, and advocacy on behalf of poor patients needing free treatment and admission. A poor fund helps patients needing treatment and referral.	US\$21,000 €15,000 £13,000	US\$5,000 €3,000 £3,000



CLINIC IN DANG

## Dang Programme

The INF Dang Programme serves people in the Rapti Zone of Nepal's Mid Western Region, one of the least-served areas of the country. The Zone includes 'Terai' plain and middle-hill districts and has been severely affected by conflict.

Project	Brief description	Annual budget	Annual funding needs
<b>Leprosy clinic / Health services support</b>	Provides outpatient clinics for leprosy neuritis and general rehabilitation patients, physiotherapy service, protective footwear and orthotic devices, an assessment / advice centre providing TB / leprosy assessment, diagnosis, advice, counselling, referral, advocacy and charity support. Support for government health services in development of technical expertise through secondment to Rapti Sub-Regional Hospital of expatriate specialists when available, and financial assistance for treatment and transport of patients and TB activities.	US\$37,000 €26,000 £23,000	US\$2,000 €1,000 £1,000
<b>HIV prevention, care and support</b>	Preventing HIV infection in two village areas with high seasonal migration rates, reducing stigma and discrimination, establishing community care and support systems for people living with HIV/AIDS. Voluntary counselling and testing centre operated in collaboration with government health post at Bhaluwang, targeting migrants to India. Helping church assist HIV-affected people.	US\$72,000 €52,000 £45,000	US\$2,000 €1,000 £1,000
<b>Community health and development</b>	Strengthening health and development services through self-help groups in the Gobradiha and Bela villages by raising awareness, improving environmental health, mother and child health and the socio-economic status of poor members of the community.	US\$81,000 €58,000 £51,000	US\$0 €0 £0
<b>Displaced People's Initiative</b>	Helping poor communities displaced by conflict or for other reasons. Self-help groups are involved in projects such as micro-business, shelter, drinking water, literacy and sanitation. Helping local organisations assist displaced people.	US\$29,000 €21,000 £18,000	US\$15,000 €11,000 £9,000
<b>Community rehabilitation</b>	Helps disabled people to integrate into their communities economically, physically and socially, and builds the capacity of disabled people's organisations.	US\$61,000 €44,000 £38,000	US\$0 €0 £0

## Jumla Programme

Jumla District is in the mountainous Karnali Zone, the least developed part of Nepal, with very poor health services, low health awareness and very poor communities. INF's work focuses on strengthening health services, and working with marginalised communities to achieve sustainable improvements in their health and quality of life.

Project	Brief description	Annual budget	Annual funding needs
<b>TB and leprosy clinic</b>	Serves the isolated people of Jumla and surrounding districts with inpatient care [13 beds] for leprosy, TB and other forms of severe disability. Outpatient services include skin, burn and dental clinics. A poor fund enables referral of disadvantaged patients [by plane] to services outside the area for treatment of serious conditions.	US\$103,000 €74,000 £64,000	US\$14,000 €10,000 £9,000
<b>Nutrition Rehabilitation Centre</b>	INF's Nutrition Rehabilitation Centre is an 8-bed unit treating severely malnourished children who cannot be managed at home. They receive locally available nutritious food according to a feeding schedule, treatment and care. The mothers are intensively counselled and taught how to prepare locally available foods for their child and all aspects of child care. Children are referred to the centre from other parts of the Jumla Programme, the government health system and non-government organisations. Field staff make monthly / quarterly visits to the homes of malnourished children to ensure long-term improvement.	US\$57,000 €41,000 £36,000	US\$0 €0 £0
<b>Health services support</b>	Supports government health posts [with training, equipment and specialist clinics] and the district hospital [with medical camps and staff training]. Comprehensive emergency obstetric care with District Health Office and Karnali Zonal Hospital.	US\$35,000 €25,000 £22,000	US\$0 €0 £0
<b>Community health development and rehabilitation</b>	Supports disadvantaged communities, focusing on low castes, women and disabled people. Self-help groups are formed and work in micro-business, education, literacy etc. Disabled people are supported through specialist care. Awareness raising programmes on health, nutrition, disease and disability are given in all working areas through discussion groups, role plays, radio broadcasts and poster / pamphlet distribution.	US\$148,000 €106,000 £92,000	US\$27,000 €19,000 £17,000



INF STAFF MEMBER WEIGHING A MALNOURISHED CHILD IN JUMLA



WHEELCHAIR PRACTICE AT GREEN PASTURES

## Kaski Programme

The work of the INF Kaski Programme is based in Pokhara, but covers the whole of the Western Region of Nepal and provides services to other areas of Nepal also.

Project	Brief description	Annual budget	Annual funding needs
<b>Green Pastures Hospital and Rehabilitation Centre</b>	A 73-bed hospital and rehabilitation centre providing tertiary care for leprosy patients and people with disabilities. Focus on spinal cord injuries, amputees and surgical reconstruction.	US\$636,000 € 456,000 £396,000	US\$93,000 € 66,000 £58,000
<b>Kapilvastu Community Health and Development</b>	INF is working to strengthen mother and child health services in Kapilvastu District, the least developed District in the Western Region. The work has diversified to include activities with community groups through the 'group action process'.	US\$305,000 €218,000 £190,000	US\$0 €0 £0
<b>Partnership For Rehabilitation</b>	Helps people with disability or stigmatising disease to integrate into their communities – socially, physically and economically. Working with local communities, provides training and business opportunities to enable people with disabilities to become self-sufficient and build capacity of other local organisations to provide similar services. Also provides technical support to other INF centres.	US\$356,000 €255,000 £222,000	US\$84,000 €61,000 £53,000
<b>Paluwa / Western Regional Hospital</b>	Support for the government's Western Regional Hospital through HIV/AIDS counselling and testing and assistance for poor patients.	US\$42,000 €30,000 £26,000	US\$30,000 €21,000 £18,000
<b>Paluwa Baglung</b>	Building the capacity of Baglung District government hospital and raising community awareness of HIV/AIDS.	US\$62,000 €44,000 £39,000	US\$0 €0 £0

## Mugu Programme

The INF Mugu Programme has been running for the last eight years in the poorest district of Nepal. The programme has seen significant improvements in its target areas, including improved health awareness and services and empowered communities taking action to improve their own lives.

Project	Brief description	Annual budget	Annual funding needs
<b>Community health and development</b>	Increases the ability of the people of the remote and impoverished Mugu District to bring about sustainable improvements in their own lives and institutions. The programme works in two main areas: <ul style="list-style-type: none"> <li>health work including mother and child services and helping health facility support committees to improve the quality and range of services provided by local health posts</li> <li>community development, including: strengthening village development committees and local user committees such as those dealing with water, forestry and agriculture; and empowering community groups, particularly those involving the disadvantaged, to improve their own situation [including work with local people to construct a drinking water system they feel they need, enabling them to maintain the system, and raising awareness of sanitation and personal hygiene]</li> </ul>	US\$225,000 €162,000 £140,000	US\$33,000 €24,000 £21,000
<b>Migration support work</b>	This is a relatively new area of work, aiming to reduce the exploitation and vulnerability of people migrating from the Mid and Far Western Regions to India through awareness-raising, advocacy, emergency case support, information dissemination, networking and improving access to health services for migrants [particularly through HIV/AIDS awareness] through partner churches in Nepal and north-west India. This links with INF Worldwide's work with these people in India.	US\$59,000 €42,000 £37,000	US\$0 €0 £0



MUGU: LIVING ON THE EDGE



LEPROSY PATIENTS IN SURKHET

## Surkhhet Programme

The INF Surkhhet Programme's work area covers the middle-hill districts of Surkhhet, Jajarkot and Dailekh. The Programme also serves the whole Mid Western Region through its Leprosy Referral and Disability Centre. Focus is on the holistic treatment and rehabilitation of those affected by leprosy and other disabilities. The Programme also works with community groups, raising health awareness and rights issues and seeking to improve the overall status of poor and marginalised people.

Project	Brief description	Annual budget	Annual funding needs
<b>Leprosy referral and disability centre</b>	The only specialist leprosy centre for the Mid Western Region. Provides inpatient care for 30 patients with leprosy complications, and an outpatient service. Offers medical treatment and care, counselling, literacy classes and other services.	US\$168,000 €120,000 £104,000	US\$28,000 €20,000 £18,000
<b>Support and self-care and general rehabilitation</b>	10-bed unit provides residential health education for leprosy patients discharged from treatment. As well as teaching about how to carry out daily activities safely with leprosy-affected hands, feet and eyes, the programme includes teaching on general health and hygiene. Literacy classes and counselling are available. Orthopaedic footwear and appliances made on site for leprosy-affected people. 6-bed unit provides intensive rehabilitation for those with general disabilities [spinal cord injuries, strokes etc]. Physio- and occupational therapy provided for in- and outpatients. Mobility aids, wheelchairs, equipment and home adaptations provided.	US\$124,000 €89,000 £77,000	US\$0 €0 £0
<b>Hospital support</b>	Training / support for government hospitals in obstetric / gynaecological care. Awareness raising and training about obstetric fistulas. Surgical camps for women with fistulas.	US\$58,000 €42,000 £36,000	US\$6,000 €5,000 £4,000
<b>Community health and development</b>	Facilitation of self-help groups for community development in health and economic issues; facilitation of groups of people with disabilities to improve their status; mother and child health care through government systems; and direct client assistance [income generation, micro-finance and scholarships for leprosy- and disability-affected people and families].	US\$175,000 €125,000 £109,000	US\$28,000 €20,000 £17,000

## Other needs

Project	Brief description	Annual budget	Annual funding needs
<b>Camps</b>	Providing medical camps [gynaecology, ear etc.] in remote areas with volunteer doctors.	US\$116,000 €83,000 £72,000	US\$29,000 €21,000 £18,000
<b>Health Technical Adviser</b>	Travel and subsistence costs of the Health Technical Adviser, who regularly visits all INF centres, monitoring the work, advising, collecting data on TB, leprosy etc.	US\$16,000 €11,000 £10,000	US\$0 €0 £0
<b>Community Health and Development Technical Adviser</b>	Travel and subsistence costs of the Community Health and Development Technical Adviser, who regularly visits all INF centres, training staff, monitoring the work, advising, collecting data on community health and development etc.	US\$25,000 €18,000 £16,000	US\$22,000 €16,000 £14,000
<b>Community Based Rehabilitation Technical Adviser</b>	Travel and subsistence costs of the Community Based Rehabilitation Technical Adviser who regularly visits all INF centres, monitoring the work, advising, training staff, collecting data on community-based rehabilitation etc.	US\$42,000 €30,000 £26,000	US\$7,000 €5,000 £5,000



A CLIENT WITH TUBERCULOSIS



# INF Worldwide

## Background information

In addition to its primary role of supporting the work of INF Nepal through the secondment of expatriates and provision of funding, INF Worldwide secondes expatriates to a few other organisations and supports a few projects directly. INF Worldwide's vision includes outreach to the Nepali diaspora.

**Legal:** INF Worldwide is registered in Australia as a Non Profit Company limited by guarantee. It works in Nepal through five-yearly agreements with the government's Social Welfare Council.

**Governance:** The board of INF Worldwide comprises representatives from all INF organisations as well as three directors who are elected from the serving mission members. It is chaired by Reinhold Betz, a former INF mission member who is now working with our partner mission Forum Wiedenest in Germany. The board normally meets four times per year by teleconference and once a year face-to-face in Nepal.

**Head office:** The official registered head office of INF Worldwide is in Australia. However, the functional office is in Kathmandu, Nepal.

**Acting Executive Director:** Seeta Gurung.

**Staffing:** INF Worldwide employs around 20 Nepali staff in its head office and primary study centres. Around 15 expatriate volunteers serve directly with INF Worldwide, in addition to approximately 40 expatriate volunteers who are seconded to INF Nepal and other organisations.

**Programmes:** INF Worldwide is a relatively new organisation so, apart from its 'Partnership Programme', much of its work is in the development stage. Its main need is for seed funding to help develop ideas and vision into effective programmes of work, and for partners who are willing to support that work with funding or personnel as it develops. The main areas of work and development are described briefly below. More comprehensive plans and budgets are available for most of these areas on request.



RETURNEES' DROP-IN CENTRE IN KATHMANDU

## Outline of Programmes

Project	Brief description	Annual budget	Annual funding needs
<b>Faith@Work</b>	Promoting the workplace as a valid and valuable place of ministry where professionals and business people can be influential for Christ.	US\$21,000 €15,000 £13,000	US\$14,000 €10,000 £9,000
<b>CBO Support Programme</b>	Working with motivated community-based organisations to be agents of change in their own communities. INF partners with Asal Chimeki Nepal in Pokhara and the Community Awakening and Transformation Society in Ghorahi, both are church-based organisations. In 2012 INF will be looking to establish new partnerships and funds are sought to enable this work to begin.	US\$3,000 €2,000 £2,000	US\$3,000 €2,000 £2,000
<b>Pharmacy Management</b>	Start-up funds required to support a pharmacist joining INF in mid-2012. The programme will include visits and assessments of pharmacy management in a number of different mission hospitals including INF's Green Pastures Hospital. The programme will also include training for pharmacy workers and those prescribing medicines.	US\$2,000 €1,000 £1,000	US\$2,000 €1,000 £1,000
<b>India Migrant Initiative</b>	Working with local Nepali churches in Delhi and three locations in north-west India to provide job skills development and life skills training to poverty-stricken Nepali migrants in India. Provision of health awareness seminars.	US\$41,000 €31,000 £26,000	US\$8,000 €6,000 £5,000
<b>Migrant Link Initiative</b>	Working with the Nepalese Migrant Unity Network [NeMUN] and Mitra Niwas guest house, both based in Kathmandu, to promote NeMUN membership and build a network of links between Nepali Christians and churches in Nepal and the Nepali diaspora. Working with Christian leaders and churches in Nepal and the diaspora [principally in Malaysia] to promote safe and positive migration, and discipleship of Christian migrants and returnees.	US\$16,000 €12,000 £10,000	US\$10,000 €8,000 £7,000

## Staffing needs summary

Programme	Post
<b>Partnership Programme [most urgent only]</b>	Biomedical equipment maintenance technician to train and mentor national staff
	General practitioner doctors
	Medical educationalists
<b>Diaspora</b>	Diaspora ministry co-ordinator / networking consultant [one person based in Kathmandu to cover the India Migrant Initiative and the Migrant Link Initiative - and doing field visits but having local administrative support] *
	* Alternatively, diaspora ministry co-ordinator / networking consultants [one each for the India Migrant Initiative and the Migrant Link Initiative - both doing their own administration and visits]
	Students or professionals to be located in south-east Asia [Malaysia] or the Middle East
	Person with a legal / social background to work on case support, advocacy, anti-trafficking for migrants [could be located in Malaysia or Kathmandu with travel in Asia]

For further details please e-mail [recruitment@world.inf.org](mailto:recruitment@world.inf.org)



NEPALI MIGRANTS ON THE WAY TO INDIA



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Singapore; South Africa; South Korea; Sweden; Switzerland; Taiwan; the UK; the USA; etc.