Today in Nepal

Number 229

September 2015

INF’s commitment to Nepal’s future

Rebuilding shattered lives
Nepal's first church.

same year Nepali INF members established Nepal’s first church.

INF began in 1936 – Nepal was then a closed country. Despite the devastation brought by this disaster, INF is committed to working in partnership with the people of Nepal for the long-term. We are currently finalising exciting plans for the next five years and look forward to sharing these with you soon.

Dependence

The earthquake reminds us again of how dependant we are on God for each day. We acknowledge His grace and protection over INF during this difficult time [Psalm 46:1] and look to Him to sustain us as we continue to serve Nepali people in His name.

Rapid relief

I was so impressed by INF's ability to mobilise quickly and effectively following the earthquake. Decades of experience, strong local networks and excellent local knowledge meant that we were able to assist with the immediate relief effort faster than many of the larger international organisations. Read more about INF’s relief and rehabilitation efforts on pages 4 – 6.

To all our staff in Nepal and around the globe

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It was as if the earth was exploding like a volcano. Rocks flew everywhere as the ground shook and trembled violently. Everything around me began to collapse leaving only a single wall of my house standing amidst the rubble.

These were the words of a tired and traumatised Dhan Bahadur Ghale, an elderly man from a remote village near the epicentre of the devastating earthquake that struck Nepal on 25 April, claiming around 8,900 lives and tearing an irreparable hole in the psyche of the nation.

INF staff reacted quickly despite the earthquake’s impact on their own lives - houses damaged, loved ones lost or unaccounted for...

Early on the morning of 27 April, as dawn began to break across the snow-capped Himalayan peaks, an INF Camps vehicle packed with vital medical and relief supplies, hummed to life. After a late night of planning, packing and continued aftershocks the team of first-responders set off for Gorkha [the district hardest hit by the earthquake].

The group were unsure what to expect as they made the four-hour journey. Eyewitness reports from the few patients like Dhan, who had been fortunate enough to have been air-lifted to Pokhara from one of the hundreds of remote villages now almost entirely cut off due to landslides and poor weather conditions, were bleak. They spoke of villages where 70 to 90 percent of homes were completely destroyed, with many killed or injured and those remaining left without food or shelter.

What the team found when they arrived at those first villages in Gorkha still accessible by road was shocking... but not for the reasons they expected. Village members had taken those severely injured by motorbike to the closest government hospital and were already beginning to plan for the observance of traditional ceremonies for their dead.

Instead of performing the kinds of emergency procedures they had anticipated, the team arrived at several villages to find hundreds of villagers standing about in front of their ruined homes with relatively straightforward and easily treatable injuries - fractures, lacerations, sprains and dehydration. However, it was the psychological trauma these villagers exhibited that struck INF staff the hardest. They began to understand why more than three days after the earthquake, these villagers were still sleeping outside exposed to the harsh conditions and with rapidly diminishing supplies of food and drinking water.

These remote rural villages, most of which were already incredibly poor before the earthquake, had started to believe that no one would come to help. They were so used to being ignored, oppressed and marginalised [especially those in ‘low-caste’ villages] that they thought it useless to set off for help. They simply did not believe that anyone would come to their aid, nor could they possibly imagine receiving food or medical assistance for which they did not have the money to pay for themselves.

So as our first-responders went to work, it was not just their hands that were delivering aid in the form of medicines and bandages, but their words, as they assured scared and frightened villagers.

In the weeks immediately following the earthquake, INF supporters helped to raise funds for the distribution of emergency relief to over 3,000 families, including 840 tents, 4,500 blankets and other essential items.

Since then, INF has signed a formal agreement with the Nepal Government to take responsibility for four Village Development Committee areas in Gorkha, where our first priority has been the construction of 115 temporary schools, called Transitionary Learning Centres, in 30 different locations.

At our special treatment facility, Green Pastures Hospital and Rehabilitation Centre, we have provided ongoing rehabilitative care and support for 33 patients to date, as well as monitoring the wellbeing of our community based disability clients in areas affected by the earthquake.

In the words of Dr Prem Subedi, Executive Director of INF Nepal,

“Though we have been shaken by the earthquake, the teamwork, enthusiasm and eagerness of INF’s staff and volunteers [both nationals and expatriates] to help provide relief to the victims has been impressive. The generosity and timely support from our supporters and partners in coordination with other agencies including the government are what has made all this possible. For all these things I thank God and I thank each and every one of you.”

Look for updates on our relief and other work at www.inf.org and www.inf.org/facebook

PRAY | GIVE | GO | SHARE - Please pray for the people of Nepal and INF’s work to assist in rebuilding the nation.
Many churches were concluding their worship services in Nepal when the 7.8 earthquake struck, killing around 8,900 people. Except for a few older Nepalis, who had experienced the magnitude 8.0 earthquake in 1934, it was something most of the population had never experienced before.

In a predominantly Hindu nation where Christians make up less than three percent of the population, the earthquake saw an immediate response from churches across the country. Church buildings were opened up to their neighbours and anyone needing shelter was offered a place to stay and food, well before international aid arrived. The fact that most churches suffered damage did not stop them from sheltering hundreds of people. Church volunteer teams with relief supplies [essentials including tarpaulins, blankets, roofing sheets, food supplies and hygiene supplies] were also sent to villages, especially where their daughter churches were located, many of which were near the earthquake’s epicentre.

The formation of a coalition network of Christian groups for disaster emergency response named Disaster Relief Christian Community [DRCC] in Kathmandu brought cooperation among all the groups involved within days after the disaster. Since then, in collaboration with more than 40 organisations, DRCC has been involved in relief work reaching remote communities, mobilising and coordinating with the national and international volunteers doing rescue work.

Similarly the Pokhara Christian Community [PCC], a platform of 45 churches in the Pokhara valley, initiated a similar collaborative disaster response effort between its member churches together with its partner Asal Chhimekee Nepal. The way the churches in Nepal have responded with prayer and aid to one of the greatest disasters in Nepal’s history is incredibly encouraging.

One of the PCC volunteers, Richel Ghimire, expresses her feelings, “Why do I work as a volunteer? Many people were affected – they lost everything, but God kept me safe and I have to help. They need our help. I am happy to work with others, to see the unity in the churches and that men, women, boys and girls all are helping, because we all realise that we are safe and healthy and are helping those who aren’t.” What a great example to demonstrate that ‘yes we have fallen, are hurt, but will rise again, together!’

Although the Nepali church’s efforts in response to the earthquake have at times been viewed with suspicion, several of the print and digital media have praised Christians for their generosity and love for Nepal and her people. The churches and associated groups continue their relief work, most of them having moved on from delivering relief to building temporary schools and shelters. Also remarkable and distinct in its contribution in this time of great tragedy is the effort made by the churches to meet not only the humanitarian need but also spiritual needs through prayers and counselling with support from Christian organisations like the Elijah Counselling and Training Centre.

PRAY | GIVE | GO | SHARE – Please pray for the work of Nepali churches as they seek to share God’s love and practical assistance to those in need following the earthquake.

Physiotherapists like Bimala bring a small ray of hope into the lives of people like Indra who, despite her injuries, pain and the hard work of rehabilitation, says, “I had not heard of Green Pastures before the earthquake. This is a happy and good place - I’m so happy that I can get treatment and food here - and that I’m able to walk again”.

Indra has now returned to her village together with her sister who was helping with her care in Pokhara. Her father has had to return from his work in the south of Nepal to look after his wife who is suffering from severe anxiety as a result of the earthquake. With their main source of income gone, the whole family is now sleeping under plastic sheeting until they can find the resources to rebuild their home.

It is going to be a long road back to normality for Indra - her village has been totally destroyed and her future is far from certain - but thanks to the dedication of INF and its staff, the road will be a little less steep.

PRAY | GIVE | GO | SHARE – Please give thanks for INF staff as they provide a ray of hope to those personally affected by the April earthquake.
Transformation at work

Dil Bahadur Chaudhary writes

‘Transformed person, transformed community’

My name is Dil Bahadur Chaudhary. I am an INF staff member in Surkhet, Mid-Western Region. Fifteen years have passed in my walk with INF. During this period I’ve had the opportunity to get involved in INF’s Community Health and Development work. This opportunity has become the cornerstone of my career. After a few weeks of orientation and training, I went on a field visit and as a result of hard work and diligence I was able to work in community development and transformation – both new areas to me.

Over the years INF has helped me grow by providing training opportunities and today, I am a Village Development Committee Team Leader. Prior to being appointed to this position, I worked in different roles across the organisation – as a Community Facilitator for 10 years as well as an Office Assistant and then Office Secretary for several years. I have a heart for service and am passionate about working with the poor and marginalised guided by the strong values of INF.

As I began working in community development I was able to be part of a diverse range of projects including providing safe drinking water, awareness programmes, health and sanitation education, facilitating groups and leadership trainings. I hold strongly to the statement ‘Transformed person, transformed community’ – I believe that when a person working in community development can only help transform a community after they themselves have been transformed, I have realised that this is crucial for creating sustainable community transformation.

My journey has not been without challenges. Often local political leaders have accused me of only wanting to share my religion rather than help the community. I’ve been called a spy and others have said I was wasting the time of people in remote communities. There have even been those who have considered killing me.

Despite all of this opposition, the work of INF, that I have been involved in, has been a testimony and proven every accusation false. I’ve been committed to assisting communities, working positively and creating good working environments. Each of these challenges has helped me grow stronger and more committed than ever to work with the poorest of the poor. This is INF’s commitment – to help people rise up and to show God’s love, that’s what motivates me and gives me renewed strength each day at work.

Why building ‘resilience’ is so important

The remote, rural, rugged and fragile geophysical structure of Nepal, combined with unplanned settlement, population pressure, a weak economy, fragmented communities, low literacy rates and a lack of public awareness, contribute to disasters having an unnecessarily high impact on the poorest and most vulnerable communities that INF currently serves.

Recent events don’t remove the risk of another earthquake anytime soon, instead seismologists predict that the next significant quake is likely to take place to the west of Pokhara where the bulk of INF’s community work takes place. Earthquakes aren’t the only concern for Nepal. Climatologists have identified this same area, where INF’s work is concentrated, as being one of the top 10 parts of the world most likely to suffer from increased climate-change induced disaster.

The right measures

INF’s community work in the Mid-West already builds disaster resilience as we empower vulnerable communities to collaborate effectively on addressing key community needs. However we are now working to adapt and strengthen all our community work to ensure each community we partner with is as resilient as possible.

Building resilience from disaster

Matt Darvas writes

Nepal was already vulnerable to ongoing disasters before the April earthquake struck. Floods, landslides, fires and droughts affect thousands of families every year.

INF is committed to the development of Nepal for the long run and so developing resilience in the face of natural disasters has become a crucial part of our work with communities. Our goal is to ensure communities are both prepared in the case of an emergency and that they have the communal resources and strength to recover and rebuild following a disaster.

Resilience in action: The Surkhet Floods

Kamila’s family lives amongst a community of ‘rock-breakers’ on the bank of the Itram river in Surkhet. Prior to INF’s work in the community, families like Kamila’s relied almost entirely on the meagre income they made breaking river stones into smaller rocks for use on construction sites. In August 2014, a flood devastated the community, washing away many homes and claiming the lives of over 225 people. The government declared an overnight ban on all rock-breaking activities, and in doing so, decimated the livelihoods of many. Thankfully for Kamila, who had received a loan from a group savings scheme implemented through INF’s community development work, her family survived. The loan allowed her to buy livestock, which have since generated enough income for her family to own a small shop.
UK and Europe

Supporters in the UK and the rest of Europe have shown a phenomenal response to April’s earthquake.

Not only have individuals and churches been digging deep and giving sacrificially, but we’ve also received donations from a wide variety of fundraising events, as people were touched by the plight of Nepal and its people. Activities ranged from mud-runs, marathons and cycle rides to curry nights, whatever they felt they could do to help. £11,500 has been raised via the JustGiving website alone, and the funds are still coming in.

Many encouraged their local churches to support our appeal by giving presentations or holding events to not only help raise the much needed funds but also to ask people to pray together for those affected by the disaster.

Children and teachers in schools across the UK contributed over £6,600 through various events, such as cake sales and non-uniform days. They have raised both funds and awareness for relief work following the earthquake.

Australia and New Zealand

In Australia and New Zealand, many communities and churches organised fundraising events to highlight the needs in Nepal and get people involved, for example:

- an ABC radio show hosted by former INF worker Rohan Banwick raised over AU$200,000 for OXFAM’s relief response.
- the Malayalam speaking Indian churches in Sydney organised a music night featuring renowned singer Binoy Chacko. It was attended by around 400 people, raising AU$1,500 for INF.
- A nine-year old girl from a Wellington church made and sold sock puppets in her community raising NZ$60.
- the Alice Springs community of outback Australia came together to raise more than AU$6,000 for INF’s Earthquake Appeal in a backyard fundraiser. The morning included a garage sale, raffle, bake sale, pop-up teashop and families from the local Nepali community sold momos [Nepali dumplings]. These, together with support from church partners [particularly Nepali churches] and supporters, raised a significant sum of which AU$295,000 [from Australia] has already been sent to INF in Nepal.

The funds have been put to immediate use providing food and rehabilitation, rebuilding schools and health posts, and helping communities to plan for the future.
Jagat*, who came to the recent ear camp in Rolpa, has had abscesses behind his ears for many years causing him pain and problems with his balance. He has felt isolated and lonely, because the sight and smell of the abscesses made others avoid him. Jagat could only have surgery on one ear, as each camp only runs for a limited time.

Focused on improving the health and quality of life for those with ear related diseases by providing specialised ear camp services to all income groups, especially poor and marginalized people, INF is establishing the Ear Hospital and Training Centre in Pokhara. Construction started in March 2014 and the hospital will officially open in November 2015.

INF has been running medical camps for more than 20 years, including ear camps, which run twice a year. Many cases, like Jagat’s, require further care and treatment and a permanent ear hospital means that specialist care and treatment can be provided all year round without patients having to wait for another ear camp.

There are many people like Jagat in Nepal. Ear diseases and hearing problems are often a hidden disability, yet have an enormous effect on day-to-day life. For children it means they fall behind at school, and may have difficulty communicating with family and friends. For adults it means they cannot develop language skills and often feel isolated.

The new ear hospital will have a treatment capacity of 60 outpatients per day and 16 beds. It will provide surgical and medical services, audiology testing, hearing aids and speech and language therapy. The hospital will also support ear care outside the hospital, including ear camps, and carry out research into effective treatments in a rural setting. Nepali medical staff will be trained so that levels of care can be improved across the country.

The Ear Hospital needs ongoing financial sustainability. The hospital aims to generate operational costs through the paying clinic [four private rooms] and other paid-for services but this will not be enough, at least not for the first few years. INF is committed to providing free or subsidised treatment for people who would not otherwise be able to afford it.

*Name has been changed

PRAY | GIVE | GO | SHARE – Your support for the Ear Hospital and Training Centre with prayers and gifts means that more people will have the opportunity to hear and be free from isolation and pain. Pray that more people being able to hear physically will also mean more opportunities for them to hear the Good News. Have you considered using your skills and desire to help others in Nepal by joining INF’s team [see page 14]. Donations to the hospital can be made at www.inf.org/giving-inf

Ear camps find a permanent home

Sajeeta Thapa reports

Ear camp patients receive final instructions
PHOTO: ROWAN BUTLER

Looking ahead
Jay Budhathoki reports

One of the ongoing challenges in my role is ensuring good relationships with the relevant government officials.

Government liaison is an exciting role and it is a proud feeling when you get to represent INF and serve as the primary point of contact to the government. The best thing about this role is that I get to be up-to-date with the rules and regulations of the government as well as being able to meet key people from various organisations and government bodies who are helpful in enabling INF to work effectively with the Nepali people.

One of the ongoing challenges in my role is ensuring good relationships with the relevant government officials so we can access much needed guidance, administrative support, and obtain work permits visas and duty-free facilities on time.

Currently, we are working on renewing INF’s present five-year Project Agreement with the government, which runs out on 5 December 2015. We recently had a field visit with Social Welfare Council representatives and other government officials; it was encouraging to see how INF has been assisting people from poorer communities in both health and development. We were praised for what we do and were given recommendations for how we can run our programmes more effectively in future. We hope to get our General Agreement signed soon and we really need prayer for our whole agreement process so that our Project Agreement can be signed on time.

We want to be guided by God and our Christian values as we look to this next agreement, working to empower the most marginalised and least served Nepali people. We hope to achieve even more over the next five years, working effectively and efficiently alongside the government and local communities, as well as national and international agencies to support those communities in need and uplift the lives of Nepali people.

PRAY | GIVE | GO | SHARE – Please pray for the new five-year agreement between INF and the Government of Nepal, that it would be finalised in time and enable INF to continue working with the most poor and marginalised.
INF’s development work is effective because its staff are committed to communities, not solutions. They know the communities they are working with. Not just because they have done the strategic demographic analysis, but because they have invested in relationships, they have spent time sitting down and talking. It is evidence that our staff value people, not statistics.

If INF can provide help, we will, but more often than not, all we need to do is give a community a new perspective, or help them realise their own potential. “INF gave us nothing, but opened our eyes and taught us how to think.” That is a quote from one of our self-help group members. It’s the answer to my question. The end goal of INF’s development is creating communities who are confident and able to take control of their own lives.

High above the Tila river, tirelessly carving an emerald path through the Jumla valley, we visited an INF self-help group meeting and listened as they discussed issues regarding their water supply; the tank in their village was too small and they had to carry buckets up from the river. They spoke about advocating the local Government for another tap. After the meeting, Karna, the INF group facilitator, organised a game with the women, a scavenger hunt, to teach them to think about identifying resources they already have or where else they can find them when they face problems.

That evening as I talked with a colleague about what we had seen, one question was on my mind. What was the end goal of INF’s community development work? The answer was perfect, as it was obvious. “There’s no predefined end goal,” my colleague answered. “INF talks to each village and asks them what they would like to see happen in their community.”

I finally understood what INF’s community work was about. I realised that I had asked the wrong question, or, more to the point, I had been asking the wrong people. INF staff could not know what the end goal was. Only the communities themselves could answer the question.

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INF’s really good gifts are a great way to celebrate special occasions with family and friends. The 28 gifts include your favourites plus new items such as clean drinking water, a Christmas party for Nepali migrant children and advocacy training for women.

To order a printed catalogue, call or email your nearest INF office [details page 2].

YOU CAN BUY GIFTS ONLINE AT WWW.INF.ORG/GIFTS

Physio & Occupational Therapy

One of the hardest things about having a physical disability can be the loss of independence. This gift could pay for physio and occupational therapy.

Professional Medical Care

In Nepal, government health care is not free, creating a financial burden for the poor. This gift could provide specialist care for those who otherwise could not afford it.

ASKING THE WRONG QUESTION

What does ‘sustainably improved quality of life for poor and marginalised people’, the goal of INF’s Community Health and Development [CHD] work, actually look like? INF’s Communications Team visited some of the remotest parts of INF’s working areas in Mid-Western Nepal to explore this question.

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PRAY | GIVE | GO | SHARE – Consider giving to the community development work of INF throughout remote areas of Nepal where staff are enabling communities to transform their lives. Go to www.inf.org/giving-INF or contact your local INF office [details on page 2].
As we stood in the shade of the newly constructed health post out near the Indian border, we heard how women, who had formerly avoided medical examinations due to the indignity of having particular conditions exposed on a public verandah, were now more willing to be examined thanks to the privacy offered by this humble brick hut. This hut addressed both their physical and community needs, because someone had genuinely listened to them first.

Go INF for doing this!

Jono Hathway Sydney, Australia

### Social Media Comments

**Facebook**

- Ingo Baumann-May INF rocks ....
  - Like | Reply | 19th June 7:39pm

- Lauree McArthur Hope given in true need. Keep up the good work.
  - Unlike | Reply | 1st May 10:46am

- Andrea Jerny INF unterzog INF Schicksal am Pichheudei 6 C gesammelt den derzeitiger beschäftigt.
  - Like | Reply | 27th June 8:13pm

- Shashik Chandra likes these agreements more than the hospital of INF very long time ago... However, it is nice attribute of INF and its people.
  - Like | Reply | 23rd June 8:59pm

- Olehke Mears They look awesome, great world.
  - Like | Reply | 30th June 4:29pm

- Margaret Shirley Wonderful nice room. Very clean.
  - Like | Reply | 27th June 7:39pm

### Making a Gift in your Will

A supporter contacted INF about making a gift in her will. She wrote: “No doubt there will be quite a large number of people who will appreciate guidance about a legacy and I trust and pray there will be a generous response. God is doing great things in and through INF and it has been simply wonderful to see Him at work through His beloved children.”

Would you consider making a gift in your will for the work of INF? If so, please contact your nearest INF office (details on page 2) for information.

### INF's Community Development Model: It works!

We have always known INF’s unique approach to community development was good. Now we have the results to prove it.

Our Monitoring and Evaluation Team recently conducted the most thorough analysis of our long-term impact in communities to date. And the results were fantastic.

It has been more than 15 years since INF began using its Group Action Process for community development. The model focuses on empowering communities to unite, form practical and sustainable solutions to their problems, advocate for their needs, utilise available resources and carry out activities for the betterment of their community.

Keep your eye on our website and Facebook page throughout September, as we feature personal testimonies from our community development work!

### Praying for INF

INF could not function without prayer. If you’d like to pray for INF, please contact your nearest office (details on page 2) for our regular prayer newsletters. Also available is the annual ‘Partners in Prayer’ (pictured), a comprehensive guide to INF personnel and their work. There may be an INF prayer group in your local area which you could join — if not, maybe we could help you start one?

### Pass It On!

According to recent surveys, two or three people read each copy of a contemporary mission magazine. After reading it, why not pass on your copy of ‘Today in Nepal’ to a friend? Or ‘share’ the magazine online at www.inf.org

### Feeling listless?

Are you on the mailing list for ‘Today in Nepal’ magazine? If you’re not, and you’d like to be, contact your nearest INF office (details on page 2), or sign up online (www.inf.org/sign-keep-touch) and let us know you’d like to receive ‘Today in Nepal’. Please include your name and address. If your personal details are incorrect or you would like to be removed from the mailing list please let us know.
Inge Baumann-May and Neil May – Inge will be joining INF Nepal as Maternal Child Health Advisor based in the Mid-West.

Nicola McGunnigle and Tom Hilder with Elijah [2005] and Zachary [2008] – Nicola will be working with Elijah and Zachary.

Dan and Phillipa Munday – Dan is a palliative care consultant and will be with INF’s Partnership Programme and Phillipa is already at KISC.

Mike and Fiona Smith – Mike is the Ear Surgeon for New Zealand.

Terry and Julie Steven with Daniel and Micah [2010] – Terry will be joining INF as Finance Advisor for INF in Nepal.

Jeff and Kim Tanguay with Joel [2006] and Conner [2007] – Jeff is a pharmacist and will be working with Nepal Christian Hospitals Association based in Tansen.

Huy and Grace Tran with Ezekiel [2009] and Joel [2011] – Huy will be working alongside Buddhi Thapa in the community development work.

Michelle Anthony – Michelle will be with INF for a short-term as an Occupational Therapist at the Green Pastures Hospital and Rehabilitation Centre.

Please pray for all our new arrivals:

• that all would have good health and transition well into their new roles and homes
• that they would make progress with their language learning and build good relationships with colleagues and neighbours
DON’T TRY THIS AT HOME...

CRITICAL VACANCIES

Is God calling you to Nepal?
The perfect professional GAP year? Jan 2016-Jun 2017. You will be expected to arrive in Dec or earlier. You will be responsible for managing a multi-age, multi-cultural classroom – flexibility and creativity preferred, teaching degree essential.

We are looking for an experienced Christian leader with an understanding of integral mission, committed to empowering Christian leaders, as we support Nepali partner organisations who share our vision and mission.

INF needs a Christian with experience in fundraising, PR or donor relations to develop local capacity and support with local and international donor liaison.

Are you a trained and registered audiologist or anaesthetist? These and other medical positions are vacant at INF’s new Ear Hospital and Training Centre.

Has God gifted you with the skill of storytelling, and using words to communicate what God is doing in ways that inspire and motivate others? If so, our Communications Department needs you.

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