

# ANNUAL REVIEW 2014-15



Students in areas  
devastated by  
earthquakes  
are continuing  
their learning  
unhindered - gifts  
of school bags  
and stationery are  
happily received

# HOW CAN YOU GET INVOLVED?

**PRAY** – receive our regular prayer updates, ask a member of INF to visit your home / house group / bible study, join a Nepal prayer group, start a new one....

**GIVE** – share the gifts God has given you: financially through regular giving, one off donation or a bequest, volunteer your skills and time, volunteer to sell INF's handmade products at local fairs or shops, use your talents and passion to fundraise for INF...

**GO** – serve in Nepal or amongst the Nepali diaspora either short term, long term or let us take you on a 2 week vision trip...

**SHARE** – Speak at your church about INF; host an INF night; screen an INF film; and 'share' the INF story with your friends on social media...



A CHRISTIAN MISSION  
SERVING THE PHYSICAL  
AND SPIRITUAL NEEDS  
OF NEPALI PEOPLE

[WWW.INF.ORG](http://WWW.INF.ORG)

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## DIRECTORS' FOREWORD

This past year has been dominated by the destructive earthquake in April and subsequent aftershocks. We are immensely proud of the way that the whole INF family responded to bring help, hope and comfort to people who have suffered so much. Our response teams were the first to reach some of the devastated villages. Our planners and organisers were able to purchase and transport needed supplies to shattered communities within days. Our in-depth knowledge of Nepal and strong relationships with Local Government meant we were able to work effectively in complex situations. Our Nepali church partners provided fantastic local knowledge and co-ordination as well as many volunteers to help with sorting, packing, organising and distribution. Our communications team was able to get people to affected areas quickly to share the needs, images and stories with supporters and partners around the world. Our INF organisations in the UK, Australia, New Zealand and North America worked around the clock to communicate needs with supporters and process the many donations and offers of help. And many of our long term partners have given generously to support our work.

There are currently seven legally registered INF organisations around the world – but our INF family stretches beyond this to include thousands of individual supporters and many dedicated partner organisations. Sometimes this rich diversity of people and cultures creates challenges, but the earthquakes showed that this diversity is also one of our greatest strengths and demonstrated the way that we can collaborate so effectively when we are united by a common sense of purpose.

A key feature of the past year has been a process of prayer, reflection and planning for the future. Through this process, we have developed a clear and exciting vision for INF for the next five years. We look forward to reporting on progress in our next annual report!



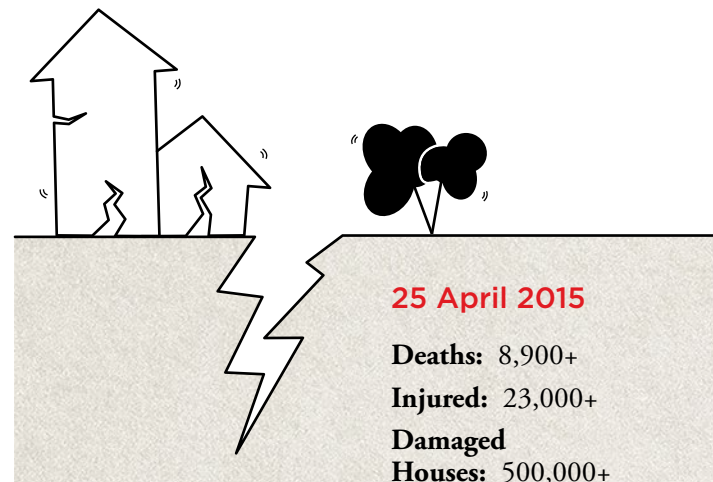
Alastair Seaman  
**International Director,**  
**INF International**



Chris Drew  
**Nepal Country Director,**  
**INF International**



Prem [Ganga] Subedi  
**Executive Director,**  
**INF Nepal**



### RELIEF

Having spent over 60 years building relationships in Nepal, we were able to respond quickly and generously to communities in need.



4,044 PACKS OF FOOD SUPPLIED

1,417 TENTS DISTRIBUTED

5,113 BLANKETS AND MATTRESSES DISTRIBUTED

BAGS AND STATIONERY FOR 4,000 STUDENTS

180 BUNDLES OF TIN SHEETING FOR 90 HOUSEHOLDS

115 TRANSITIONARY LEARNING CENTRES BUILT

We are committed to Nepal for the long term. Our second phase of response is **REHABILITATION** [our staff and facilities are equipped to provide holistic long-term medical treatment and community-based rehabilitation in some of the worst affected villages] and our third phase **RESILIENCE** [we will work alongside communities in five of the poorest districts to increase their disaster resilience].



## FINDING A PATH FOR THE FUTURE

[CHD, BAJURA]

KEBAL [43] LIVES IN BAJURA. HIS FAMILY WAS EXTREMELY POOR WHEN HE WAS GROWING UP. HE BECAME DEPRESSED AND WORRIED ABOUT HIS FAMILY'S FUTURE WHEN HIS ATTEMPT TO RUN HIS OWN SHOP LEFT HIM WITH A SERIOUS DEBT. WHEN INF STARTED WORKING IN HIS VILLAGE, HE BECAME A MEMBER OF AN INF-FORMED SELF-HELP GROUP [SHG]. INF'S TRAINING WITH THE VILLAGERS ABOUT HOW TO PLAN FOR THEIR FUTURE MADE HIM REALISE HE NEEDED TO THINK CAREFULLY ABOUT HIS OWN FUTURE.

FROM THE 'REVOLVING FUND' PROVIDED BY INF TO HIS VILLAGE GROUP KEBAL BORROWED FUNDS TO OPEN A TEA CANTEN AND HOTEL. THIS IS RUNNING VERY WELL NOW AND HE IS ABLE TO REPAY HIS DEBT TO THE SHG. HIS CHILDREN NOW GO TO SCHOOL REGULARLY.



## HAPPY MOTHER, HAPPY BABY

[MCH, DANG]

JUNU [27] ARRIVED AT THE HEALTH CLINIC IN DANG IN LATE FEBRUARY AND WAS ASSESSED AS A MONTH OVERDUE FOR GIVING BIRTH. ALTHOUGH INF STAFF AND FEMALE COMMUNITY HEALTH VOLUNTEERS [FCHV] GAVE HER INFORMATION ABOUT POST-DATED PREGNANCY, ITS DANGERS AND RECOMMENDED SHE GO IMMEDIATELY TO THE HEALTH POST. AFTER FAILING SEVERAL TIMES TO KEEP HER PROMISE TO VISIT THE HEALTH POST JUNU BEGAN LEAKING AMNIOTIC FLUID AND THE FCHV WERE IMMEDIATELY INFORMED ABOUT HER CONDITION. SHE WAS ADMITTED TO THE HEALTH POST FOR DELIVERY WHERE SHE WAITED NEARLY A HALF A DAY WITHOUT ANY PROGRESS. FROM THERE SHE WAS REFERRED TO THE REGIONAL HOSPITAL WHERE JUNU DELIVERED A HEALTHY BABY BOY BY NORMAL DELIVERY. BOTH BABY AND MOTHER WERE IN GOOD HEALTH WHEN THEY WERE DISCHARGED THE FOLLOWING DAY. THE FCHV HAVE VISITED HER REGULARLY, PROVIDING INFORMATION ABOUT NEONATAL CARE, BREAST FEEDING AND OTHER HELPFUL INFORMATION. JUNU IS THANKFUL TO THE FCHV FOR THEIR ADVICE DURING HER PREGNANCY AND REGULAR FOLLOW-UP.



## STORIES

## RASH BAHADUR HOPES FOR THE FUTURE

[SCI, GORKHA]

RASH [32] FROM GORKHA DISTRICT, THE DISTRICT HARDEST HIT BY THE APRIL EARTHQUAKE, HAS LOST ALMOST EVERYTHING AFTER HIS ACCIDENT BUT HE AND HIS WIFE HAVE MAINTAINED THEIR HOPE FOR LIFE.

WHEN THE FIRST EARTHQUAKE STRUCK NEPAL IN APRIL 2015, RASH'S ROOF FELL ON HIM WHEN HE RAN INSIDE THE HOUSE TO SAVE THEIR THIRTEEN-MONTH-OLD SON WHO WAS SLEEPING. TRAGICALLY, NOT ONLY WAS HE UNABLE TO SAVE HIS CHILD BUT HE SEVERED HIS SPINAL CORD IN ATTEMPTING TO DO SO.

AFTER RECEIVING TREATMENT AND THERAPY AT GREEN PASTURES HOSPITAL AND REHABILITATION CENTRE HE CAN NOW MOVE ON AND OFF HIS BED TO HIS WHEELCHAIR, AND CAN USE HIS WHEELCHAIR TO GET AROUND. ON HIS FIFTH WEEK AT THE HOSPITAL RASH BAHADUR SAID, "I FEEL ALIVE."



## BISHNUMAYA RAMJALI'S STORY [HSS/FISTULA, SURKHET]

BISHNUMAYA [36] WAS MARRIED AT AGE 23. HAVING EXPERIENCED SEVERAL MISCARRIAGES SHE HAS ALSO LOST FOUR BABIES SOON AFTER DELIVERY DUE TO PREMATURE OR PROTRACTED LABOURS. DESPITE RECOVERING FROM EACH OF THESE TRAUMATIC EXPERIENCES BISHNUMAYA BECAME INCONTINENT, CONSTANTLY LEAKING URINE.

SHE TRAVELLED FOR FOUR DAYS, TWO DAYS ON FOOT AND TWO DAYS BY BUS, TO REACH THE FISTULA CAMP IN SURKHET WITH HER HUSBAND. SHE WAS EXAMINED AND FOUND TO HAVE A SIMPLE VESICO-VAGINAL FISTULA.

SHE RECEIVED SURGERY DURING THE CAMP AT THE MID-WESTERN REGIONAL HOSPITAL IN SURKHET. AFTER THE SURGERY SHE WAS FINALLY DRY AND VERY HAPPY. BISHNUMAYA AND HER HUSBAND STILL HOPE THAT ONE DAY THEY WILL HAVE A BABY BUT SHE KNOWS SHE NEEDS TO WAIT TO GIVE THE FISTULA REPAIR TIME TO HEAL WELL.





## FINANCES



52%

From institutional donors  
296,550,327

37%

From INF's national offices  
212,457,741

0.3%

From individual donations  
1,821,898

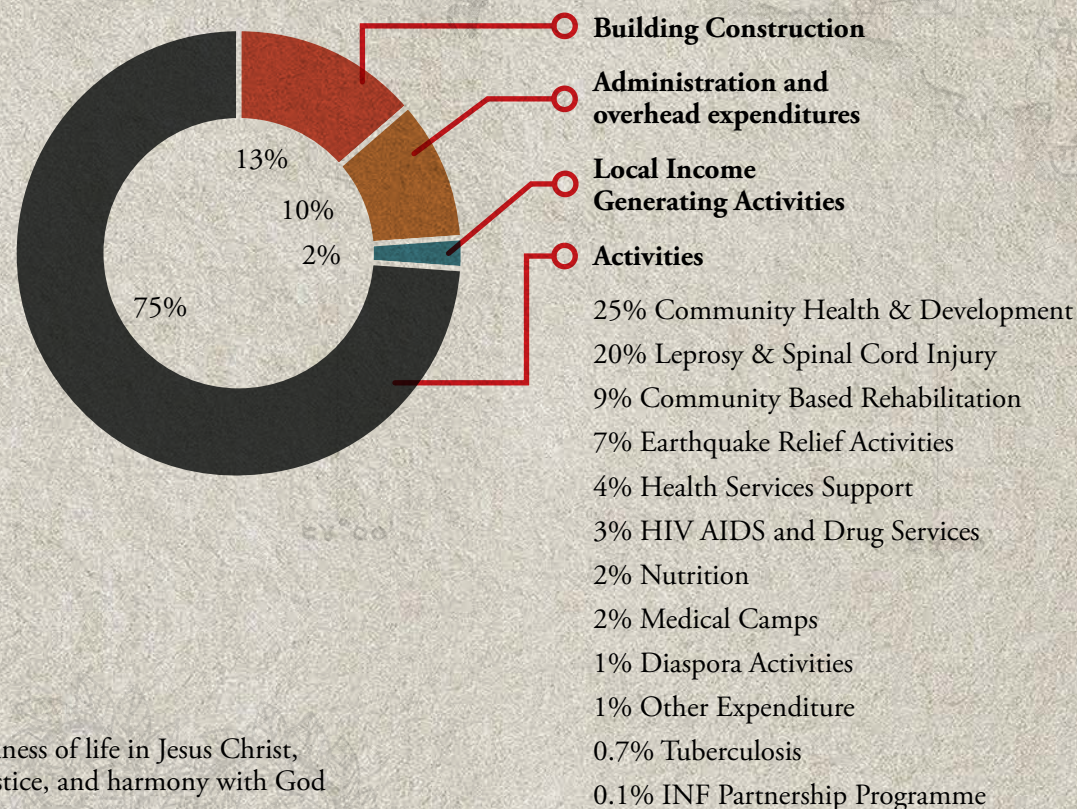
6%

From local sources  
33,478,999

4%

From other sources  
25,777,051

*Note: 16% of this year's income was donated for our earthquake response.*



*Note: most of INF's earthquake response to date has been relief. In addition INF will be carrying out rehabilitation and community resilience activities.*



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### INF's vision:

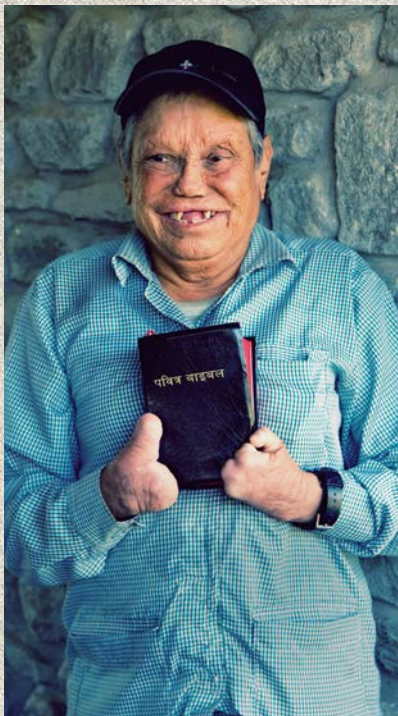
Nepali people in Nepal and beyond experiencing fullness of life in Jesus Christ, and serving with others to promote health, peace, justice, and harmony with God and His world.

### INF's Mission:

To live out the good news of Jesus Christ in word and deed by serving Nepali people through promoting health, fighting poverty and social injustice, working with and encouraging churches, and caring for creation.



TECHNICAL AREAS



Community Health and Development [CHD]

The transformation of communities is at the heart of INF’s vision, and CHD work is a key strategy for realising this vision. INF implements its CHD work through community groups, user groups, and various other local committees. Activities include capacity building, awareness raising, non-formal and other educational support, income generation, savings and credit, climate change awareness raising, safe drinking water, livelihood support, small infrastructure support, disaster response and community health activities including mother and child health.

INF facilitates CHD programmes in 22 Village Development Committees across our working clusters.

In 2014-15 there were 527 INF co-ordinated self-help groups. Women accounted for 95% of members.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

348 PEOPLE RECEIVED HELP TO START SMALL BUSINESSES
122 PEOPLE GRADUATED FROM ADULT LITERACY CLASSES
143 CHILDREN RECEIVED GRANTS TO HELP THEM ATTEND SCHOOL

Community Based Rehabilitation [CBR]

Rehabilitation of those with disabilities reflects the core of INF’s vision and is strongly linked with the other technical areas of work. INF implements its CBR work both directly and in partnership with local/community based organisations. CBR activities included capacity building, awareness raising, reduction of stigma through advocacy, socio-economic rehabilitation and vocational training, house modifications and the provision of disability aids.

The aim is to see people with disabilities empowered and taking an active part in their communities.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

6 PUBLIC BUILDINGS WERE MODIFIED TO BECOME DISABLED-FRIENDLY
28 COMMUNITY VOLUNTEERS RECEIVED SOME BASIC TRAINING IN THERAPEUTIC TECHNIQUES
28 CLIENTS’ HOUSES WERE MADE DISABLED-FRIENDLY
280 TEACHERS RECEIVED DISABILITY INCLUSIVE TRAINING
247 PEOPLE WITH A DISABILITY RECEIVED HELP TO START INCOME GENERATION SCHEMES

HIV/AIDS and Substance Abuse

The Mid- and Far-Western Regions are relatively poorly served by HIV/AIDS services compared to other regions of the country, and have a growing need, due in part to the number of migrant workers infected with HIV returning to these areas from India. INF is working to address this need. HIV/AIDS services include awareness raising, voluntary counselling and testing, treatment and management of sexually transmitted infections including HIV infection, advocacy for people living with HIV/AIDS, and support for people infected and / or affected by HIV/AIDS. It also supports education and advocacy through its CHD work and provides outreach to “at risk” groups, including drug users in Nepalgunj.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

790 PEOPLE LIVING WITH HIV/AIDS RECEIVED COUNSELLING
10 PEOPLE AFFECTED BY HIV RECEIVED HELP TO START SMALL BUSINESSES
348 SCHOOL CHILDREN RECEIVED HIV/AIDS AND DRUG ABUSE AWARENESS CLASSES

General Disability [incl Spinal Cord Injury [SCI]]

INF provides rehabilitation services for SCI and other disabilities in both its Green Pastures Hospital and Rehabilitation Centre [GPHRC] in Pokhara and Surkhet Rehabilitation Centre. These centres provide 36 inpatient beds for rehabilitation and treat a range of conditions from spinal cord injuries to strokes, amputees and cerebral palsy patients. Both centres have qualified physiotherapists and occupational therapists, run outpatient as well as in-patient services, and provide assistive devices. Other centres of INF, most notably Banke and Dang, provide wheelchairs to other disabled people, also including those with SCI.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

171 INPATIENTS ADMITTED FOR REHABILITATION
11,998 THERAPY TREATMENT SESSIONS COMPLETED [OCCUPATIONAL AND PHYSIOTHERAPY]
297 ASSISTIVE DEVICES [WALKERS, CRUTCHES, SPECIAL CHAIRS, MATTRESSES ETC] AND 235 WHEELCHAIRS GIVEN TO CLIENTS
22 CHILDREN WITH CEREBRAL PALSY AND THEIR PARENTS PARTICIPATED IN TWO SPECIAL CAMPS



Leprosy

INF works closely with the Government of Nepal to support leprosy elimination through its three clinics in Surkhet, Jumla and Nepalgunj, and Green Pastures Hospital and Rehabilitation Centre in Pokhara.

Leprosy is completely curable if diagnosed and treated early. If left too long before treatment, patients can suffer life-long effects even after the leprosy has been cured. There are currently 91 beds available across the four locations where leprosy services are offered.

<b>2014-15 ACHIEVEMENT HIGHLIGHTS:</b>
271 NEW CASES WERE DETECTED THROUGH 928 SLIT SKIN SMEAR TESTS
627 PATIENTS WERE ADMITTED FOR TREATMENT OF LEPROSY COMPLICATIONS
971 LEPROSY-AFFECTED CLIENTS RECEIVED PROTECTIVE FOOTWEAR
211 PEOPLE RECEIVED SPECIALISED SELF-CARE TRAINING

Camps

INF’s Medical Camps provide specialised surgery to the people of remote areas where no such services are available. INF runs various medical camps, such as gynaecology, general surgical, ear and dental camps. A group of specialist volunteer doctors from overseas countries come to Nepal at their own cost and run the camps supported by the ‘Camps team’ and other Nepali staff. These camps not only provide services to poor and marginalised people in remote places but also the doctors attending the camps teach their skills to the Nepali doctors where possible.

IN 2014-15 INF RAN TWO ‘EAR CAMPS’, ONE IN ROLPA AND ONE IN KASKI. 2461 EAR EXAMINATIONS AND 247 EAR OPERATIONS WERE CARRIED OUT AND 470 HEARING AIDS WERE GIVEN OUT.

Health Support Services [HSS]

Inpatients in Nepali hospitals need to provide their own carer to support them and provide for their daily needs. HSS offers assistance to those who are a long way from home, alone, or too poor to pay for their treatment. Health Support Services are offered in Surkhet and Nepalgunj. HSS staff and volunteers provide advocacy for patients and poor fund management in each location.

Fistula awareness raising and training, gynaecological surgery support and pharmacy support is also offered by the Surkhet service.

<b>2014-15 ACHIEVEMENT HIGHLIGHTS:</b>
11,412 POOR PATIENTS ATTENDING HOSPITALS WERE HELPED TO RECEIVE FREE TREATMENT
773 PEOPLE RECEIVED TRAINING OF OBSTETRIC FISTULA AWARENESS OF WHICH 658 WERE GOVERNMENT HEALTH STAFF
46 WOMEN UNDERWENT FISTULA SURGERY AND 69 GYNAECOLOGICAL OPERATIONS WERE SUPPORTED BY INF SURGEONS
15 PEOPLE RECEIVED FINANCIAL SUPPORT TO ACCESS HEALTH SERVICES IN SPECIALIST CENTRES

Earthquake response

An earthquake of magnitude 7.8 hit Nepal on 25 April and triggered a series of aftershocks, leaving nearly 9,000 dead and 23,000 injured. It was the worst natural disaster to strike Nepal since the 1934 Nepal–Bihar earthquake.

INF was one of the first to reach the hardest hit areas with initial relief. It is committed to Nepal’s future; relief, rehabilitation and resilience for the long run.

INF has been asked by the government of Nepal to lead in the long term rehabilitation of communities in 10 villages in Gorkha district, which is a new working area for us in the aftermath of the earthquakes.

Nutrition

INF runs an eight-bed nutrition rehabilitation centre in Jumla. It provides support to severely malnourished children and their mothers. INF is also carrying out malnutrition prevention activities at the community level across Jumla District through awareness raising in self-help groups, training and teaching to mothers of malnourished children, training to school teachers, mothers groups, and traditional healers.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

176 MALNOURISHED CHILDREN RECEIVED TREATMENT IN JUMLA’S NUTRITION CENTRE
138 MOTHERS RECEIVED TRAINING ON HOW TO MAKE ‘SUPER FLOUR’ [A BLEND OF HIGHLY NUTRITIOUS, LOCALLY AVAILABLE GRAINS] AND OF THOSE 58 ALSO LEARNED HOW TO MAINTAIN A SMALL KITCHEN GARDEN
NUTRITION TRAINING WAS CONDUCTED WITH: 152 TRADITIONAL HEALERS; 61 HEALTH VOLUNTEERS; 774 MEMBERS OF MOTHERS GROUPS AND 903 COMMUNITY SELF-HELP GROUP MEMBERS
1,731 SCHOOL STUDENTS LEARNT ABOUT THE IMPORTANCE OF GOOD NUTRITION

Mother and Child Health [MCH]

The Mother and Child Health projects aim to improve maternal and under-five child health in Nepal. The major interventions are to mobilise and strengthen existing Female Community Health Volunteers and Mothers Groups with the standard healthcare practices set by the government. The projects have equipped targeted health posts and sub health posts by providing quality services at their birthing centres and at MCH clinics. Developing the capacity of Health Facility Management Committees to manage their health institutions responsibly and effectively is also part of INF’s work. The work has equipped the neonatal unit of the Sub-Regional Hospital Ghorahi, Dang, to now be established as a referral centre for the zone.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

A 24 HOUR DELIVERY SERVICE WAS PROVIDED AT THE BIRTHING CENTRES AT ALL HEALTH POSTS
1625 CLIENTS VISITED MCH CLINICS
20 DELIVERIES AT GADHAWA HP AND 13 DELIVERIES IN GANGAPARASPUR HP WERE SUPPORTED ON AVERAGE EACH MONTH

Tuberculosis [TB]

In 2014-15, INF ran the Jumla TB Centre, providing new TB diagnosis and management, and treatment of TB patients with complications. After diagnosis, the majority were referred to their nearest health post for treatment.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

3 NEW CASES OF TB WERE DIAGNOSED AND REFERRED FOR TREATMENT
47 SPUTUM TESTS WERE COMPLETED

SANJAAL

Following changes in the constitution of INF International, INF’s Partnership Programme and Diaspora Initiative were brought into a single management structure under the direction of the Nepal Country Director. This work is characterised by providing technical advice and support to partner organisations and is reflected in the new name: ‘Partnership Sanjaal’ [sanjaal means network].

The Partnership Programme works in the areas of hospital management training, palliative care, support to mission hospitals, pastoral care and counselling, and community and support to community based organisations.

The Diaspora Initiatives aim to give holistic assistance to some of the many Nepalis living in, and travelling to and from, the diaspora - especially migrant labourers working in Asia [including India]. The initiatives have continued to develop throughout the year.

In 2014-15 Partnership Sanjaal continued to work together with and support its partners with technical advice. With its partner organisations it was also involved in relief efforts in their working communities as well as provided earthquake aftercare psycho-education and basic trauma counselling training following the earthquakes.

**2014-15 ACHIEVEMENT HIGHLIGHTS:**

NICK SIMONS INSTITUTE FACILITATED WORKSHOPS IN 18 DISTRICT HOSPITALS THIS YEAR WHERE THE HOSPITAL ASSESSED ITSELF AGAINST THE SERVICE STANDARDS AND DEVELOPED AN ACTION PLAN TO MEET THE GAPS
INF RECRUITED A CONSULTANT IN PALLIATIVE CARE AND MADE AN AGREEMENT WITH THE NATIONAL ACADEMY OF MEDICAL SCIENCES [BIR HOSPITAL]
214 MIGRANTS’ CHILDREN WERE HELPED BY NINE TUITION CENTRES, 11 WOMEN ATTENDED A LITERACY COURSE HELD AT TWO LITERACY CENTRES, AND 27 WOMEN WERE TAUGHT TAILORING SKILLS AT THREE TAILORING CENTRES
11 NEPALI CHURCHES [IN INDIA] WERE INVOLVED IN THE SAFE MIGRATION OUTREACH
117 MIGRANTS AND THEIR FAMILIES WERE PROVIDED WITH HOSPITALITY, AND 50 WITH ADVOCACY AND LEGAL ASSISTANCE

