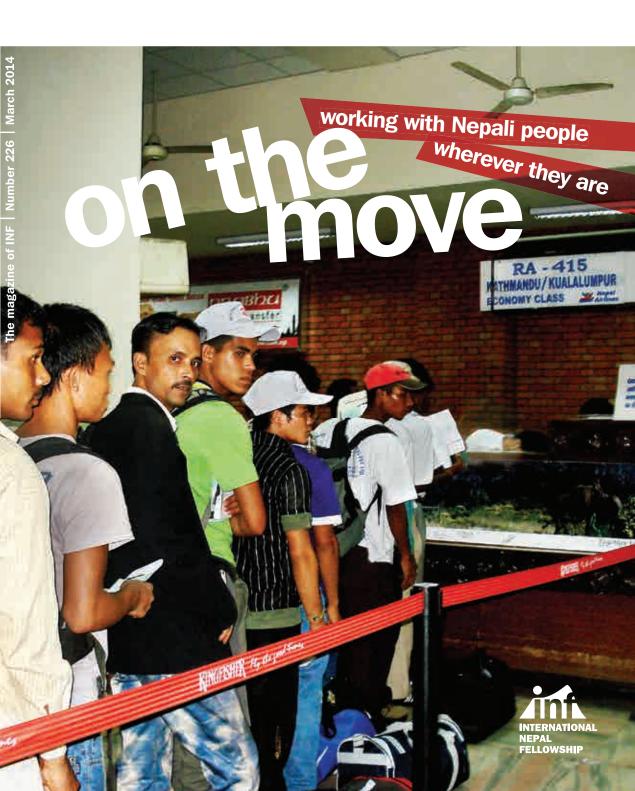
todayinnepal





a Christian mission serving the physical and spiritual needs of Nepali people

INF values

love

God's love compels us to reach out to others

service

serving others, as Jesus did

compassion

having compassion for poor and marginalised people

forgiveness

having forgiveness for each other

equality

treating people equally, as all have equal worth

justice

seeking justice, especially for poor and marginalised people

reconciliation

striving for right relationships between people and God

honesty

being honest as an organisation and as individuals

excellence

striving for excellence in our work

being joyful because of our relationship with

hope

bringing hope to hopeless people

INF's vision: Nepali people in Nepal and beyond experiencing fullness of life in Jesus Christ and justice and harmony with God and His world.

INF's mission: to live out the good news of Jesus Christ in word and deed by serving Nepali people through promoting health, fighting poverty and social injustice, working with and encouraging churches, and caring for creation.

INF began in 1936 – Nepal was then a closed country, so INF served Nepali people in India. After Nepal opened its borders, INF was the

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Editors

Nepalis queue for work opportunities overseas PHOTO: VAL INCHLY

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WEST AFRICA

editorial



on the move

Whether you stand at the border with India or sit in the departure lounge of Kathmandu airport, the trend is the same:

thousands of Nepalis are leaving the country every day in search of work and a better future. Most of them are young men from poor backgrounds. The consequences vary: people become more vulnerable to abuse and the transmission of HIV/AIDS, money is earned and sent home, families breakdown, and opportunities to share and to hear the gospel increase. INF began its history working with Nepali migrants in India and it's exciting that God has opened the doors for us to do so again [pages 4-6].

Future directions

Migration is just one of several significant dynamics in Nepal: We have a new but still uncertain political context; the church continues to grow rapidly; urbanisation is steadily advancing; the internet and social media are shaping and challenging Nepali culture. We are beginning the process of planning our next fiveyear agreement with the Government of Nepal [for 2015-20]. Please pray for God's leading as we think about how we can pursue our mission of 'living out the good news of Jesus Christ in word and deed' in such a rapidly changing world.

Farewell and hello

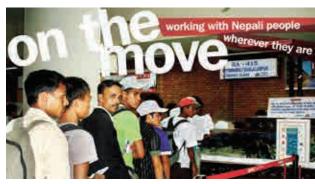
We stand on the shoulders of giants. Join us in celebrating the work one of INF's wonderful [and perhaps shortest] giants [pages 12-13]. As I begin as International Director I feel privileged and excited about being part of an organisation that God has used so powerfully in the past. Join me in praying that we will continue to be an effective organisation in God's hands in the years ahead.

Alastair,

Alastair Seaman

INF International Director

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Exploited





INF's Matt Darvas investigates the plight of Nepali migrant workers

In the West, going abroad to work is considered adventurous, exciting and even glamorous. In Nepal, it is more often a harsh necessity born out of a family's struggle just to survive. In the best-case scenarios, the lonely years away from friends and family result in enough savings to 'kick start' a better life back home. However, for many Nepalis, working abroad is a dangerous and risky gamble that can end in exploitation, injury, and sometimes death. I recently caught up with the team from the Nepalese Migrant Unity Network [NeMUN], a partner of INF, which is standing in the gap and advocating for, and on behalf of, Nepal's migrant workers. Whilst there, I heard about Jhabilal's terrifying ordeal, which typifies the challenges Nepali migrant workers face, and the remarkable work done by NeMUN to ensure his protection.

At just 18 years of age, Jhabilal had lined up a position as a packer in a Malaysian supermarket through a job agency in Nepal. Filled with the promise of a better life for himself and his family, he set off like thousands before him. He could never have imagined what was in store for him.

When the boxes fell and the nerves in Jhabilal's back were badly damaged, he was left unable to walk. He was scared, desperate and alone.

Dangerous deployment

There are now a staggering 2.8 million Nepalis working abroad in countries that include Malaysia, Saudi Arabia, Qatar, Emirates and India. The key reasons include a complex mix of grass-roots poverty at the village level, high overall domestic unemployment, and a weak economy that is entirely dependent on the rise and fall of neighbouring India. Yet it is the chance to



earn a quick 'boost' of cash, in a more stable foreign currency, that is by far the biggest motivating factor, and this is what the job agencies that recruit workers to go abroad continue to play on.

There are constant reports of abuse, intimidation and the confiscation of passports once Nepali workers arrive overseas - a highly illegal practice that equates to workers being held 'captive' by their employers.

The nature of work performed by Nepalis abroad ranges from the highly esteemed and well paid postings of young Nepali Gurkha Soldiers in the British Army and Singaporean Police force, to the more common deployment of the average Nepali male to the countless construction sites spread out across the rapidly growing Middle Eastern oil states. Women often find themselves working as domestic servants in the homes of the wealthy, whose cultural beliefs and attitudes towards women often result in them feeling

completely alienated and oppressed. At the most appalling end of this wide spectrum of work performed by Nepalis abroad is the trafficking of women and girls into the dark sex industries of neighbouring countries.

It is estimated that each year more than 7,000 women are trafficked into India to work in the red light districts of Mumbai, New Delhi and Calcutta.

Seeking justice for Nepal's migrant workers

NeMUN is working to address these issues and ensure justice for Nepal's migrant workers. They do this by first connecting with workers and their families in Nepal through the halfway house that NeMUN operates in partnership with 'Mitra Niwas' [meaning Friends' Home] in Kathmandu. This house provides a place to stay for workers who are either preparing to leave or returning home. It is here that migrant workers

are educated on their rights and the foreign cultures that they are about to enter. Once those departing from Nepal arrive at their destination, NeMUN ensures that they remain in contact with them to ensure that they are connected with a local support network. And when things do go wrong, NeMUN steps in to advocate on behalf of workers, bringing their cases before the courts to pursue just compensation as well as the penalising of offending recruitment agencies.

Anil – serving Nepali migrant workers PHOTO: MATT DARVAS



Something stirred inside me. I desperately wanted these men and women abroad to know that their country and their God still cared for them

Anil and Jhabilal

It was at Mitra Niwas that I met Anil – the NeMUN worker who first found Jhabilal and ensured his story did not end in devastation.

I was first drawn to the desperate situation of migrant workers whilst on a ministry trip in the Far-Western Region of Nepal. I noticed that there were no men of working age there. I asked the local children where they were, only to learn that they had all gone abroad in search of work. Something stirred inside me. I desperately wanted these men and women abroad to know that their country and their God still cared for them. I decided to follow these workers to Malaysia, and soon discovered that I would have to find work for myself as a low-paid manual labourer in order to get a visa.

'For the first two years, I worked eight hours a day, and endured abuse from Chinese co-workers. During the evenings I would pursue my ministry of connecting with and caring for other Nepali workers.

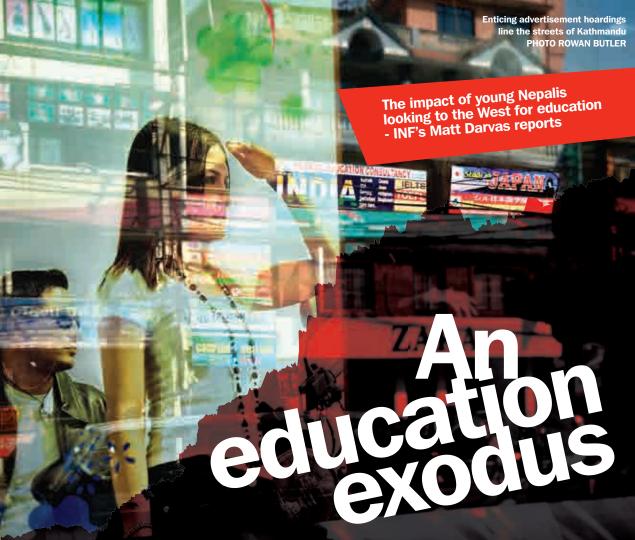
'On the day that Jhabilal first called me, he told me, through deep sobbing and tears, about the injury he had received at work and how his employer had refused to help. It had been over three months since the accident and he had tried everything, including contacting his father, who tried to appeal unsuccessfully to the recruitment agency in Nepal to intervene.

'I alerted NeMUN and we went into action on behalf of Jhabilal. We were able to make a report to the Labour Court in Malaysia and through our persistent advocacy the employer was forced to pay for a ticket home for Jhabilal. We reunited Jhabilal with his family and arranged further rehabilitation for him in Nepal.

'Throughout this time I shared the love that Jesus has for Jhabilal and having experienced that love first hand, he accepted Jesus as his Saviour. We still remain in touch and just recently I travelled to Jhabilal's village to meet with him and his family.'

What struck me most about Anil's personal story was his willingness to 'incarnate' the sacrificial love of Jesus and go himself to Nepal's migrant workers, at their place of greatest need. Anil's story typifies the passion and commitment that is behind the entire NeMUN team. Their courageous fight to protect these workers demands the investment of our prayers and much needed resources to ensure that this vital work continues.

PRAY | GIVE | GO — Please pray for all those involved in serving Nepali migrants both in Nepal and other countries. Pray that they would know God's strength, enabling and encouragement.



They listen to Katie Perry and Justin Bieber on their mobile phones, sport NY Yankees baseball caps and skinny black denim jeans, and go out together on the town pledging, 'Tonight, we're only speaking English!' Nepal's youth are becoming increasingly enticed by the West's culture, consumer goods and perceived opportunities. So what is driving this phenomenon and what does it mean for the future of the country?

Above all else, it is the pursuit of a better education and career prospects that is creating what has been called an 'exodus' of Nepali students going abroad for higher education. Some 30,000 students are said to leave the country for foreign shores every year to pursue undergraduate or higher studies. Why? According to the Facebook page of the Association of Nepalese Students Abroad,

'In recent years, studying abroad is an exciting prospectus for many Nepalese students. Due to political instability, educational quality and other factors in host country compelled Nepalese students to study abroad [sic].'

And so they leave for countries including the USA, UK, Australia and Canada [in order of popularity] and more recently to neighbouring China and nearby Japan, Thailand and the Philippines.

On the surface, there seems nothing problematic with the desire of a nation's youth to pursue a better education. In fact, many would see this as a positive step toward development. However, it is the obvious lack of desire of many of these students to return to Nepal that is causing the issues. Even in INF's own work, we have experienced an ongoing shortage of qualified health professionals, especially those who are willing to live and work in the more remote rural communities. This is despite the fact that so many more Nepalis are graduating with medical degrees and diplomas, many from overseas institutions.

Young Nepalis deserve the chance to pursue an education and reach their full potential. While there is nothing wrong with going overseas to study, this is a phenomenon that is set to have far wider implications for Nepal as a country as it endeavours to move forward in the years to come.



Life was not easy for 46 year-old Narmati. The family had no house and lived in one of the rooms of the primary school where her husband worked as a caretaker. Narmati also had a small piece of land where she grew crops.

Last year Narmati had a stroke and was unable to walk. All the treatment she was given failed and the family soon ran out of money.

Eventually, Narmati came to INF for help and was admitted to the Surkhet Rehabilitation Centre where she received appropriate therapy. She began to walk short distances and her confidence grew, but tragedy struck again.

Narmati's husband died suddenly. There was now no-one to support her or her son. However, INF staff realised there was something more she could do with her land. Thanks to a donation through the gift catalogue they were able to provide her with two piglets. With these she started her own business, generating the income she needs. Narmati's life has been transformed.



Narmati at her home PHOTO: PURNA THAPA

PRAY | **GIVE** | GO — You can help support people like Narmati by giving through the INF gift catalogue. Go to www.inf.org/gifts or contact your local INF office for a printed catalogue.

Last year, INF's TB centre in Nepalguni cared for thousands of people suffering from TB. Of these, 347 people were admitted for treatment for complicated cases of TB. A legacy gift received via INF/UK during the year met the funding shortfall at the TB centre and meant that INF could treat as many people as possible. Read on to find out how this legacy helped leave a lasting impact on just one of the patients who benefitted: Naresh Bahadur Khatri.

Naresh, now 35, was born and brought up in Kanchanpur district but later moved to Bardiya with his wife and two children. He could not find a job, so went to India alone to look for work to support his family.

A few years later, Naresh was diagnosed with TB in India and started on a course of medication. Because he had very little money, Naresh could only afford the medicine occasionally, which meant his TB was not treated properly and his condition grew worse. After some tests Naresh was diagnosed with multidrug resistant TB, but he still could not afford his new medication, and did not get better.

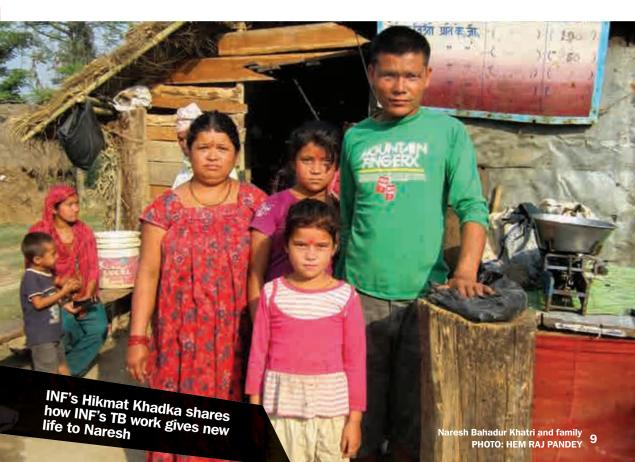
Naresh returned to Nepal after four months to see his wife and family, having spent everything he had on his treatment. Seeing his condition, Naresh's family took

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to INF's TB centre in Nepalguni. He was given free treatment and stayed in the TB hostel for 9 months so that he could be looked after. He then returned home and continued treatment from his local public health centre in Bardiva.

Naresh is now cured from TB, in good health and back living with his wife and children. After his treatment ended, INF continued supporting Naresh to be fully independent. INF helped pay his children's school fees, and supported him in setting up his own roadside shop. He now owns a piece of land where he has built his own small house, and his business is doing well.

PRAY | GIVE | GO — A very special way you could support INF in the future is by leaving a gift in your Will. If you would like more information about how to do this, contact your nearest INF office [details on page 2].



At INF we trust God to provide everything we need. So often He blesses the work of INF through the prayerful commitment and generosity of individuals, groups and churches around the world. We wanted to highlight a small selection of the recently. A big 'thank you' to everyone involved!



Steve Aisthorpe roughs it for PHOTO: STEVE AISTHORPE

NSDITING

Hele som PHO

Helen Beach and some of the team PHOTO: ROSIE PITMAN

First-hand vision

Helen Beach [who helps co-ordinate prayer material for INF/UK] and a group from Goldhill Baptist Church, UK, visited Nepal in February. They spent time at INF programmes in Kapilvastu, and Green Pastures Hospital and Rehabilitation Centre [GPHRC] in Pokhara. They went with a desire to be open to what God was calling them to do, and a special focus on supporting through prayer. Two team members also helped run some training for nursing staff at GPHRC.

Talent night

In October last year, Vanessa Cheah and friends from St Stephen's Church in Belrose, Sydney, organised an 'open mic' night to raise funds for INF. Members of the church and local community signed up to sing, dance and perform comedy routines. The standard of performances was incredible and the 150 or so people who paid to go and watch had a great time. People watched one of the 'We are INF' videos giving them an insight into the work of INF. The evening raised a total of AU\$1,575 for INF's Green Pastures Hospital and Rehabilitation Centre – almost covering the cost of providing a hospital bed for a whole year!



Open mic evening PHOTO: PHIL MORRIS

50 nights under the stars

Steve Alsthorpe [former INF Director] celebrated his 50th birthday at the end of 2013. Throughout this year he is sleeping out in 50 inspiring locations, all to raise awareness and support for people affected by leprosy and disabilities at Green Pastures Hospital and Rehabilitation Centre. He's been keeping a blog and is even inviting friends to join him! Take a look at www.50nightsunderthestars.wordpress.com for updates and photos.

Share and prayer

Ina Herd is a regular attender at her local Nepali fellowship in Doncaster, UK. She has shared about the work of INF with the group, particularly about the new Bajura Programme, and they have since been praying for the work there and the small number of Christians in the area.

Gift of a wedding favour

In 2013, Hannah Green got engaged to Adam Cain in Nepal. She heard about INF's work from her old primary school friend, Liz Watson. Liz, from New Zealand, was serving with her husband, Matt, in Nepal at the time. Hannah chose to have INF gift catalogue cards as favours on the reception tables, with a message inside to guests to say that a donation had been made on their behalf. Hannah said, 'I was so pleased to be able to do this, to allow our guests to understand how important Nepal is to us, and to help them learn about the work of INF - and also, who wants those sugared almonds these days?! I would much rather use the money we allocated for favours to be put towards making real changes in the lives of others.'

> Hannah and Adam at their wedding PHOTO: SUSANNA MODIC



Support

Jean Harvey cuts her birthday cake PHOTO: CHRISTOPHER DOWIE

Lunch money

Jean Harvey celebrated her 70th birthday last year and decided to do something a bit different. She said: 'I have been supporting INF since 1984 when, after an unfortunate accident whilst trekking in the Annapurnas, a friend, David, was taken to Gandakhi Zonal Hospital [as it was then known] in Pokhara. He was looked after by Ellen Findlay [still a friend today!] who was working as the Sister in Outpatients. So, how better to celebrate my 70th birthday than to invite my lunch guests to make a donation to INF, which they did most generously. I was delighted to raise £532.50 for medical camps [which Ellen Findlay is now involved with] and £175 for Green Pastures Hospital and Rehabilitation Centre.'

If you've been encouraged or inspired by any of these activities, get in touch with your local INF office or our website to see how you could support us through praying, giving or even going to Nepal!

We have plenty of resources available to help you

11

In July, in the middle of the monsoon, 20 people, drawn from a cross-section of INF's programmes in Nepal, travelled to Pokhara to attend a four-day course to become Energy Ambassadors. The course was co-ordinated by Kul Giri and run by Thomas Meier and myself.

We had participants compare different kinds of light bulbs. Everyone agreed that one incandescent bulb is cheap to buy but very expensive to run, while a Compact Fluorescent Light [CFL] or Light Emitting Diode [LED] bulb is expensive to buy, but very cheap to run. They decided they should replace their incandescent bulbs with CFL or LED lights. Members of the group said, 'Now we know how to save power and money and that will work out to be good for our environment'.

We also talked about different methods of electricity production. For INF Goes Green, solar energy is the key resource both for heating water and producing electricity. All the participants worked together in setting up a solar panel and connecting it up. Then they got the lamps to shine!

All those who took part in the course have gone back to their own projects to train others, with assistance from INF Goes Green, spreading good practice throughout INF.



Why I serve



he came to work with INF and why you might too!

At school, I was so bad at languages that they suggested I did art. Later, I studied design at university. I knew God had given me my skills [and weaknesses] to help in His mission to restore people to Himself and to each other. I didn't want to design stuff for those who had too much already – I wanted to serve people with real needs, maybe those with disabilities or in the developing world.

Whilst sleeping through one church service [studies were hard then], the speaker mentioned 'Nepal'. I didn't hear his sermon, but I knew this word was important. The university library informed me that Nepal wasn't an island, but a country that might need a designer.

The next two years held dozens of 'coincidences' convincing me that God was calling me to serve in Nepal. A visit to Pokhara in 1996 confirmed this - it just felt so right. I returned home to attend All Nations Christian College, find a wife, and prepare to leave.

Every term with INF, Sandra and I have asked God, 'Do you really want us in Nepal?' and so far the answer has been, 'Yes'. Sometimes this answer was a random, but prophetic, word from a stranger, other times it

came through the miraculous generosity of financial supporters. I don't know about tomorrow, but today I know I'm in the right place.

Of course doubts come. Does God still need people to leave families behind and come at great cost, to a land where language and cultural barriers limit their effectiveness? However, I believe God is still calling many people to serve overseas, bringing their foreign ideas and challenging the status quo. They shouldn't impose their ideas, but they can bring their God-given experience and the richness of their cultures, and give Nepalis the chance to choose.

I feel hugely privileged to live in Nepal and serve God, with my family. I'd like to challenge you to consider how you could join in with God's mission. Living as salt and light? Taking your God-given-ness to another land? Serving with INF?

PRAY | GIVE | **GO** — Priority vacancies include Graphic Designer, Nepal Country Director, Sanjaal Manager, and Pastoral Carer. For more information about these and other opportunities, email recruitment@world.inf.org, or visit www.inf.org/opportunities-serve



Gynaecologist, missionary, author, Bible teacher, INF Programme Director, Medical Director, Diaspora Co-ordinator... and inspiration to many, Dr Val Inchley [OBE] has retired after 43 years of service with INF.

Some thoughts from Seeta Gurung, Nepal Country Office Director

I started working with Val in Kathmandu when she became the INF Diaspora Initiative Coordinator, but it is almost 60 years since her conversion and I salute her for her history of faithfulness to our Lord Jesus.

Val's 43 years of service in Nepal is such a great testimony and encouragement to many. She has worked in various capacities in INF, originally as a medical doctor, but Nepal made her a researcher, a Bible teacher and a writer. Nepal and its people will remember her service as a doctor and, more recently, her contribution to strengthening the Nepali church through her teaching and her books. In the last three years she developed Nepali diaspora work. This sees

INF going back to its pioneering roots in the 1930s when it began working among Nepali people in India. It is my hope that INF will engage more in this field as one third of Nepal's population now live and work outside the country, with an average of around 1,000 young people leaving each day.

I am amazed at Val's stamina and diligence which puts younger people to shame. I do not think she can sit quietly but I hope she takes life easy in her retirement. She has earned her jewels and I believe the Lord is saying to her, 'Well done faithful servant!' May He give her rest and more years of fulfilment as she tries to settle back in Britain.

Val's latest book, 'The Nepali Diaspora - Migrants, Ministry and Mission', will be published later this year. – Ed



Val has worked with many people over the years

Back row L to R: Judy, Lennox, Julia. Front row L to R: Julie, Jean, Brenda PHOTO: ROSIE PITMAN



Praying for Val

INF/UK staff recently visited the Sutton Coldfield prayer group which has existed in various forms since 1954, praying for the people and work of INF. Julie and Jim have opened their home to the group since 1999, and their main focus in recent years has been on Val Inchley, affectionately referred to by the group as 'Inch'. Most have known Val from her childhood, including Brenda from her days in the Girl Crusaders' Union. Judy, who went to school with Val and leads the group, explained how they often prayed for Val. Lennox and Jean, like many others in the group, have had Val stay with them while she was on home assignment. Julia commented on how privileged she feels to pray for Val and so to have been a part of her ministry over the years.

Val's own reflections on leaving Nepal

In the last month so many people have said so many nice things about me and my ministry but inside I know that 'I am an unworthy servant', and have not always even done my duty. I have learnt far more than I have taught. I have been blessed far more than I have blessed others.

In October I visited Pokhara to say goodbye to all my old friends and to catch one final glimpse of Fishtail Mountain. Sadly, most of the time it was hidden in the mist but I especially prayed for one more sight and the Lord graciously granted me that on my very last morning. However, as I was driving out of the valley and I looked back, the mountain was again lost in the clouds. I was disappointed. But then the Lord said, 'Don't look back', which I understood to mean that that phase of my life [in Nepal] is over and instead I need to look ahead to whatever exciting future He still has for me. Please pray with me that I will discover those new plans [Phil 3:10-14].



Val with the Diaspora Team PHOTO: ROWAN BUTLER

Thoughts from her most recent colleagues in the Diaspora Team

Alois von Flüe: With Val's many years of experience in Nepal, I am really thankful to her for opening my horizon to see the bigger picture.

Janak BC: I had awesome learning experiences with Dr Val who exposed a broader scene of the Nepali Diaspora to me.

Heike Priebe: When visiting Nepali fellowships in Malaysia together with Val, I felt like I was working as the manager of a celebrity.

letterbox

From the January Ear Camp

This camp was amazing. We saw over 1,300 patients in 8 days.



Mike Smith with his patient

One boy came with no external ears or proper ear canals as the result of a birth defect. With a 'bone hearing aid' he was able to hear clearly for the first time. He broke out in a huge smile.

Mike and Fiona Smith UK

A life-time of commitment

Thank you for sending me news about INF. I appreciate receiving it and do pray for the ministry that is carried on in Nepal. I got to India in 1945 with WEC and studied Nepali in Darjeeling. Two years later my Australian co-worker and I were invited to move to Shillong by Dr O'Hanlon to 'give fellowship' to Pastor David and Premi Mukhia, who were temporarily in Shillong because of Premi's health. When they returned to Nautanwa we were thankful for the Nepali workers that Dr O'Hanlon sent over to help us. A church came into being and just recently it celebrated the Lord's blessing for over 60 years. A nephew and I were able to attend the celebrations and give thanks to the Lord. I was also blessed to have almost three years in Nepal in the 1980s working with INF in Ghorai. I'm 95 now, so guess the next stop is at His Throne!

Beth Allinger Canada

I'm impressed that a 95 year-old reader contacted us by email but I'm even more impressed by Beth's commitment to prayer. If you'd like help to pray for INF, why not ask your nearest office to send you our monthly Prayer Notes or annual Partners in Prayer. See page 2 for contact details. - Ed

From our fun[d]raisers

One of our friends suggested in a school board meeting, that it would be good to find a project to support outside of our country. We were asked if we knew of a project involving schools in Nepal as we had served in Surkhet for five years. We gave them a short presentation on the Chhahari schools and they decided it would be a good project to support.

For three days our school smelled of the daal bhaat [rice and lentils] we had cooked; the kids made bracelets, cards and batiks to sell; they produced photo stories about life in Nepal; and they practiced a piece to present to the parents. During the presentation about people in Nepal, Nepali dress and Chhahari schools, the parents were able to buy the food and crafts and were asked by their children to make a donation.

Our aim was to be able to support one Chhahari class for one year [400 Euros]. In the end, through the generosity of the parents and the wonderful job that the kids did, we collected enough to support a class for 3 years. We hope to continue this and make it our school project.

Meike Basting-Neumann Germany

The Chhahari schools project was set up by INF's Sue Kemp to give a basic education to Nepali children who would otherwise not go to school. - Ed



Judith Mackay's cards

For sale

INF/UK volunteer Judith Mackay has been making and selling greetings cards to raise funds for Green Pastures

Hospital and Rehabilitation Centre [GPHRC]. The cards are very attractive with colour photographs of flowers, animals and birds, or scenes of Nepal and its people. So far, Judith has raised about £1,600 but is keen to sell even more. If you are interested in buying or selling these cards to help GPHRC, you can contact Judith via the INF/UK office.

please note

Letters and e-mails are most welcome and should be addressed to TiN, The Editor, INF, PO Box 1230, Kathmandu, Nepal / tin@inf.org

Readers are welcome to re-use articles from 'Today in Nepal' with due acknowledgement to INF. – Ed.

Up for a challenge?

Support mothers and children, and visit Nepal in November 2014

One way you could support INF is by going to Nepal and taking part in the EMMS International Cycle Nepal challenge. Through sponsorship, you can raise money for a new INF 'mother and child health' project in Dang District, which EMMS International [an INF partner] supports.

Journey by bike over a 350km cycle ride from Kathmandu to Pokhara – take in the beauty of Nepal's mountains and valleys, visit Green Pastures Hospital and Rehabilitation Centre, see wildlife on a safari and make new friends. Previous participants have said, 'Without doubt the most enjoyable experience in 20 years of cycling. Can't wait to do another'. If you don't love cycling, why not recommend it to someone who does? Spreading the word is a great way to help us and share with more people about INF's work in Nepal.

More details are available at www.emms.org/cyclenepal or from Louise Stuart at EMMS International on +44 [0]131 313 3828. People from any country are welcome to take part.

This will be an unforgettable adventure which we hope you will join us on!



Making a gift in your will

A supporter contacted INF about making a gift in her will. She wrote: 'No doubt there will be quite a large number of people who will appreciate guidance about a legacy and I trust and pray there will be a generous response. God is doing great things in and through INF and it has been simply wonderful to see Him at work through his beloved children.'

Would you consider making a gift in your will for the work of INF? If so, please contact your nearest INF office [details on page 2] for information.

Praying for INF



INF could not function without prayer. If you'd like to pray for INF, please contact your nearest office [details on page 2] for our regular prayer

newsletters. Also available is the annual 'Partners in Prayer' [pictured], a comprehensive guide to INF personnel and their work. There may be an INF prayer group in your local area which you could join – if not, maybe we could help you start one?



Pass it on!

According to recent surveys, two or three people read each copy of a typical mission magazine. Why not pass on your copy of 'Today in Nepal' after reading it? Maybe people at your church or other friends would like to read it too...

Feeling listless?

Are you on the mailing list for 'Today in Nepal' magazine? If you're not, and you'd like to be, contact your nearest INF office [details on page 2], or go on-line at www.inf.org/signing-information, saying you'd like to receive 'Today in Nepal' and giving your name and address. If you are, and your name or address has been incorrectly spelled or you've received unwanted extra copies, please let us know.

new faces



■ Neil and Hillary Fergusson



■ Alex and Rohan Barwick with June and Olive



■ Becky and Paul Hagen



Catherine and Declan Price



Salome Berger

Please pray for INF's 'new faces':

Hilary and Neil Fergusson arrived in January for three months of language study. Hilary is a speech and language therapist who will be working with INF's Partnership For Rehabilitation [PFR], Cerebral Palsy Camps and Green Pastures Hospital and Rehabilitation Centre [GPHRC]. Neil is an anesthetist who also has management experience. He will be involved with Camps and at GPHRC. They will be doing two or three short term trips a year for the next three years.

Alex and Rohan Barwick are journalists, volunteering for a year. Alex will be the INF Communications Editor and Rohan will focus on the care of their two daughters. Rohan expects to join Alex in the Communications Team once the girls are settled.

Paul and Becky Hagen started their handover with Val Inchley in November, and took over from her in December. Paul is the post-holder, but he and Becky will share the role of Diaspora Co-ordinator.

Catherine and Declan Price arrived at the end of January. Catherine will join the Pokhara Primary Study Centre after doing her language and orientation. Declan will probably be involved with physiotherapy work at GPHRC and PFR.

Salome Berger also joined INF in late January. After her language and orientation training, Salome will be working as a Nursing Adviser based in Pokhara.

Micha Schmid joined in early December. He is a trained electrician who is now doing a university electrical engineering course. Micha is doing his internship with Thomas Meier, focusing on the INF Goes Green project and solar power.

Please pray for all our new arrivals:

- that they have good health and adjust well to their new surroundings
- that they find satisfaction and fulfilment in their work

who's who

international mission personnel in INF

Australia

Alex Barwick Rohan Barwick

Roz Brain

Rowan Butler - I/S

David Colville

Kylie Colville Kate Dalitz – CMS

Brittany Darvas

Matt Darvas

Jenny Davis

Phil Davis

Leigh Filmer - CMS

Tamara Filmer - CMS

Peggy Franks

Kirstin Hawkshaw - CMS

Debbie Langford - TEAR

Michael Langford - TEAR

Catherine Price

Declan Price

Tim Nicholson - I/S

Val Nicholson - I/S

Marleen Roche – I/S

Paul Roche – I/S

Gordon Russell - CMS

Ruth Russell - CMS

Austria

James Chinnery Sandra Chinnery

Brazil

Celinda Castro Daniel – APMT Denny Daniel – APMT

Germany

Katalin Bedenbender - FW
Christoph Eisert – FW
Damaris Eisert – FW
Tina Gomer – Provide
Ulli Gomer – Provide
Susanne Hutter – FW
Christina Meier – Provide
Thomas Meier – Provide
Artur Neumann – FW
Eva Neumann – FW
Heike Priebe – FW

Netherlands

Micha Schmid - DMG

Irmgard Spittler - FW

Pauline van Ooijen – GZB

New Zealand

Debbie Gough

Sweden

Ulla-Britt Engelbrektsson – ISW Peder Eriksson – ISW Ulla Eriksson – ISW

Switzerland

Deborah Gough Alois von Flüe – WEC

■ United Kingdom

Alan Barker – BMS Megan Barker – BMS Karen Baxter Cynthia Chadwell – BMS Ian Chadwell – BMS Lois Dingley Jackie Durrant

Hilary Fergusson

Neil Fergusson

Shirley Heywood

Sue Kemp

Elizabeth Lee – BMS

Susie Moore

Andy Saunders – BMS

Jenny Saunders – BMS

Andrea Thomas

Clive Thomas

Ali Wilkinson

United States

Becky Hagen – WMPL Paul Hagen – WMPL

Office staff

Iris Keenan [UK] Tony Leighton [UK] Peixin Liu [UK] Alice McMurtrie [UK] Rosie Pitman [UK] John Reynolds [UK] Lynda Scotson [UK] Phil Smith [UK] Selena Courtness [Australia] Richard Groves [Australia] Jin-Sim Lee [Australia] Phil Lindsay [Australia] Phil Morris [Australia] David Van Deusen [North America1 Min Thapa [North America] Rodger Vickers [New Zealand]

partner missions listed on page 2

Farewell



Val Inchley [INF UK] 1970-2014



David and Elaine Grimoldby [INF UK] 2011-2014



Fred and Cyndi Langworthy [MCC] 2008-2013

INF thanks these departing colleagues for their service. Please pray for them as they move into new areas of work and Christian ministry.

INF children [+ year of birth]

Olive Barwick [2009]; June Barwick [2012]; Justin Chadwell [1999]; Lucy Chadwell [2002]; David Chinnery [2001]; Tom Chinnery [2004]; Katlyn Chinnery [2007]; Samuel Chinnery [2011]; Anton Eisert [2007]; Emil Eisert [2007]; Emma Eisert [2007]; Mikayla Filmer [2009]; Jasmine Filmer [2010]; Shari Meier [2007]; Tara Meier [2010]; Sami Jeevan Meier [2013]

Give life this Spring



One hundred chicks

Starting a small poultry business can help someone with a disability earn an income and become independent

gift code LP3



Shoes for people affected by leprosy

Shoes help protect insensitive feet from becoming injured or infected enabling active community participation

gift code HW2



Q: What do you buy for the person who has everything? A: Something for someone who has next to nothing

THE INF GIFT CATALOGUE

enables you to provide vital help for poor people in Nepal and buy gifts for friends and family – whether for Christmas, a birthday, anniversary, wedding or other occasion. The 34 gifts include non-formal education classes, toilets, physiotherapy, a buffalo and artificial limbs.

When you buy a gift you get a card describing and showing the gift, to send to your 'recipient'. INF allocates the money to the type of work indicated.

Starting at just:

US\$8 | €6 | £5 | AU\$9 | NZ\$12 you can buy gifts online at www.inf.org/gifts and send printed cards or e-cards. To order a printed catalogue, call or e-mail your nearest INF office [contact details on page 2].

