



## INF Australia Vision Trip – January 2019

### *Receive | Renew | Refresh*

INF Australia's January 2019 Vision trip will help participants to:

- *Receive* greater understanding of the challenges of poverty, Christian community development and God's work among churches and communities in Nepal, and of Nepali culture and cross-cultural sharing.
- *Renew* your mind and challenge your perspective as you sit and share with Nepali Christians, INF's passionate practitioners in community development and health, and the communities which grapple each day with poverty and injustice.
- *Refresh* your relationship with God and with global sisters, brothers and neighbours as well as fostering a new commitment to walk humbly with God, to love mercy and to act for justice in the world.

Led by an experienced facilitator who has lived and worked in Nepal, the trip is suitable for tertiary students, young adults and for family groups with children over ten years of age.

Orientation and debriefing sessions will be held in Sydney, and via video meetings for those in other locations.

Complete your application at [inf.org/visiontrips](http://inf.org/visiontrips) or contact the INF Australia office for more details: [ausoffice@au.inf.org](mailto:ausoffice@au.inf.org) or 02 9411 1195.



### About the *Vision Trip*

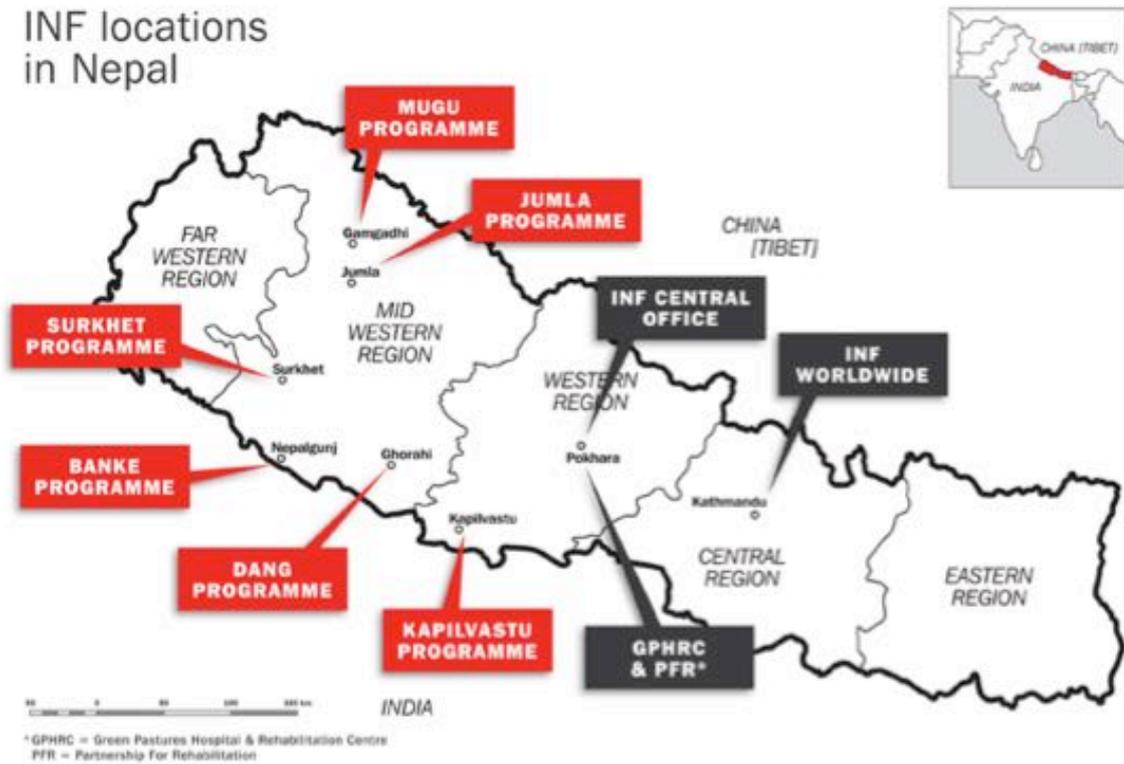
Cost: \$1,750 (excluding international flights) – including all internal travel, accommodation, meals, & site entries

Dates: 3 January – 17 January 2019

#### Highlights:

- exposure to INF's transformational work with poor and disaster-affected communities, with mothers and children and with people with disabilities
- optional village home stay with Nepalese families
- opportunity for half-day volunteering alongside patients at Green Pastures Hospital farm
- fellowship with Nepalese church communities
- visits to significant historic sites for Nepal's Hindu and Buddhist religious traditions
- time to revel in the natural beauty and majesty of Nepal as well as the warmth and hospitality of Nepalese culture

## INF locations in Nepal



### Proposed Itinerary

3 – 5 January	<p><b>Kathmandu &amp; Bhaktapur</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Visiting Pashupatinath – the oldest Hindu temple in Kathmandu – and Bhaktapur Durbar Square – a world heritage site of historic temples and palaces</li> <li>• Experiencing Nepali church and worship and local Christian ministries</li> <li>• Nepali language learning</li> </ul>
6 – 7 January	<p><b>Bhairawa &amp; Kapilvastu</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Visiting Lumbini – the birthplace of the Buddha</li> <li>• Experiencing INF’s community health &amp; development work among marginalised communities</li> </ul>
8 – 10 January	<p><b>Nepalgunj and Raptipari</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Home-stay opportunities with families in the communities INF serves</li> <li>• Experiencing INF’s life-saving maternal &amp; child health work, and transformational community based rehabilitation for people with disabilities</li> </ul>
11–14 January	<p><b>Pokhara</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Half-day volunteering alongside long-term leprosy patients at Green Pastures Hospital farm</li> <li>• Meeting INF Australia expatriate workers &amp; visiting INF’s pioneering Green Pastures Hospital</li> <li>• Experiencing the stunning sights and attractions of Pokhara and the Annapurna range</li> <li>• Day for rest and reflection</li> </ul>
15 – 16 January	<p><b>Gorkha</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Seeing INF’s reconstruction work in one of the areas most affected by the 2015 earthquake</li> <li>• Sharing with students with disabilities at local schools supported by INF</li> </ul>
17 January	<p><b>Kathmandu</b></p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> <li>• Final reflections &amp; farewells</li> </ul>