

INF Australia ANNUAL REPORT 2017-18



INTERNATIONAL
NEPAL
FELLOWSHIP

a Christian mission
serving the physical
and spiritual needs
of Nepali people



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INF is a Christian mission serving the physical and spiritual needs of Nepali people.

In Australia, we seek to raise funds for the work of INF in Nepal, encourage prayer, equip people to serve in Nepal, and engage with the Nepali community in Australia.

Thank you for your faithful support for INF Australia. This annual report is intended to guide you through the different areas of transformational work that we supported in 2017-18, as well as account for how we spent our money this financial year. You will also find reports from the Chair and CEO; an overview of our activity in Australia; a snapshot of the wider INF family; and information on our governance.

We hope you are as encouraged as we are, and look forward to your continued partnership.

OUR VISION

Life in all its fullness for Nepal's poor and disadvantaged people and communities

OUR MISSION

To be agents of hope and wholeness, serving Nepal's poor through Christ-centred health and development

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”

Ephesians 3:20-21

Chair and CEO REPORTS



INF AUSTRALIA
CHAIR
RICHARD GROVES

On behalf of the INF Australia Board, I am proud to share this Annual Report with you. It contains stories of hope and healing from INF's work in Nepal and represents achievements made possible through the committed and generous support of many hundreds of faithful supporters here in Australia, the hard work of staff and volunteers, and a lot of answered prayer.

The Board of INF Australia are responsible for the organisation's 'governance', that is, ensuring that we operate lawfully and are run in an accountable and responsible way. Over the last year, we have been committed to learning and improving our effectiveness, making sure that we focus on what is important, and that no one is harmed through our work. As part of this we have renewed our commitment to the new ACFID Code of Conduct, and have strengthened both our definitions of acceptable behaviour, and systems to raise concerns about anything we do. We do this not because we suspect our workers or partners like INF Nepal, but because we want to be absolutely true to our vision of bringing life in all its fullness for Nepal's poor and disadvantaged people and communities.

I want to thank all of those who pray for our work, give up their time to serve, or give generously to enable it to happen – this report is evidence of what you have achieved, and we are very grateful.



INF AUSTRALIA
CEO
PHIL MORRIS

Writing my final CEO report gives an opportunity to reflect on my last nine years with INF Australia. The outpouring of grief and generosity in the wake of the 2015 earthquakes; journeying with people going out to serve with INF; travelling to Nepal to see the impact of our work; and the contribution from Australia growing steadily - these are all experiences that will stay with me.

Underpinning all of that is the excitement of seeing God at work and prayers answered, and the privilege of working with our committed team of staff and volunteers [Kerrie Worboys, Jin Lee and Russ Hancock deserve special mention]. But none of that would be possible without our very generous supporters and Members who are so committed to achieving our vision and mission. Thanks to you all.

Over the last year, we have strengthened our collaboration with Christian development organisations here in Australia to learn from each other and share, and we have worked hard with INF in Nepal to design new projects that are based on the Sustainable Development Goals. We are looking forward to seeing INF beginning work in new communities in the coming year, seeking to bring hope and **life in all its fullness**.

A highlight for me over the past year was visiting Jumla in November 2017 to see work that is made possible by supporters here in Australia, and INF Nepal staff who are serving in a very difficult environment. We saw self-help groups meeting and heard them share about the impact of INF's work in their communities; and we worshipped in a small church and heard them praying for INF's work – prayers that are echoed in many churches across Australia in a very real demonstration of the worldwide body of Christ, and of true partnership.

OUR PURPOSE & STRATEGY

The purpose of INF Australia is to help bring about life in all its fullness for Nepal's poor and disadvantaged people and communities through serving the physical and spiritual needs of Nepali people. We do this by:

- 1.** Resourcing INF Nepal and other partner organisations, through prayer, finances and volunteer workers to support high quality work in the areas of:
 - Care and rehabilitation for people with disability, helping them to be recognised as made in the image of God and accepted, participating members of their communities,
 - Empowering women and children in rural communities, helping them to recognise their strengths and achieve their ambitions, and promoting the role of women in leadership and decision making, and
 - Building resilience in communities and disadvantaged households to prevent disasters and respond to a changing climate, and to respond to disasters when they occur.
- 2.** Building the capacity of INF Nepal, other partner organisations, and ourselves to be:
 - model examples of Christian health care and community development,
 - working effectively, innovatively and collaboratively, and
 - working in partnership
- 3.** Building relationships within the Australian community in support of our purposes in Nepal, and engaging people on issues of poverty and justice.



“The Lord loves
righteousness
and justice;
the earth is full
of his unfailing
love.”

Psalm 33:5

After attending an INF camp for children with cerebral palsy, Suraj [6] was able to improve his mobility. INF’s cerebral palsy camps provide life-changing treatment and care, as well as specialised support for parents.

Here is a summary of where INF works in Nepal, including where and how **INF Australia** contributed over the last year.

We continued to support INF's **Community and Health Development** program in remote Jumla district, which works through self-help groups to improve health and livelihoods.

\$191,000, including \$90,000 from the Australian Government

Terry and Julie Steven [with **Daniel** and **Micah**] are from Adelaide and live in Pokhara. Terry is serving as INF's Finance Advisor, training and supporting Nepali finance staff.



Yuek Ming Poon is from Hong Kong and is serving as Leprosy Nursing Advisor at Green Pastures Hospital, training nursing and other staff in best practice leprosy care.



INF works in the remote districts of Mugu and Bajura, empowering communities to overcome poverty and exclusion through its **Community Health and Development** program.

INF's clinics in Nepalgunj and Surkhet are registered as hospitals with the Government of Nepal and care for people with leprosy and disability.

This year, INF opened a specialised **Fistula Centre** in Surkhet to treat fistula, a highly stigmatising condition for women.

Neil May and **Inge Baumann-May** are from Alice Springs and live in Nepalgunj. Inge is serving as INF's Public Health Advisor, with a focus on mother and child health.



We supported INF's **Disaster Response and Resilience Department** to respond to flooding in Banke district in August 2017, providing both immediate relief and then longer-term recovery for the poorest members of affected communities. See page 15 to read more

We supported a **smokeless stoves** project as part of INF's Community Health and Development program in Rolpa. Smokeless stoves are more efficient and reduce negative smoke-related health impacts.

We supported INF's **Community Health and Development** program in Kapilvastu, working through local self-help groups to improve livelihoods, sanitation, disability inclusion, gender equality, and resilience to climate change in poor communities.

\$26,000





We continued to support **Green Pastures Hospital**, which provides life-changing care for people affected by disability, leprosy, spinal cord injury and ear disease. This year, Green Pastures officially confirmed plans for the construction of a Pastoral Care Centre, to fulfil their goal of providing holistic care. See page 12 to read more.

\$275,000

INF Nepal Central Office provides leadership, technical support and central finance functions. We supported INF's Internship program, which encourages women in the development sector, and identifies future leaders.

We continued to support INF's **GRACE Project in communities affected by the 2015 earthquake**, with particular support for people with disabilities. The project has included rebuilding accessible and disaster resilient homes and public infrastructure, as well as improving the livelihoods, health, education, inclusion and empowerment of people with disabilities. See page 15 to read more.

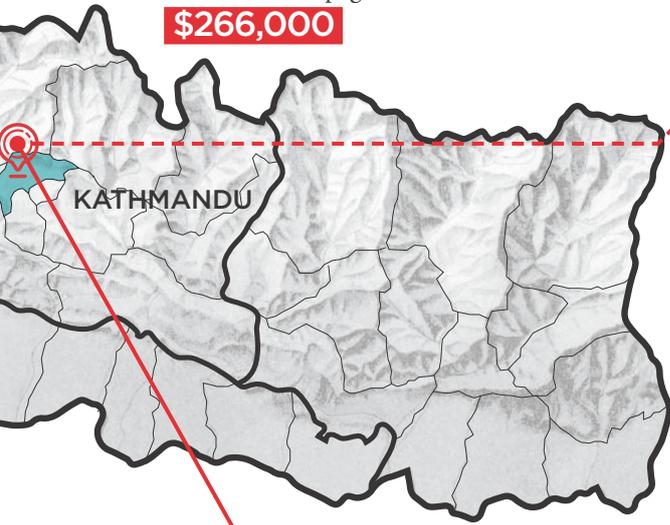
\$266,000



This year, INF's five-year **Community Based Rehabilitation** program in the districts of Parbat, Baglung and Myagdi concluded. The program empowered people with disabilities to improve their quality of life and play an active role in their communities. See page 8-9 to read more.

\$141,000, including \$35,000 from the Australian Government

INF International Office coordinates liaison with the Nepal government, supports the transfer of funds, helps recruit and support expatriate volunteers, and provides communications for the INF family.



Sam and Sharmila Budhathoki live in Kathmandu, where Sam serves with a Nepali Christian students organisation.



Chris and Jill Palmer [with **Cosette, Sophie, Toby, Oliver & Banjo**] are from Perth and live in Kathmandu. Both Chris and Jill teach at KISC.



Kylie and David Colville [with **George, Oscar and Bronte**] are from Gladstone, Queensland, and live in Kathmandu. David teaches at Kathmandu International Study Centre [KISC], the international Christian school.

SUSTAINABLE DEVELOPMENT GOALS

The Sustainable Development Goals are the global blueprint to achieve a better and more sustainable future for all. Our work contributes to these goals:

1 NO POVERTY 	10 REDUCED INEQUALITIES
2 ZERO HUNGER 	11 SUSTAINABLE CITIES AND COMMUNITIES
3 GOOD HEALTH AND WELL-BEING 	12 RESPONSIBLE CONSUMPTION AND PRODUCTION
4 QUALITY EDUCATION 	13 CLIMATE ACTION
5 GENDER EQUALITY 	14 LIFE BELOW WATER
6 CLEAN WATER AND SANITATION 	15 LIFE ON LAND
7 AFFORDABLE AND CLEAN ENERGY 	16 PEACE, JUSTICE AND STRONG INSTITUTIONS
8 DECENT WORK AND ECONOMIC GROWTH 	17 PARTNERSHIPS FOR THE GOALS
9 INDUSTRY, INNOVATION AND INFRASTRUCTURE 	SUSTAINABLE DEVELOPMENT GOALS

OUR WORK



Rashik [12] was born with a disability and previously could not walk. When his mother joined an INF self-help group for people with disabilities or their carers, Rashik was referred for a leg operation and received physiotherapy from INF, so that he can now walk.

in 2018

your support has helped to...

Work on construction of 52 houses and three schools for people with disabilities affected by the 2015 earthquakes



52 HOUSES



3 SCHOOLS

Improve income & health for over 20,000 people through self-help groups



20,000 PEOPLE

Provide food, shelter and medical support to 14,000 people affected by large-scale flooding



14,000 PEOPLE

Provide clinical support for over 30,200 patients with leprosy, spinal cord injuries and other disabilities



30,200 PATIENTS

Support five expatriate workers and their families who provide training and support in education, health and financial management



5 CHRISTIAN VOLUNTEERS

our work COMMUNITY

Recognising that all people are made in the image of God, we work to overcome poverty and exclusion by bringing people together to take collective action in their communities.

This year, your support has enabled us to support these life-changing INF programs:



COMMUNITY HEALTH & DEVELOPMENT [CHD]

INF's CHD programs empower communities so that they can act and advocate to tackle challenges in health, education, sanitation, livelihoods, sustainability and rights. By providing support and training to local self-help groups [SHGs]—the majority of whose members are women—INF equips people to increase family incomes, improve health outcomes, advance gender equality, and hold local authorities accountable to delivering effective services.



COMMUNITY BASED REHABILITATION [CBR]

INF's CBR programs empower people with disabilities to improve their quality of life and play an active role in their communities. INF provides treatment, physiotherapy and assistive devices to help people with disabilities, and helps train them and their carers. INF also educates communities and local authorities about upholding the rights and dignity of people with disability.



169 SELF-HELP GROUPS MEETING



113 SHGs MADE PLANS TO REDUCE THE IMPACTS OF CLIMATE CHANGE



300 HOUSEHOLDS IN JUMLA RECEIVED ELECTRICITY AFTER SHG ADVOCACY



61 SELF-HELP GROUPS FOR PEOPLE WITH DISABILITIES



69% OF GROUP MEMBERS CONDUCTING INCOME-GENERATING ACTIVITIES



20 COMMUNITY WORKERS TRAINED IN PRIMARY REHABILITATION THERAPY

WORKING FOR DIGNITY & EQUALITY

This year, with support from INF Australia, INF Nepal concluded its five-year CBR project in the districts of Parbat, Baglung and Myagdi.

In these rural areas of western Nepal, it can be very difficult to live with a disability. Not only do people with disabilities face inadequate public health services, a difficult physical terrain and limited livelihood opportunities, but they also often face significant social stigma.

INF's CBR work in this area sought to holistically address the medical, educational, economic and social aspects of life for people with disabilities.

Working through and strengthening existing Disabled Peoples' Organisations [DPOs], the program has established 61 self-help groups for people with disabilities and their carers. Groups pool collective savings and have received training and support to establish small businesses or improve their livelihoods in other ways, such as through goat-rearing.

By supporting local DPOs, INF ensured that people with disabilities are able to effectively advocate for their rights with local government agencies. Through

the work of these everyday advocates, government agencies and institutions have become more accountable and responsive to people with disabilities. All members of groups have been able to access social security allowances, and some have gained educational scholarships and support.

Local health posts are becoming more accessible for people with disabilities and the health post staff have received further training in disability care, prevention and primary rehabilitation therapy [a type of physiotherapy], which they are then able to teach to people with disabilities and their families.

The local self-help groups, which will continue to meet, have also become life-giving places of inclusion and mutual support, helping to change community attitudes and break down social stigma around disability. Members have been empowered with knowledge about the needs and rights of people with disability, and some have even been elected to new positions of local government and leadership in community organisations.

Now that's the kind of transformation we long for.



INF acknowledges the support of the **Australian Government through the Australian NGO Cooperation Program [ANCP]** for its **CHD** and **CBR** programs.





DIBJAL'S STORY

Deepak and Sarita Chhetri are one of many families in Parbat district who have a child with cerebral palsy, and who have been impacted by INF's CBR program. The high incidence of cerebral palsy cases in the area is due to the extremely difficult conditions for women in pregnancy and childbirth, lack of awareness of pregnancy- and birth-related health issues, and poor delivery services.

After Deepak and Sarita joined an INF self-help group, their son Dibjal [8] was referred to Green Pastures

Hospital in Pokhara. With intensive physiotherapy support at the hospital, Dibjal began to grow more into his potential. INF further provided a walker and 10 days of training to his parents, so that they could help Dibjal to continue strengthening his ability to walk.

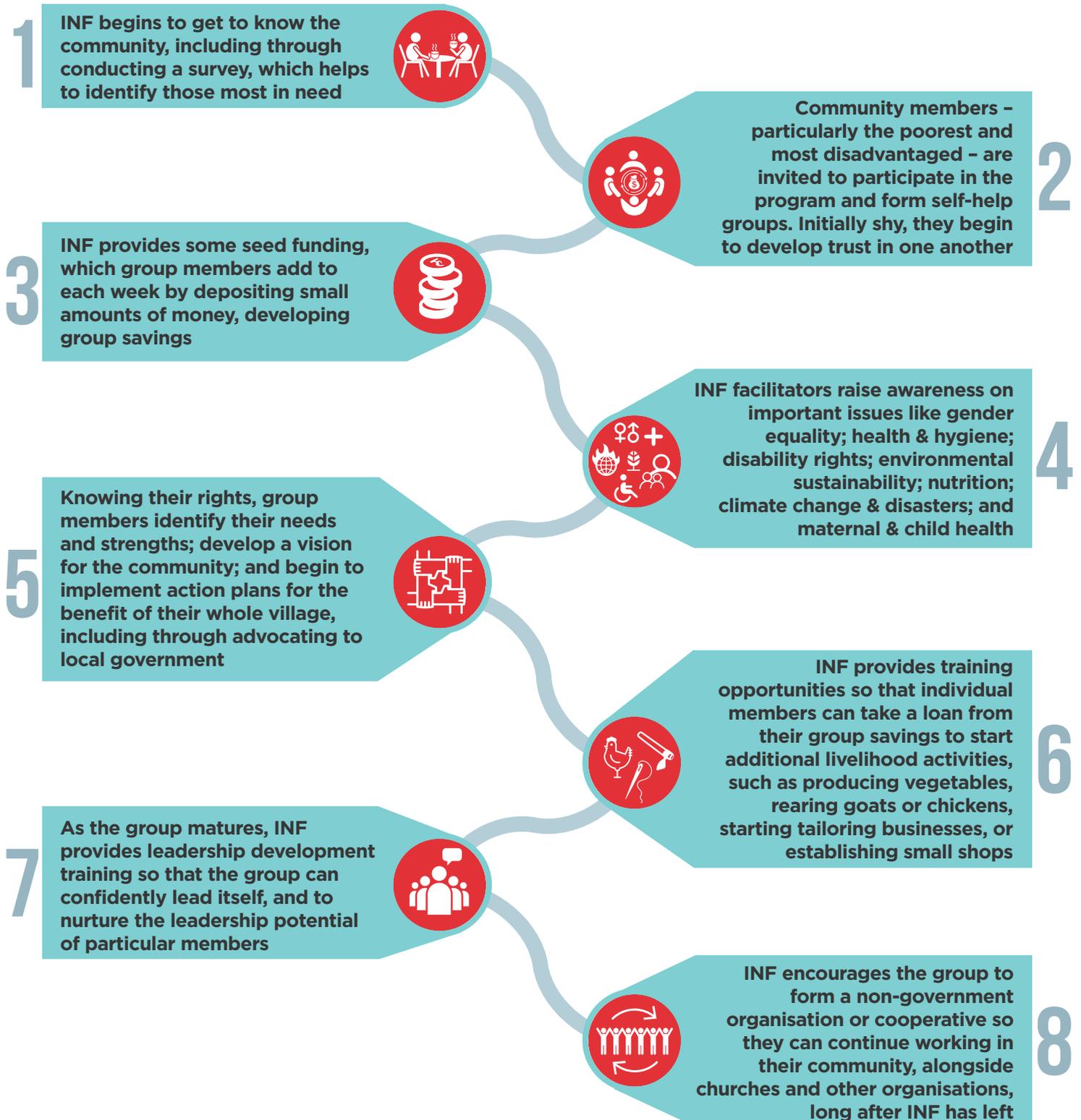
Dibjal is now able to walk both unaided and with the assistance of a walker. His face lights up and a broad smile stretches across his face as he walks between his mother and father. At his birth, this was not a guaranteed outcome.

This, said Deepak and Sarita, has been one of the most profound lessons they have learned through the self-help group: how to care for children and relatives with disability and how to ensure that all – particularly the most vulnerable members of their community – are treated with respect and love.

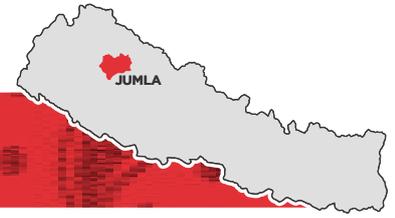
our approach

WORKING TOGETHER FOR CHANGE

INF is committed to long-term, sustainable change that is led by the communities it works with, typically over a five-year period.



This year, we supported INF to implement its life-changing Community Health and Development [CHD] programs in the districts of Kapilvastu and Jumla, impacting over 6,000 people.



SELF-HELP GROUPS IN **JUMLA** TRANSFORMING THEIR COMMUNITY



Meeting together to develop unity & work for change



Planting trees to increase resilience to landslides



Installing safe drinking water

JOURNEY WITH JUMLA

INF is starting work in new communities in Jumla. Will you journey with us as we journey with these communities over the next three years to seek long-term change? To become a prayer and financial supporter, and receive insider updates on the community development process, go to:

www.inf.org/journey-with-jumla



SHANTIMAYA'S STORY

Shantimaya lives in a Dalit [low-caste] village in Jumla and joined an INF self-help group 4 years ago. She was selected as a group leader and received leadership development training.

Though she used to be quite shy, through her experience in the self-help group she gained the confidence she needed to put herself forward as a candidate in this year's local elections, where she was successfully chosen as a representative of the Dalit community for her whole Rural Municipality! In her new role, she is committed to the development of the communities in her area.

"I had never imagined that I would become so successful in my life," she says.



our work **HEALTH**

We work for the physical and spiritual health of all Nepali people, especially poor or disadvantaged patients, by supporting INF's Green Pastures Hospital in Pokhara, the largest leprosy and rehabilitation hospital in western Nepal.

This year, your support has enabled us to support these critical areas of INF's clinical work:



LEPROSY

INF treats and rehabilitates patients affected by leprosy by providing multi-drug therapy, necessary surgery, counselling, and self-care training, so they can live a full life. With over 50 years of experience, we are continuing to work for the complete eradication of leprosy from Nepal.

108 NEW LEPROSY CASES DETECTED

783 PATIENTS PROVIDED WITH FOOTWEAR, ORTHOTICS OR PROSTHETIC DEVICES

835 HEALTH EDUCATION SESSIONS PROVIDED



SPINAL CORD INJURY

INF is a national leader in providing rehabilitation services to people with spinal cord injuries so that they can regain some independence and reintegrate into their communities.

76 INPATIENTS TREATED AT GREEN PASTURES

965 PHYSIOTHERAPY SESSIONS PROVIDED

260 WHEELCHAIRS AND OTHER MOBILITY AIDS GIVEN



GENERAL PHYSICAL REHABILITATION

We continue to provide medical and social support for people with a range of disabilities, so that they are included in the community and can reach more of their potential.

29,500 OUTPATIENTS TREATED

412 SURGERIES CONDUCTED

669 PHYSIOTHERAPY SESSIONS PROVIDED



OUTREACH/CAMPS

For over 25 years, INF has conducted medical outreach for stigmatising conditions in remote areas so that patients can access the specialised treatment and training they need to live a life of dignity in their communities.

34 CHILDREN WITH CEREBRAL PALSY ATTENDED SPECIALISED CAMPS WITH THEIR FAMILIES

155 WOMEN TREATED AT A GYNAECOLOGICAL CAMP IN WESTERN NEPAL



PALLIATIVE CARE

INF is leading the development of palliative care policy and treatment in Nepal. The palliative care program provides holistic care to people with life-limiting illnesses and their families.

49 INPATIENTS PROVIDED WITH PALLIATIVE CARE

29 COMMUNITY-BASED PATIENTS CARED FOR

1 NATIONAL TRAINING DAY FOR CHURCHES AND BIBLE COLLEGE STUDENTS IN PALLIATIVE CARE



PASTORAL CARE

Caring for patients' spiritual needs remains at the heart of everything we do. We care for the whole person and their family.

830 PEER COUNSELLING SESSIONS PROVIDED

350 COUNSELLING SESSIONS WITH PATIENTS



PLASTIC SURGERY

This year, Green Pastures made plans to establish its own Plastic Surgery Department, to restore and prevent disability. A generous bequest left by a former Australian board member has been used to recruit a fantastic Christian Nepali plastic surgeon, meet the tremendous need for plastic surgery in western Nepal.

8 RECONSTRUCTIVE SURGERIES CONDUCTED FOR LEPROSY PATIENTS



RAMAN'S STORY

Raman [24] was born into a poor farming family in western Nepal. Observing his family's financial difficulty, in 7th Grade Raman decided to leave school so he could travel to India to earn money for his family.

Unfortunately, Raman got in an accident while getting on a moving train in India, at the age of 19. He lost both his legs and became constrained to a wheelchair, becoming completely dependent on his family for care.

Raman's family took him to Kathmandu for treatment, spending all their savings and even borrowing money, but with little results. Finally, a relative referred them to Green Pastures Hospital. Green Pastures confidently took on Raman's case, assuring him they would help him to walk again.

Raman has been fitted with prosthetics and is learning how to walk with them, with the assistance of a physiotherapist. The rehabilitation team has set the goal of Raman being able to walk with elbow crutches – with Raman's will power, they are very hopeful he will achieve this.

our work

DISASTER RESPONSE AND RESILIENCE

Since the devastating 2015 earthquakes, INF has developed a specialist disaster response and resilience team to respond rapidly to any emergencies, work with communities to recover in the longer-term, and prepare for future disasters.

This year, your support has enabled us to support these critical areas of INF's work:



EMERGENCY RESPONSE

INF responds to emergencies in its working areas, where they have existing, long-term relationships with communities. They pay particular attention to the poorest and most vulnerable community members, providing food, shelter, hygiene products and health care to address immediate needs, prevent the spread of disease and promote safety.



RECOVERY & RESILIENCE BUILDING

INF works with communities to recover from disasters, assisting them to rebuild their homes and livelihoods, and working with government to rebuild local services that are resilient and accessible. INF also works with communities to prepare for and build resilience to disasters before they happen, to reduce their impact.



3,750 PEOPLE AFFECTED BY FLOODS RECEIVED EMERGENCY FOOD SUPPLIES



40 HOUSEHOLDS AFFECTED BY FLOODING RECEIVED LIVELIHOOD AND BUILDING SUPPORT



9,750 PEOPLE BENEFITTED FROM HOUSEHOLD HYGIENE KITS



68 SELF-HELP GROUPS FOR PEOPLE WITH DISABILITIES AFFECTED BY EARTHQUAKE



342 PEOPLE BENEFITTED FROM SHELTER KITS



52 HOUSES REBUILT/UNDER CONSTRUCTION FOR PEOPLE WITH DISABILITIES

RESPONDING TO FLOODS: WORKING FOR HEALTH AND SAFETY

In August 2017, Nepal experienced its highest level of rainfall in 15 years. The monsoon rains triggered large-scale flooding and landslides, destroying infrastructure, crops, livestock, and tens of thousands of homes in the Terai [the southern plains of Nepal]. Tragically, more than 150 people lost their lives.

INF responded to the flooding in the districts of Banke and Dang, providing emergency food supplies, shelter kits, hygiene kits and medical support, all critical for preventing the spread of disease and promoting safety. We also supported the disaster relief work of partner organisation Asal Chimeki Nepal [Good Neighbour Nepal].

By mid-September INF began the Early Recovery Project, working with 40 of the poorest and most severely affected households to help them rebuild their homes and livelihoods.



Kabita Pariyar's home was completely destroyed by flooding. She received emergency food and household items, enabling her to cook and feed her family. "With all the difficulties, we are very happy to have received the relief materials," she says.

THE GRACE PROJECT

REBUILDING COMMUNITIES TO BE INCLUSIVE AND RESILIENT



This year, INF continued to implement its GRACE [Gorkha Rehabilitation and Community Empowerment] project in Gorkha district, which was the epicentre of the devastating 7.8 magnitude earthquake that struck Nepal in 2015.

The project supports people with disabilities, including through providing financial assistance to rebuild a total of 105 resilient and accessible houses; working with the Gorkha Christian community to establish self-help groups for people with disabilities or their carers; and providing community based rehabilitation to improve people with disabilities' health and quality of life.

The project is also working to promote inclusion in the wider community, by raising awareness of the rights of people with disabilities and ensuring that public infrastructure is accessible as it is rebuilt.



INF completed a resilient and accessible local government office, so they can provide quality services.



Through the GRACE project, 105 people with disabilities are receiving assistance to rebuild their homes.



INF completed two hostels so students with disabilities from remote areas can still attend school.

BAL BAHADUR'S STORY

In 2015, Bal Bahadur was climbing a tree to collect fodder for his animals. He fell and sustained a crippling spinal cord injury, leaving him unable to walk or work. Later that year the earthquake struck, destroying Bal Bahadur's home.

As part of the GRACE project, INF referred Bal Bahadur for treatment at Green Pastures Hospital and then provided ongoing physiotherapy support, so that now he can walk with crutches. Bal Bahadur received assistance to rebuild a disaster-resilient and accessible home, a place of hope for him and his family. He has also joined a self-help group to improve his livelihood and receive social support.

"It was very difficult for me to move at first," he says. "But after physiotherapy I can walk around with the crutches."



our PEOPLE

Our expatriate workers offer their gifts and experience voluntarily in Nepal to play their part in seeing **life in all its fullness** for Nepal's poor and disadvantaged people and communities.

They work to build the capacity and effectiveness of INF in Nepal, and seek to live as salt and light as followers of Jesus.



NEIL MAY AND INGE BAUMANN-MAY

Neil and Inge moved to Nepal in 2015 and live in Nepalgunj. Inge is INF's Public Health Advisor, with a focus on Mother and Child Health [MCH]. She also mentors

a number of young Nepali women personally and professionally. Neil volunteers in local drug and alcohol rehabilitation work, and offers training in counselling skills. Both Inge and Neil are also active members in a local Nepali church.

Inge's work is having a significant impact on INF's life-saving MCH program, which builds the capacity of local government health services, and works with mothers' groups to improve their awareness of health



risks during pregnancy; encourage safe delivery practices; and then keep children under five healthy.

SUPPORTING CHURCH

Alice Springs Baptist Church, NT



TERRY & JULIE STEVEN WITH DANIEL & MICAH

The Stevens live in Pokhara where Terry is serving as INF's Finance Advisor, which involves training and supporting the Nepali finance staff across INF. Over the past year

Terry has helped lead a significant project which calculated the costs of over 600 different services provided by Green Pastures, which will improve the hospital's financial sustainability. He also trained finance staff in Jumla district, and took on the role of Treasurer for INF International.

Julie has been involved in a local Christian organisation called "GLOW" [God Loves Orphans and Widows], giving input into



a three-month live-in skills and leadership training program they run specifically for women from poor villages across Nepal.

Daniel and Micah attend the Pokhara Study Centre.

SUPPORTING CHURCH

Corramandel Valley Uniting, SA



YUEK MING POON

Ming re-joined INF in 2017 [after previously serving in Surkhet] and lives in Pokhara. She is the Leprosy

Nursing Advisor at Green Pastures Hospital and INF's other hospitals and clinics. This involves training Nepali nurses and other staff to provide the best possible care to leprosy patients.

Over the past year Ming has set up a health and education program for inpatients at Green Pastures and developed a leprosy



care team spanning the hospital's multiple departments, improving coordination.

SUPPORTING CHURCH

Waterloo Hill Church, Hong Kong



SAM & SHARMILA BUDHATHOKI

Originally from Western Nepal, Sam returned to Nepal from

Australia [supported by INF Australia] in 2014. Sam and Sharmila, who met in Nepal, live in Kathmandu. Over the past year, Sam has been working with a Nepali Christian students' organisation. Both Sam and Sharmila are also very involved in their local church, where they run the youth group.



SUPPORTING CHURCH

All Nations Presbyterian and other churches in Perth, WA



CHRIS & JILL PALMER WITH COSETTE, SOPHIE, TOBY, OLIVER & BANJO

The Palmer family joined INF Australia in January 2018 and live in Kathmandu, where both Chris and Jill are working at KISC. Chris teaches Maths and Chemistry while Jill is the school counsellor. The kids are all also students of the school!

education, particularly for secondary school students, is instrumental in enabling the families of over 200 expatriate children to continue serving in Nepal, both with and beyond INF.

SUPPORTING CHURCH

St Barnabas Church Leederville, WA

KISC's ability to offer quality, internationally accredited



DAVID & KYLIE COLVILLE WITH GEORGE, OSCAR & BRONTE

The Colville family live in Kathmandu where David teaches Geography and Religious Education at the Kathmandu International Study Centre (KISC), the Christian international school. George, Oscar and Bronte also attend KISC. Over the past year, Kylie has helped to establish and coordinate a transition

home that provides emergency accommodation for vulnerable women, and a stable place for survivors of trafficking to return to Nepal.

SUPPORTING CHURCH

Gladstone Baptist Church, QLD

activities IN AUSTRALIA

In Australia, INF seeks to raise funds for the work of INF in Nepal, encourage prayer, equip people to serve in Nepal, and engage with the Nepali community in Australia.

This year we have been richly blessed by God and by the work of our faithful supporters. Thank you!

OUR FABULOUS SUPPORTERS

INF Australia is powered by the passion and commitment of our supporters. In 2017-18, our supporters contributed in so many ways to furthering our vision to help bring about **life in all its fullness** for poor and disadvantaged communities in Nepal.

Faithful supporters gather regularly to pray for Nepal and the work of INF in locations around Australia. We are so thankful for their ongoing prayer support.

Supporters continue to launch fun and creative events to raise funds for our work. Our friends at Alice Springs Baptist Church organised a High Tea fundraiser for over 70 people which raised more than \$2,000 to support INF's life-changing work in remote Jumla district. Author and INF Ambassador **Naomi Reed** spoke at the event along with former Alice Springs local **Inge Baumann-May**, who is currently serving with INF as a Public Health Advisor.



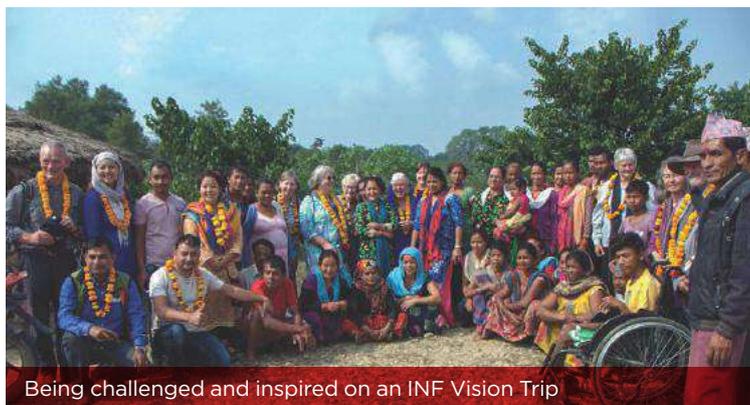
Serving high tea to raise funds for INF's work



INF Ambassador Naomi Reed sharing

2017 VISION TRIP

Peggy Franks, former INF Nursing Advisor, led a group of ten on a two-week vision trip in Western Nepal to see first-hand how INF helps communities come together to tackle social, environmental and economic challenges. Peggy reflected that the lives of the people on the trip were enriched, challenged and blessed in many ways through their time in Nepal.



Being challenged and inspired on an INF Vision Trip

2017 WOMEN'S TREK

Elle Morris led a brave team on a nine-day trek to Annapurna Base Camp [ABC] last November to raise funds for Green Pastures Hospital. As well as raising \$13,000 for the hospital's life-saving work, the group were encouraged by visiting a variety of ministries in Pokhara and were humbled and awed by the majesty of creation in the Himalayas. *"The walk required perseverance, grit, and a good sense of humour,"* reflects Elle. *"The whole group left Nepal with a greater appreciation of the needs and incredible admiration for the workers."*



Trekking to Annapurna Base Camp to raise funds for INF's work

NEW STAFF

Early in 2018, INF Australia welcomed two new staff members to the team: **Ben Thurley** [*Relationships Manager*], and **Cherry Mawson** [*Communications Officer*]. They have already been fantastic additions to the team, helping us in our work of growing genuine fellowship between Australian Christians and communities in Nepal.



Ben and Cherry while travelling in Nepal

GENEROSITY

We are very grateful for the generosity of all our supporters. This year we were particularly blessed by a generous bequest made by a former board member that passed away. This gift has enabled INF to hire a fantastic Nepali Christian plastic surgeon at Green Pastures Hospital, to restore and prevent disability.



Loriendale Organic Orchard near Canberra organised a community event to celebrate their apple harvest, raising \$3,500 for Green Pastures Hospital

OUR STATE REPS

We'd also like to take a moment to acknowledge and thank our volunteer State Representatives, who do such a fantastic job promoting INF in their region:

Joy and Barry Payne [*Queensland*]

Nicola and Tom McGunnigle-Hilder [*South Australia*]

Neil and Suzanne Walker [*Tasmania*]

Phil Lindsay and Toni Law [*Western Australia*]

HOW YOU CAN GET INVOLVED

Join us in the coming year to help bring about life in all its fullness for Nepal's poor and disadvantaged people and communities.

PRAY

Prayer is at the heart of all our work. Visit an INF prayer group, host your own, or sign up online for regular news and prayer updates.

DONATE

Donate to our life-saving and life-transforming work through regular giving, a one-off donation, or by naming INF in your Will. Volunteer your skills, time or talents to raise vital funds [all donations to INF Australia are tax-deductible].

JOIN US

Experience Nepal for yourself on a two-week vision trip or fundraising trek. Use your gifts and skills to contribute to our work by serving short-term or long-term in Nepal.

SHARE

Share our story with your friends, family and colleagues by becoming an INF Ambassador, or State/Regional Representative. Invite one of INF Australia's passionate speakers to inspire and inform your church, school or group.

If you'd like to find out more about any of the above, please don't hesitate to contact the INF Australia office at 02 9411 1195 or ausoffice@au.inf.org. Or go to:

WWW.INF.ORG.AU

our FINANCES

Along with prayer and practical service, raising funds to support the work of INF in Nepal is a key part of our mission here in Australia. We are very grateful to all of you who have entrusted us with your money - individuals, families, churches, community groups, corporations and government - thank you.

A simple overview of our finances and how they have been used can be seen on these pages, while more detail can be seen on the following pages, and our full audited financial report is available on request.

Supporters have given generously in the last year and this has enabled us to increase our support for projects in Nepal. Our accounts for the 2018 financial year show a loss of **\$113,803** [2017: **-\$139,823**], but as explained below, this is mainly because we have spent the final instalments of disaster relief funds that were given immediately after the 2015 earthquakes.

The total expenditure directly related to our work in Nepal last year was **\$1,636,963** [2017: **\$1,220,572**], while total income was **\$2,254,000** including a very generous bequest of **\$300,000**. One key change to our accounts this year is that we have estimated the value of the services provided by our volunteers working in Nepal – this is included as ‘non-monetary income and expenditure’. We do this to honour their contribution and show how deeply committed Australian supporters are to the work of INF in Nepal.

These reports are part of how we monitor our work and demonstrate that we are using your funds with integrity and we welcome questions or comments.

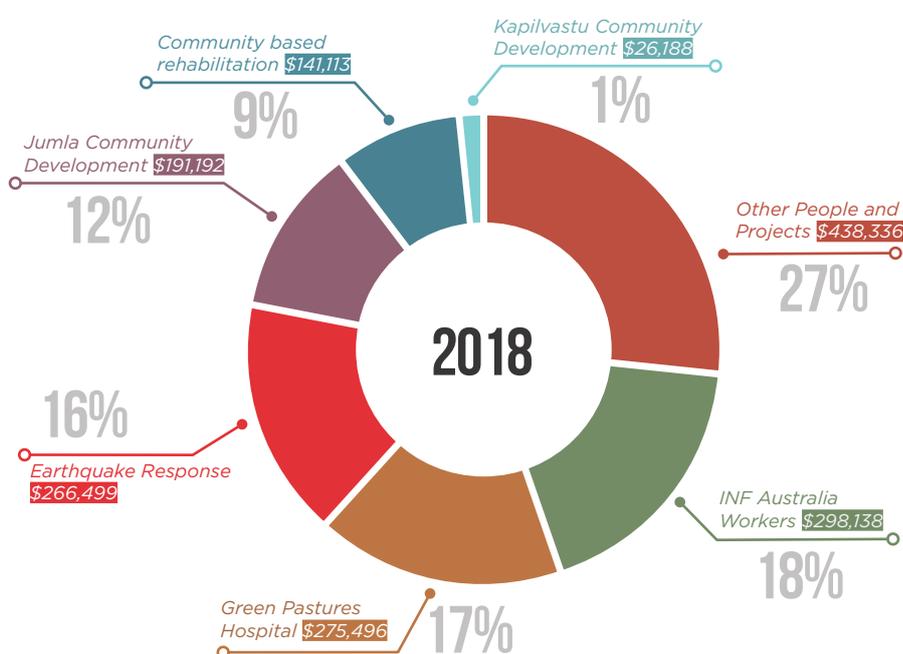
HOW THE MONEY WE SEND TO NEPAL IS USED

The impact of the projects and people supported through INF Australia are described elsewhere in this report, but here is an analysis of how the money we sent was allocated.

EXPENDITURE*	2018
Earthquake Response	\$266,499
Green Pastures Hospital	\$275,496
INF Australia Workers	\$298,138
Jumla Community Development**	\$191,192
Other People and Projects	\$438,336
Community based rehabilitation**	\$141,113
Kapilvastu Community Development	\$26,188
Total	\$1,636,963

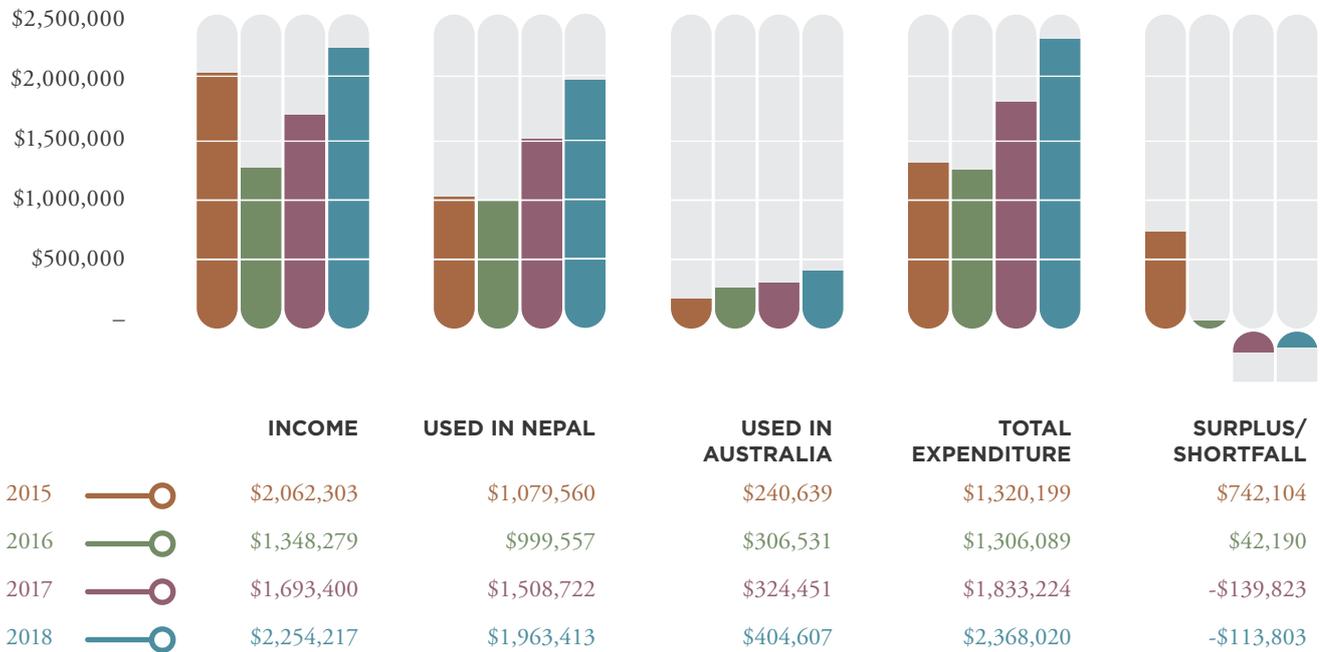
* Excludes non-monetary expenditure

**Recipient of DEAT funds in 2018



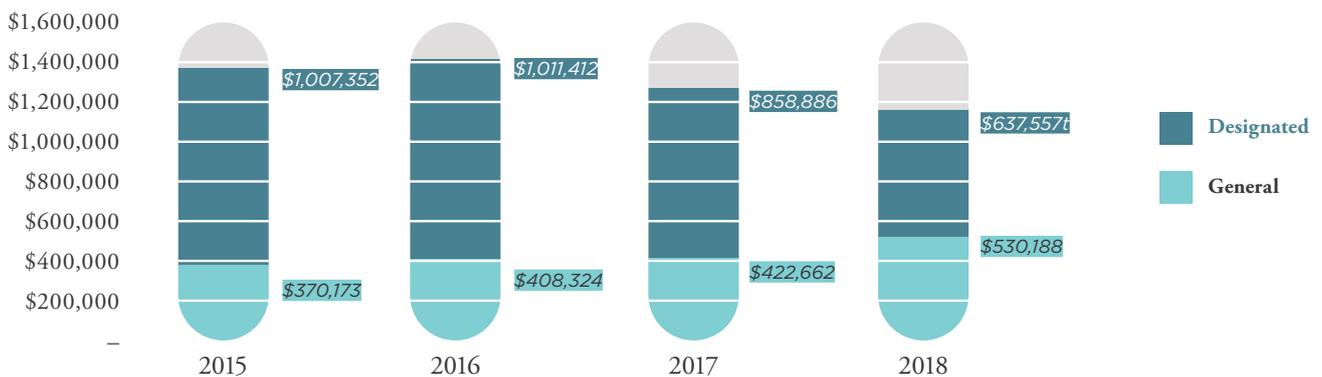
INF AUSTRALIA INCOME AND EXPENDITURE 2015-2018

The following graph shows the funds we received and how they were used.



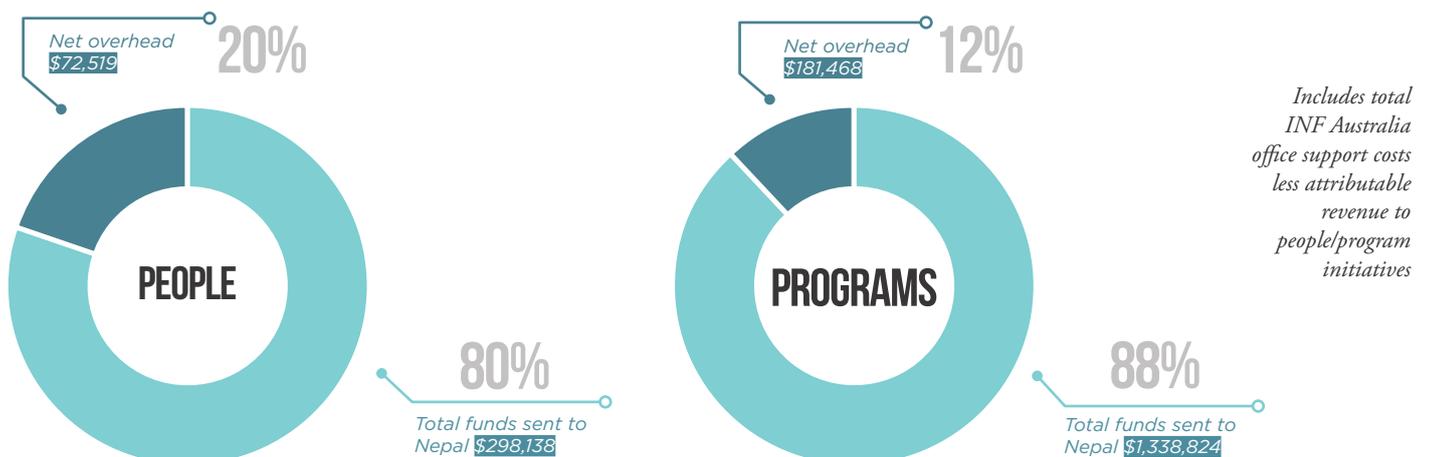
RESERVES

Every donation we receive is given for a purpose, and we make sure we allocate your gifts to the person or project for which they were intended. Some are sent to Nepal straight away, while others are saved until they are needed - these are called designated funds and they allow us to make long term commitments to supporting people and projects in Nepal. The graph below shows what funds we are holding in our reserves, and of that, what money is committed to a specific person or project.



INDIRECT COSTS

In order to support projects or people in Nepal, we need to have systems for receiving and acquitting funds, monitoring how they are spent, equipping and supporting our people to thrive in Nepal [called member care], keeping you informed of their impact and complying with relevant legislation. These are called indirect costs. An estimate of our indirect costs related to supporting people and projects are shown below.



NON-FINANCIAL INCOME AND EXPENDITURE

The work of INF Australia is supported by a large number of volunteers each year. The donated services of specific volunteers have been valued using DFAT guidelines and are recognised in the financial report as “Donations and Gifts – non monetary”.

During the last year, 410 volunteer hours were provided to INF Australia at a commercial value of \$10,472 and architectural design services were donated to the value of \$56,250.

This year, we are including the value of the non-financial contribution provided by INF Australia’s volunteers in Nepal who serve in technical advisory and training roles. We have re-stated our non-financial income and expenditure from 2017 to reflect this volunteer contribution.

	2018	2017
Non-financial contribution in Australia	\$66,722	\$16,602
Non-financial contribution in Nepal	\$326,450	\$288,200
Total	\$393,172	\$304,802

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2017

	2018	2017
CURRENT ASSETS		
Cash and Cash Equivalents	1,202,974	1,129,805
Trade and Other Receivables	9,891	7,481
Inventories	246	2,355
Other Current Assets	1,475	1,475
Other Financial Assets	297	163,361
Total Current Assets	1,214,883	1,304,477
NON-CURRENT ASSETS		
Property, Plant and Equipment	15,983	12,788
Less Accumulated Depreciation	-13,668	-9,971
Total Non-Current Assets	2,316	2,817
Total Assets	1,217,199	1,307,294
CURRENT LIABILITIES		
Trade and Other Payables	21,465	5,700
Current Tax Liabilities	4,942	4,113
Current Provisions	8,245	4,548
Total Current Liabilities	34,652	14,361
Non-current provisions	14,801	11,385
Total Non-Current Liabilities	14,801	11,385
Total Liabilities	49,454	25,746
Net Assets	1,167,745	1,281,548
ACCUMULATED FUNDS AND RESERVES		
General Fund	530,188	422,662
Designated Reserves	637,557	858,886
Total Funds	1,167,745	1,281,548

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2018

	GENERAL FUND	RESERVES - DESIGNATED	TOTAL EQUITY
Balance at 30 June 2016	408,324	1,011,412	1,419,736
Excess of revenue over expenses	14,338	-52,526	-138,188
Other amounts transferred to/[from] reserves	-	-	-
Balance at 30 June 2017	422,662	858,886	1,281,548
Balance at 30 June 2017	422,662	858,886	1,281,548
Excess of revenue over expenses	107,526	-221,329	-113,803
Other amounts transferred to/[from] reserves	-	-	-
Balance at 30 June 2018	530,188	637,557	1,167,745

CASH MOVEMENTS FOR DESIGNATED PURPOSES

DESIGNATED SUPPORT	AVAILABLE AT START OF YEAR	RAISED DURING YEAR	DISBURSED DURING YEAR	AVAILABLE AT END OF YEAR
Domestic Projects	5,588	37,684	-25,595	17,677
Development				
Community Health & Development	338,084	711,787	-726,722	323,149
Disaster Relief	65,103	33,995	-82,591	16,507
Volunteers	55,177	84,025	-69,735	69,467
Service				
Healthcare	9,381	11,830	-11,420	9,791
Disaster Relief	-	30,462	-30,462	-
Other projects	1,160	10,680	-6,735	5,105
Volunteers	111,125	57,500	-59,360	109,265
Welfare				
Healthcare	55,840	271,536	-276,844	50,532
Other projects	663	2,670	-3,334	-
Volunteers	53,491	178,370	-165,103	66,758
Total Designated Support	695,612	1,430,540	-1,457,900	668,251

ACCUMULATED FUNDS AND RESERVES

Memorial Fund	76,442	1,106	-	77,547
Development Fund	77,445	1,614	-	79,059
General Fund	280,306	539,295	-441,485	378,116
Cash Total	1,129,805	1,972,555	-1,889,386	1,202,974

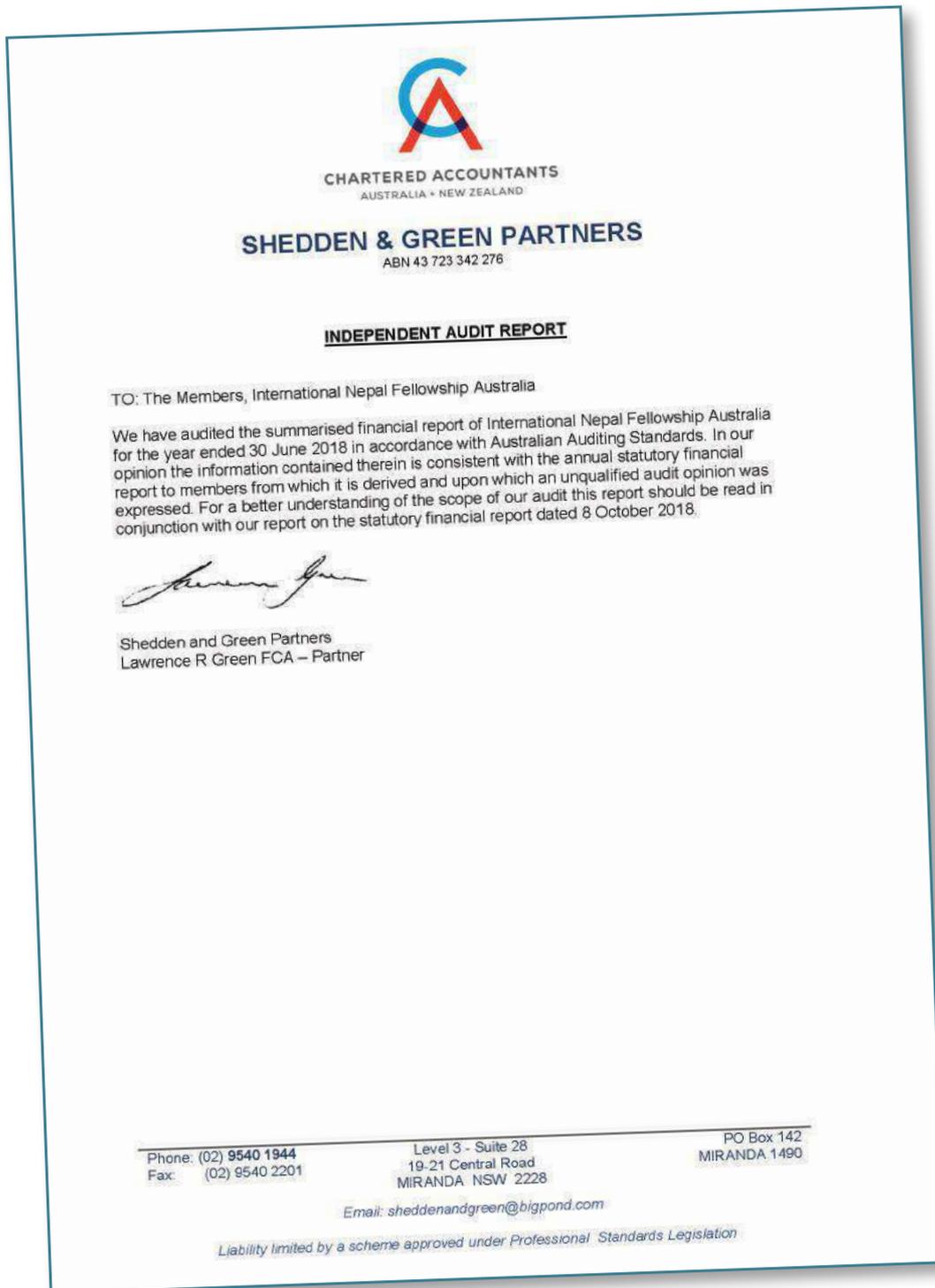
FUNDRAISING RATIOS

Analysis of how we spend the money we are given.

	2018		
Total Costs of Fundraising	42,982	3%	<i>We spend 3% on our public donated income on fundraising [public income does not include interest or grants]</i>
Gross Income from Fundraising	1,586,425		
Net Surplus from Fundraising	1,543,443	97%	<i>Of all public donations, we use 97% in serving the people of Nepal [net surplus is income less cost of fundraising]</i>
Gross Income from Fundraising	1,586,425		
Total Cost of Services	146,590	6%	<i>94% of all costs are directly incurred in aiding Nepal projects and programs [cost of services includes fundraising and administration costs]</i>
Total Expenditure	2,368,020		
Total Cost of Services	146,590	7%	<i>93% of our income is directly assisting Nepal projects and programs</i>
Total Income Received	2,254,217		

auditor's REPORT

INF Australia's accounts are audited each year to make sure they are accurate and comply with accounting standards. We are very grateful to our Auditor, Lawrie Green [MBA, BBus] of Shedden and Green, and to our Treasurer, Matthew Johnson, for their help. The following is an extract the letter audit letter that can be seen on our audited financial statements.



DIRECTORS' DECLARATION

In the opinion of the Directors of The International Nepal Fellowship (Australia) Ltd, the financial statements and notes are in accordance with the Australian Charities and Not-for-Profits Commission Act 2012, give a true and fair view of the financial position as at 30 June 2018 and comply with Australian accounting standards.

On behalf of the Board

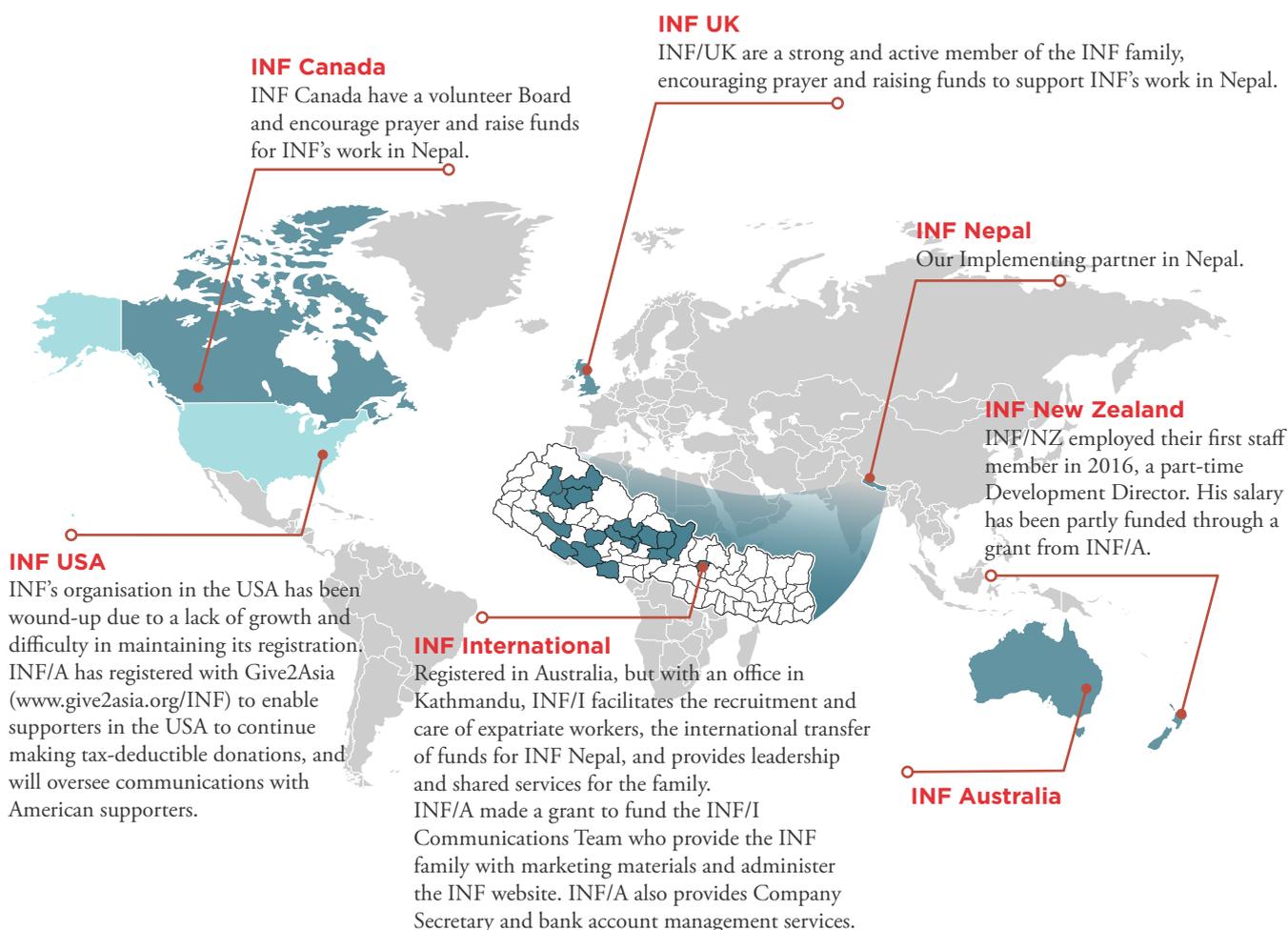
Richard Groves, Chair INF Australia

26th September 2018

INF FAMILY & PARTNERSHIPS

INF is an interdependent, worldwide family of Christian organisations with a common vision of ‘life in all its fullness for Nepal’s poor and disadvantaged people and communities.’

Here is an overview of the family, including how we have been able to contribute over the last year.



INF Australia is accredited by the Department of Foreign Affairs and Trade [DFAT], responsible for managing the Australian Government’s aid program. We receive support through the Australian NGO Cooperation Program [ANCP].



ACFID
MEMBER

INF Australia is a member of the Australian Council For International Development, the peak body for Australian charities involved in international development, and a signatory to their Code of Conduct.



INF Australia is also a member of Missions Interlink, a network of Australian Christian agencies actively engaged together in effective cross-cultural and global mission.



INF Australia is a member of Micah Australia, a movement of Australian Christians raising a powerful voice for justice and a world free from poverty.

GOVERNANCE

INF Australia is committed to **honesty, integrity** and **transparency**. This is established through our culture and values, and overseen by our Members, Board, and committees. We are thankful to all those who use their gifts, skills, time and resources to serve with INF in Australia.

OUR MEMBERS

Members play a key role in our constitution, appointing Board Members, approving our financial report and holding our organisation to account, as well as praying for INF and supporting in other ways. At June 2018, we had 105 Members.

INF AUSTRALIA BOARD

The Board are responsible for 'governance', that is, ensuring that we operate lawfully and are run in an accountable and responsible way.

Current Members are **Richard Groves** [*Chair*], **Matthew Johnson** [*Treasurer*], **Uendra Singh**, **Rudra Paudel**, **Kerrie Worboys**, **Catherine Clark**, **William Hood**, and **Nicola McGunnigle**.

PROJECT COMMITTEES

- The **Relief Fund Committee** oversee the 'Development' projects we support, reviewing proposals and reports, monitoring the use of DFAT funds and making recommendations to the Board. Ensuring the separation of development and non-development activities is a key part of their role. Current Members are **Russ Hancock** [*Secretary*], **Philip Morris**, **Hannah Ireland**, **Zoe Cleasby**, **Ming WTY** and **Kylie Colville**.
- The **Service and Welfare Partnerships Committee** oversee the Welfare [health related] and Service [ministry related] activities that we support. Current Members are **Russ Hancock** [*Secretary*], **Philip Morris**, **Kerrie Worboys**, **Glen Hadfield**, **Peggy Franks** and **Catherine Clarke**.

FINANCE AND RISK COMMITTEE

The Finance and Risk Committee review our accounts and risk register, making recommendations to the Board. Current Members are **Richard Groves** [*Chair*], **Matthew Johnson**, **Ravi Underwood** and **Philip Morris**.

OUR STAFF

Philip Morris [*CEO*], **Jin Sim Lee** [*Office Manager / Company Secretary*], **Ben Thurley** [*Relationships Manager*], **Russ Hancock** [*Nepal Programs Manager*], **Alex Barwick** [*Communications Editor*], **Cherry Mawson** [*Communications Officer*].

COMMENTS & COMPLAINTS

We welcome feedback on our work. Comments can be sent to ausoffice@au.inf.org.

If you would like to make a complaint, you can find our Complaints Handling Policy at www.inf.org.au, or complaints can be emailed to the INF Australia CEO [ceo@au.inf.org] or Chair [chair@au.inf.org].

If you believe we have breached the ACFID Code of Conduct, information about how to make a complaint can be found at www.acfid.asn.au.

MONITORING & EVALUATION

A key part of our relationship with INF in Nepal is helping them to accurately monitor and evaluate their activities to ensure that projects are benefitting those in need and we are learning and improving. This year we helped INF Nepal to develop a new framework for tracking and measuring the impact of its work and we will continue to support that in the coming year.

We also funded an evaluation of the GRACE earthquake response project which found that the project was very effective in rebuilding homes for people with disability, but also gave some recommendations for how the work could be improved. The full evaluation report can be found on our website.





INF's VALUES

LOVE

God's love compels us to reach out to others

SERVICE

Serving others, as Jesus did

COMPASSION

Having compassion for poor and marginalised people

FORGIVENESS

Having forgiveness for each other

EQUALITY

Treating people equally, as all have equal worth

JUSTICE

Seeking justice, especially for poor and marginalised people

RECONCILIATION

Striving for right relationships between people and God

HONESTY

Being honest as an organisation and as individuals

EXCELLENCE

Striving for excellence in our work

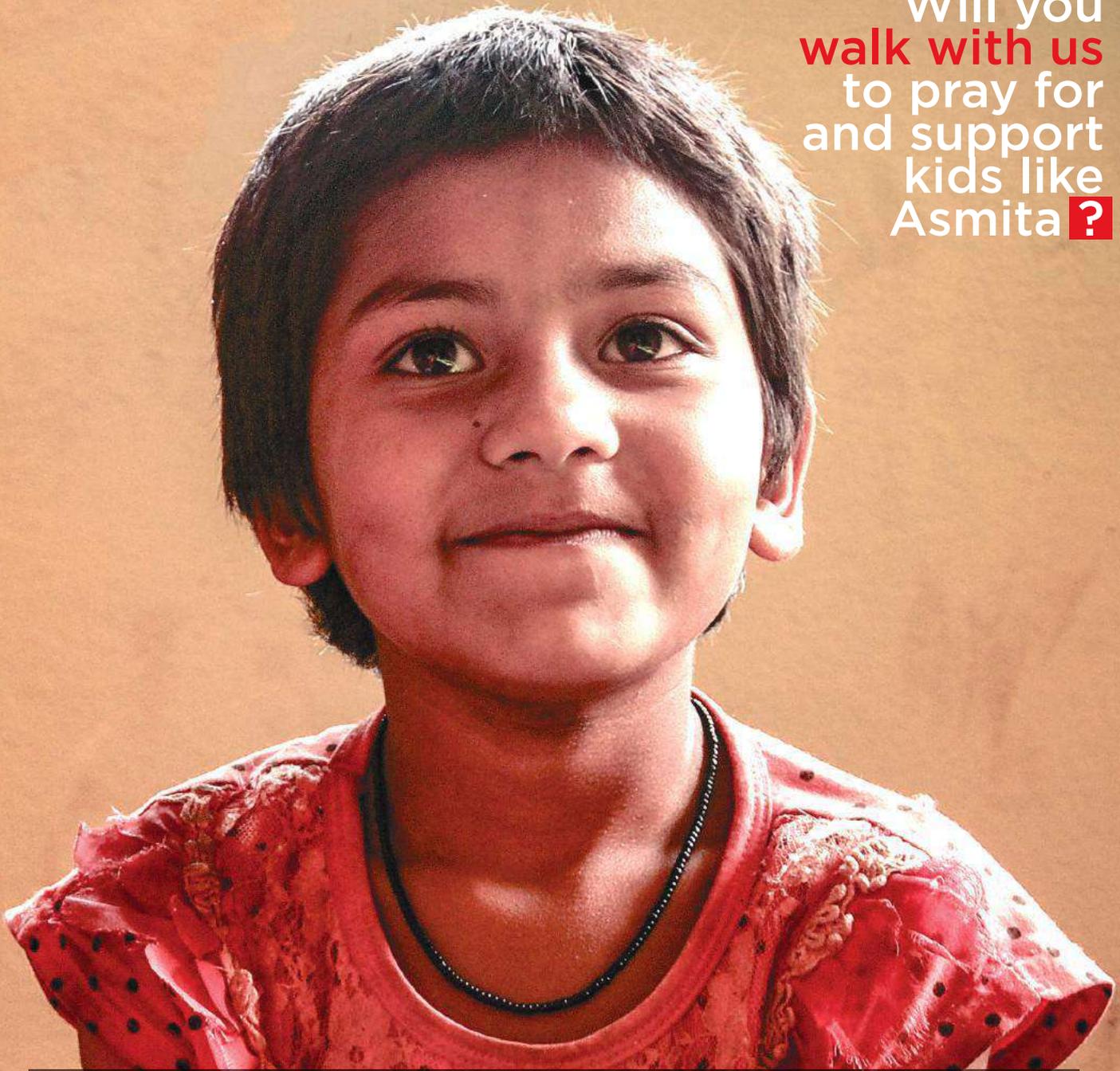
JOY

Being joyful because of our relationship with God

HOPE

Bringing hope to hopeless people





Will you
walk with us
to pray for
and support
kids like
Asmita **?**

With INF's support, Asmita [an orphan] is continuing education to reach her full potential. Following a devastating earthquake, INF worked in partnership with the government to rebuild accessible and disaster-resilient live-in hostels so that students from remote areas in need of particular support can still attend school.



a Christian mission
serving the physical
and spiritual needs
of Nepali people

INF AUSTRALIA

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