



INF Australia Vision Trip – January 2020

Receive | Renew | Refresh

INF Australia's January 2020 Vision trip will help participants to:

- *Receive* greater understanding of the challenges of poverty, Christian community development and God's work among churches and communities in Nepal,. Experience Nepali culture and hospitality.
- *Renew* your mind and challenge your perspective as you learn from Nepali Christians, INF's passionate staff & volunteers, and the communities which grapple each day with poverty and injustice.
- *Refresh* your relationship with God and with global sisters, brothers and neighbours. Foster a new commitment to walk humbly with God, to love mercy and to act for justice in the world.

Led by an experienced facilitator who has lived and worked in Nepal, the trip is suitable for tertiary students, young adults and for family groups with children around ten years of age or older.

Orientation and debriefing sessions will be held in Sydney, and via video meetings for those in other locations.

Complete your application at inf.org/visiontrips or contact the INF Australia office for more details: ausoffice@au.inf.org or 02 9411 1195.



About the *Vision Trip*

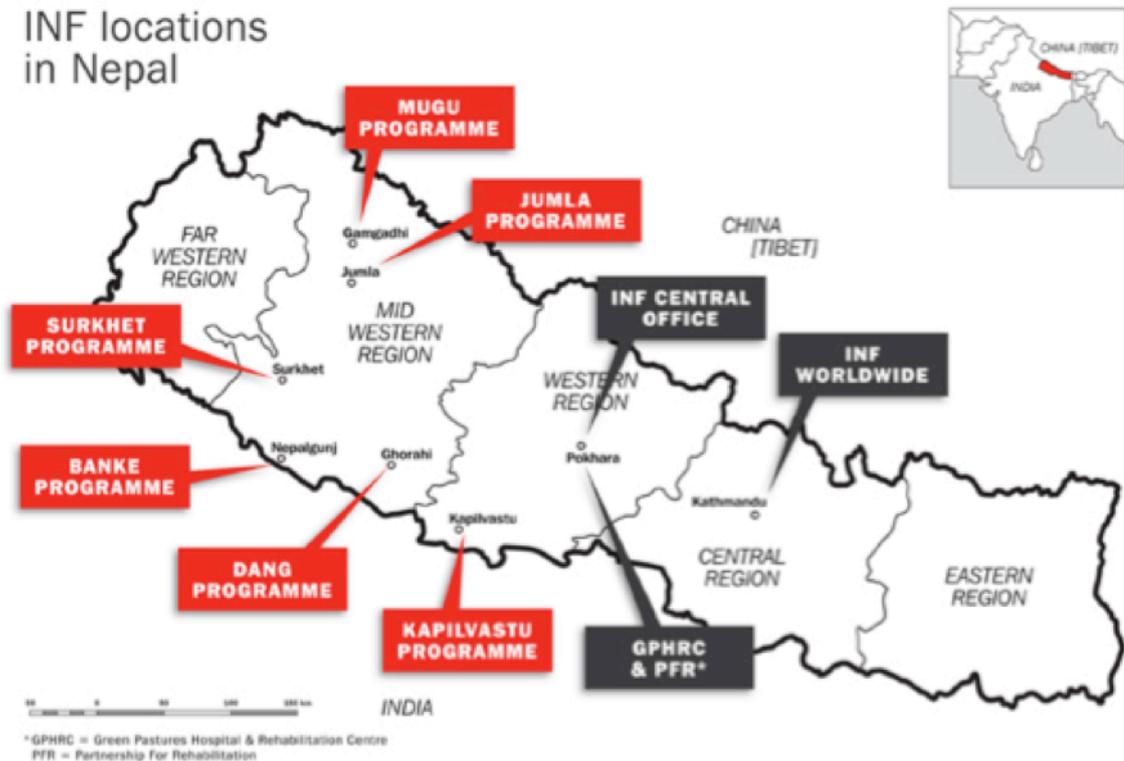
Cost: \$1,800 (excluding international flights) – including all internal travel, accommodation, meals, & site entries

Dates: 3 January – 17 January 2020

Highlights:

- exposure to INF's transformational work with poor and disaster-affected communities, with mothers and children and with people with disabilities
- optional village home stay with Nepalese families
- opportunity for half-day volunteering alongside patients at Green Pastures Hospital farm
- fellowship with Nepalese church communities
- visits to significant historic sites for Nepal's Hindu and Buddhist religious traditions
- time to revel in the natural beauty and majesty of Nepal as well as the warmth and hospitality of Nepalese culture

INF locations in Nepal



Proposed Itinerary

3 – 5 January	<p>Kathmandu & Bhaktapur</p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> • Visiting Pashupatinath – the oldest Hindu temple in Kathmandu – and Bhaktapur Durbar Square – a world heritage site of historic temples and palaces • Experiencing Nepali church and local Christian ministries • Nepali language learning
6 – 7 January	<p>Bhairawa & Kapilvastu</p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> • Visiting Lumbini – the birthplace of the Buddha • Experiencing INF’s community health & development work among marginalised communities
8 – 10 January	<p>Nepalgunj and Raptipari</p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> • Home-stay opportunities with families in the communities INF serves • Experiencing INF’s life-saving maternal & child health work, and transformational community based rehabilitation for people with disabilities
11–15 January	<p>Pokhara</p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> • Half-day volunteering alongside long-term leprosy patients at Green Pastures Hospital farm • Meeting INF Australia expatriate workers & visiting INF’s pioneering Green Pastures Hospital • Experiencing the stunning sights and attractions of Pokhara and the Annapurna range • Day for rest and reflection
16 January	<p>Kathmandu</p> <p><i>Highlights:</i></p> <ul style="list-style-type: none"> • Fair trade & bazaar shopping • Farewells