

INF NEPAL UPDATES

Issue 9 | April 2019



Greetings and welcome to the INF Nepal Updates.

Some of the major events that took place last month were model house handover under SHELTER project, GRACE phase out process including the handover of Self Help Group [SHGs] to the local communities in Gorkha. INF Nepal DRRD team response to the windstorm hit districts.

Last month we also bid farewell to Arvind Kushwaha who has served INF Nepal for 27 years.

Read below for more.

KASKI COMMUNITY CLUSTER UPDATES

- The devastating earthquake of 2015 was extensive with 90% of houses and 90% of the schools and health service centres being destroyed. Going beyond initial relief, INF Nepal committed to partner with Gorkha's affected community for long term support through Gorkha Rehabilitation and Community Empowerment Project [GRACE]. For the past four years INF Nepal GRACE project has been facilitating long term recovery and rehabilitation. It has provided people with disabilities [PWDs] the support they need to reconstruct their homes, educate children with disabilities [CWDs], and earn an income putting PWDs themselves at forefront of rebuilding their homes of and moving toward the resilient future.



Special need kids happily standing in front of newly built school hostel in Gorkha

GRACE HIGHLIGHTS



2000 IMMEDIATE HOUSEHOLD RELIEF TO EARTHQUAKE VICTIMS



119 TEMPORARY LEARNING CENTRES CONSTRUCTED



5 RESOURCE SCHOOLS & HOSTELS BUILT FOR CHILDREN WITH DISABILITIES



67 SELF-HELP GROUPS [SHGs] FORMED IN TEN VDC



100 INFRASTRUCTURE MODIFICATIONS FOR ACCESSIBILITY



105 INDIVIDUAL HOUSES RECONSTRUCTED POST-EARTHQUAKE



1500 PEOPLE USED SMALL GRANTS AND LOANS TO GROW AND ESTABLISH BUSINESSES

Model houses handed over

- INF Kaski Community Cluster handed over 27 earthquake resistant and disability friendly model houses to earthquake victims and disadvantaged people in Dordi RM, Lamjung.
- Honourable Dev Gurung** Federal Parliamentary Member of Nepal Communist Party and Chief-Whip was the guest of honour who was very impressed by the work and thanked INF Nepal.



27

CONSTRUCTION OF MODEL HOUSES



150

PEOPLE WERE GIVEN MASON TRAINING



3500

PEOPLE WERE GIVEN ORIENTATION TRAINING ON RESILIENT TECHNOLOGY

News about the handover featured in various national newspapers

Physiotherapy service in Kathekhola

- INF Nepal Kaski Community Cluster [KCC] has supported the set-up of a physiotherapy service at the local Health Post in Kathekhola Rural Municipality, Baglung. This will benefit people with the disabilities, children and elderly people in the region. INF Nepal KCC's Community Based Rehabilitation project provided 12 medical equipments which included ultrasound, tents, heating pad, shoulder wheel etc.



3

PHYSIOTHERAPY SERVICES INITIATED IN THREE GOVERNMENT HEALTH CENTRES



18

PRIMARY REHABILITATION THERAPY TRAININGS



61

SHGs WERE EMPOWERED AND LINKED TO SAVING AND CREDIT COOPERATIVES

SHGs handover taking place

- 67 SHGs were formed under GRACE of which 56 SHGs have been handed over to local communities in Gorkha. The handover process included formally handing over SHGs to respective ward; and distribution of disaster survival kits to SHGs.
- During the handover process government officials of different wards praised the work of INF Nepal and made the commitment to further support the SHGs.



Engage disability conference

- From 10–12 April, 117 participants attended the Engage Disability Conference-2019 in Kurintar, Gorkha. The aim of the conference was to minimise the marginalisation. INF staff members **Dr Suraj Maharjan, Ram Khanal, Megan Barker** were among the facilitators.



Dr Suraj during session at conference

Surkhet Outreach Camp



- A Skin and leprosy outreach camp was held at Simta Rural Municipality area of Surkhet district from 7–11 April. The outreach camp was a part of project activity “**Enhance Government Health Worker’s Capacity & Mobilisation of FCHVs for Leprosy Free Community**” supported by ECHO International & INF UK respectively. The objective of outreach camp was to enhance the capacity of female community health volunteers [FCHVs] by helping them detect early cases of leprosy and also identify people in the community with untreated leprosy. The outreach camp was conducted in coordination and collaboration with the Health Section of Simta Rural Municipality.
- On the first day leprosy orientation training was given to FCHVs of 4 health posts in Goreta, Kaphalkot, Rakam and Kaprichaur. The orientation training was conducted in two centres Community Health Unit Bankharka and at Rakam Health Post. A total of 37 FCHVs participated in the training and later conducted door-to-door visits in the community to identify suspect cases of leprosy and refer them to the outreach camps. A short orientation was also provided to the Health Post in-charges of four health posts. The outreach screening camp took place at Bankharka Community Health Post from 8-9 April and Rakam Health Post from 10-11 April. Altogether 494 people were screened for leprosy at two camps in Simta Rural Municipality, Surkhet. A total of two cases from Bankharka were identified and confirmed as leprosy and two other cases were kept on observation.

Felicitations to Clive Thomas

- Clive Thomas**, ICT Advisor of INF International was felicitated jointly by **Krishna Adhikari**, Executive Director of INF Nepal and **Chris Drew**, Nepal Country Director of INF International for supporting INF by hosting its website **www.inf.org** at Chautara Ltd- a non profit company which Clive has run for the last 15 years. We are thankful to Thomases.



Agreement signed with the local government

- INF Nepal signed an agreement with the local government of ward no.15 to run a city health centre fully equipped with laboratory. Agreement was signed by **Krishna Adhikari** *Executive Director of INF Nepal* and **Prakash Paudel** *Ward Chairperson of ward no.15.*



Final evaluation of rain water harvesting project

- Rain Water Harvesting for Sustainable Agriculture Project [RWHSAP] was designed and run by INF Nepal Bajura from April 2018 to March 2019 in Swamikartik Khapar RM of Bajura district. The main goal of the project was "sustainable improvement of the agricultural resilience and livelihoods of the target communities." Agricultural production will increase through better irrigation and farming techniques, improved marketing and support to overcome drought or other disaster induced by climate change.
- Final evaluation carried out by **Arvinda Kushwaha** *Technical Consultant* in May 2019.



Visit to Canada

- **Nirmala BM**, *Hospital Manager at INF Nepal Shining Hospital Banke* visited Canada from 29 March to 9 April. She attended a three-day **Presbyterian World Service & Development [PWS&D]** Committee meeting as the southern partner representative. She visited various church Congregational Engagement Programmes and met with key stakeholders. She also attended public conferences and meetings for professional development and spoke on developmental issues related to hospital work.



Visit to Jumla

- During the week of 7th April **Dr Inge Baumann-May** along with **Neil May** visited Jumla to spend time with the child nutrition team for project monitoring and capacity building. As the project will be phasing out this year, sustainability planning was also discussed. She cheerfully summed up the visit by saying, "It was a fruitful time of learning and sharing and attending the annual picnic was an added bonus".



Theory of Change workshop

- The workshop was held in INF Nepal central office from 3-5 April. **Jael Dharamsingh** from BMS World Mission, facilitated the workshops. It was a great opportunity for all the participants to improve their knowledge and understanding of Theory of Change and how it applies to our project work, especially in project designing and Monitoring, Evaluation Learning [MEL].



Workshop participants

Staff Self-Care Support Programme

- Ming Raj [Amos] Gurung**, *Holistic Officer* and **Neil May**, *Group Therapist* visited different INF Nepal offices to assess the **Staff Self Care Support Programme [SSCSP]**. The objective of this initiative was to develop a personnel support programme accessible to all INF Nepal staff members.



Amos and Neil with Rolpa team



Amos and Neil with Dang team



Amos and Neil with Kapilvastu team

FAREWELL TO ARVIND

- Last month we bid farewell to **Arvind Kushwaha** who served with INF Nepal for the 27 years.
- Arvind has made a significant contribution to our community development work, serving in different roles and capacities.
- This farewell marks the significant years of your service; we applaud the determination, perseverance, and effort you have demonstrated during your time with us.
- Arvind thanked INF Nepal all the opportunities given to serve the people of Nepal and for helping him to grow as a person and as a professional.
- May God continue His blessings on him and his family in the days to come wherever he goes. Thank you for your expertise and passion for the most vulnerable people and communities in the country.
- Find more photos of the farewell programme at ICO here: <https://bit.ly/2WdyX9E>



Arvind with ICO team



Arvind with Banke team

Advance course on Cerebral Palsy

- INF Nepal Green Pastures Hospital under collaboration with Adelante Rehabilitation Centre and Fair Project, Netherlands, conducted five-days advance course on communications, eating, and drinking for children with Cerebral Palsy from 22-26 April at GPH Complex Pokhara.
- A total of 28 professionals participated on the training session, which included physiotherapists, paediatrician, speech therapist, occupational therapist, doctors, community-based rehabilitation staffs and other professionals from the different organisation from different parts of Nepal. Alongside ten children with cerebral palsy with their parents also participated in the training course.



Ear outreach camps

- Two ear outreach camps were held in Burtibang, Baglung and Harinas, Syangja. A Team of medical doctors with ear care providers including public health professionals and other supporting staff were involved. A total of 665 people benefited from these camp.



Ear outreach camp at Baglung



Ear outreach team



Ear outreach camp at Syangja

Prize distribution to the photo contest winner

- Prize distribution to the winning teams of Photo Contest organised during the International Women's Day by INF Nepal technical team in support of the Comms department.

To read more about the photo contest please visit:

<https://www.inf.org/news/photo-contest-result/>



winner-Mugu team



1st runner up-GPH funding and finance



2nd runner up-Engineering team

Response in Bara and Parsa

- On 31st March, the districts of Bara and Parsa in southern Nepal were struck by strong rainstorms and massive winds, killing at least twenty-eight people and injuring over six hundred. Most of the deaths were caused by the collapse of infrastructure which could have been prevented beforehand.
- Despite these districts not being INF working areas, INF's Disaster Response and Resilience Department [DRRD] was able to quickly respond and join in the relief efforts. In coordination with local government, they distributed three hundred sets of hygiene kits to people affected by the disaster. Promoting hygiene is vital in emergency response work to prevent the outbreak of disease.



FEATURED STAFF FOR THIS ISSUE

HEMA CHAUDHARY



Hema is *Staff Nurse* at INF Nepal Shining Hospital Surkhet. She has been working in INF Nepal for last nine years. As a committed staff nurse she has been providing hands-on basic and specialized care to patients. She has significant responsibility as the unit head for nursing service.

Please join with us to pray for Hema as her work is physically and mentally demanding. May God continue to use her to serve with compassion, patience and give her the ability to deal with stressful situations.

NILU SUNAR



Nilu works as *Support Staff* at INF Nepal Shining Hospital Surkhet. He joined INF Nepal as a Kitchen Gardener on 2003. He is very hardworking and committed towards his work. Nilu is currently responsible for the maintenance and care of the office garden, work on the kitchen garden and demonstrates self-care to clients on how to do safe farming activity. He has created a pleasant environment around the office by growing many varieties of flowers. He also grows vegetables in the grounds for office use and sells them to generate income for the office. He is a person affected by leprosy. He has a family with his loving wife and four children.

Please join with us to pray for Nilu for his health and his work as he continues to be blessings and inspiration for many.

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