Greetings and welcome to the INF Nepal Updates. Last month several important visits and events took place. Some of the highlights were the visit of the ED to Germany and Norway to meet our partner organisations, disaster mock-up drills by DRRD in Banke and Surkhet and the participation of INF staff in the Women Deliver Conference in Canada.

Read below for more.

BUILDING RELATIONSHIPS

Krishna Adhikari Executive Director of INF Nepal and Thomas Meier Partnership Director visited Germany to meet with partner organisations. They participated in the 40th anniversary of Humedica eV. They visited many other partner organisations such as CFI, World Mission, Terratech eV in Germany. They also shared the work of INF at the Forum Wiedenest.

Krishna later visited Norway and met with Himal Partner before returning to Nepal.

Fistula Day

On the occasion of the International Day to End Obstetric Fistula, "Mayako Naya Sari" - a short film made by INF was telecast on national TV AP1 HD on 23 May.

Link for the video: https://bit.ly/2KBQPFR

Gynaecology Camp

A seven days long gynaecology camp has been successfully conducted in Salyan District Hospital by INF Nepal in collaboration with Karnali Academy of Health Sciences [KAHS] Jumla and District Hospital Salyan on 19-25 May 2019. In the camp a total of 256 women were treated and 23 Vaginal Hysterectomy [VH] surgeries were performed. The surgery team was led by gynaecologist Dr Rajiv Shah of KAHS Jumla and the overall gynaecology camp was led by Rajendra Sunar Clinical and Outreach Manager. Through gynaecological outreach, many women from remote places have benefited and have received treatment for their conditions. Women mostly from Sharda, Baghchaur, Tribeni Municipalities and, Chatreshwari Rural Municipality areas of Salyan district visited the camp and were able to access the gynaecological service in their own district.

Wheelchair Distribution

As the part of the ‘Wheelchair Project for INF Hospitals’ funded by INF UK, Green Pastures Hospital organized four days Wheelchair Distribution Camp during 26-29 May 2019 at Shining Hospital Banke’s premises in close coordination with Banke Community Based Rehabilitation [CBR] team. 30 wheelchairs were distributed during the camp to patients sustaining Spinal Cord Injury, children with Cerebral Palsy and persons with disabilities due to Polio and Muscular Dystrophy.

The organizer team is hopeful that the patients having received the wheelchair can have better mobility and have access to financial and social opportunities. Benefiting clients are hugely grateful for gaining more mobility.
**International Nurses Day**

Green Pastures Hospital celebrated International Nurses Day on 12th of May with the theme of **NURSES: A VOICE TO LEAD - HEALTH FOR ALL**. An introductory speech on the importance of Nurses Day celebrations was given by GPH, **Mrs Karuna Tamang Gurung**, Nursing Superintendent of GPH followed by best wishes and motivational speeches delivered by the programme guests. The programme included a group song and a dance performance by GPH nurses.

**DRRD Update**

INF Nepal Disaster Response and Resilience Department along with INF Nepal Shining Hospital Banke and Surkhet jointly organised a temporary shelter making training and Hospital Disaster mock drills in Banke and Surkhet separately that had helped the community volunteers and hospital staff members to better prepare during the disaster and emergency.

**IIFS Update**

IIFS has taken initiation to start Apiculture in its farm. After detailed exposure study in Kathmandu, IIFS has brought 25 Malifera Beehives from Chitwan for the purpose. The European dark bee [Apis Melifera] is a subspecies of the western honey bee, whose original range stretched from west-central Russia through Northern Europe and probably down to the Iberian Peninsula. IIFS will soon produce the healthy honey in the farm.

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Women Deliver Conference 2019

Dr Inge Baumann-May Public health advisor and Shakuntala Subedi Gender Officer attended the Women Deliver Conference 2019 in Vancouver, Canada. The conference is held prioritising on gender equality and the health, rights, and well-being of girls and women in the 21st century.

Staff Self-Care Support Programme [Contd...]

Ming Raj [Amos] Gurung, Holistic Officer and Neil May, Group Therapist made the second phase visit from 24-29 May to INF Nepal Banke branch office and Surkhet branch office for the Staff Self-Care Support Programme [SSCSP]. The objective of this initiative was to develop an ongoing support personal support program accessible to all INF Nepal staff. They visited the cluster staff, hospital staff, community mobiliser and facilitators of Banke MNCH project and CBR project.
**TRAININGS**

**PEARL Monitoring**

Four-day long training on PEARL Monitoring was held from 21-24 May 2019 in Nepalgunj. The training was organized for board members and staff of Cooperatives. Total of 14 people participated in the training.

PEARLS stand for P=Protection, E=Effective Financial Structure, A=Assets Quality, R=Rate of return and cost, L= Liquidity, S= Sign of grout.

The main objectives of the PEARLS monitoring training were as follows;

- To enhance the capacity of cooperative members and staff for effective monitoring
- To enable them to perform an effective analysis of financial situation.

**Proposal Writing Training**

INF Nepal Banke Branch successfully conducted three-days Proposal writing training for board member and staff of LPO Sahayogi Sanjal Nepal from Raptisonari Rural Municipality wards no. 5 Banke. The training was held from 3-5 June 2019 at INF Banke Office. There were six participants for the training. The objective of the training was to enhance the capacity of members and staff of Local Partner organisation on proposal writing.

**Doll and Cushion Making Training**

Three-month doll and cushion making training was successfully completed by INF Nepal’s Anti Human Trafficking [AHT] Project in Banke Office. It was one of the activity of AHT Regular project funded by Interact Asia. Six women have been benefited by this training.
DONOR VISITS

INF Australia

Russ Hancock Nepal Programs Manager, Steve Barnett Australia Programs Manager and Cherry Mawson Australia and Nepal Programs Officer from INF Australia visited Nepal. The purpose of visit was to get updates on INF Australia’s supported projects such as Kapilvastu CHD project, WEAL Jumla project, EDUCATE Rolpa project, POWER project; discuss the funding situations and also to introduce their new staff member Steve to the INF Nepal colleagues.

Tear Australia

Paul Hansen International Program Officer and Joshua Glover Intern from TEAR Australia visited Nepal to gain a better understanding of how INF’s Kapilvastu project is progressing, including challenges unique to the area, to discuss the revised proposal of CHD Kapilvastu, to get updated on changes that are being taking place in INF and go over a range of mutual organisational issues.
INF Nepal has been serving to some of the most remote communities of Nepal where struggles are real and life is challenging. Many communities are even difficult to access. Mugu and Bajura are some of those remote communities INF Nepal works with, a mountainous landscape and low socio-economic status leave people of these communities vulnerable. In midst of this ever increasing challenges, INF Nepal staff has been reaching out to these communities with the heart of INF vision “Life in all its fullness for Nepal’s poor and disadvantaged” by reflecting the love and hope. Praise God for their commitment, and pray for God’s continued guidance. In this issue of May, INF Nepal would like to acknowledge the work of all the INF staff working in these remote communities and serving relentlessly. Today we would like to feature two staff Amar Raj Roka and Singhadal Baduwal who has been working in Bajura and Mugu district.

Amar Raj Roka is a Team Leader of INF Nepal Bajura Branch under IDEAL Project. He joined INF Nepal in 2006 as a Para Medical worker for TB Leprosy Project [TLP] Surkhet. He has experience working in clinical department and CHD projects in Surkhet, Dang and Nepalgunj. Currently, he is working in Bajura for the sustainable improvements of poor and disadvantaged people of Himali Rural Municipality, Rugin, a very remote village of Bajura.

Singhadal Baduwal is a Team Leader of INF Nepal Mugu Branch under IDEAL Project. He joined INF Nepal nine years ago [2011] as CHD facilitator under Mountain Livelihood Project [MLP] in Mugu district. He currently works in Soru Rural Municipality of Mugu district. Please pray with us for Singhadal for encouragement and focus as he serves in these remote communities.

Please pray with us for Amar and Singhadal for God’s protection and wisdom as they reach out to the people in these remote communities. Pray for God’s guidance and provision as they juggle their work and family commitments. Pray that they and their families will be in good health, that they may be a blessing to many people. May God use them to Bless the vulnerable, the poor, the sick and forgotten. May God enable them to serve faithfully, with love and with compassion.

COMING SOON...
A video on GRACE

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