

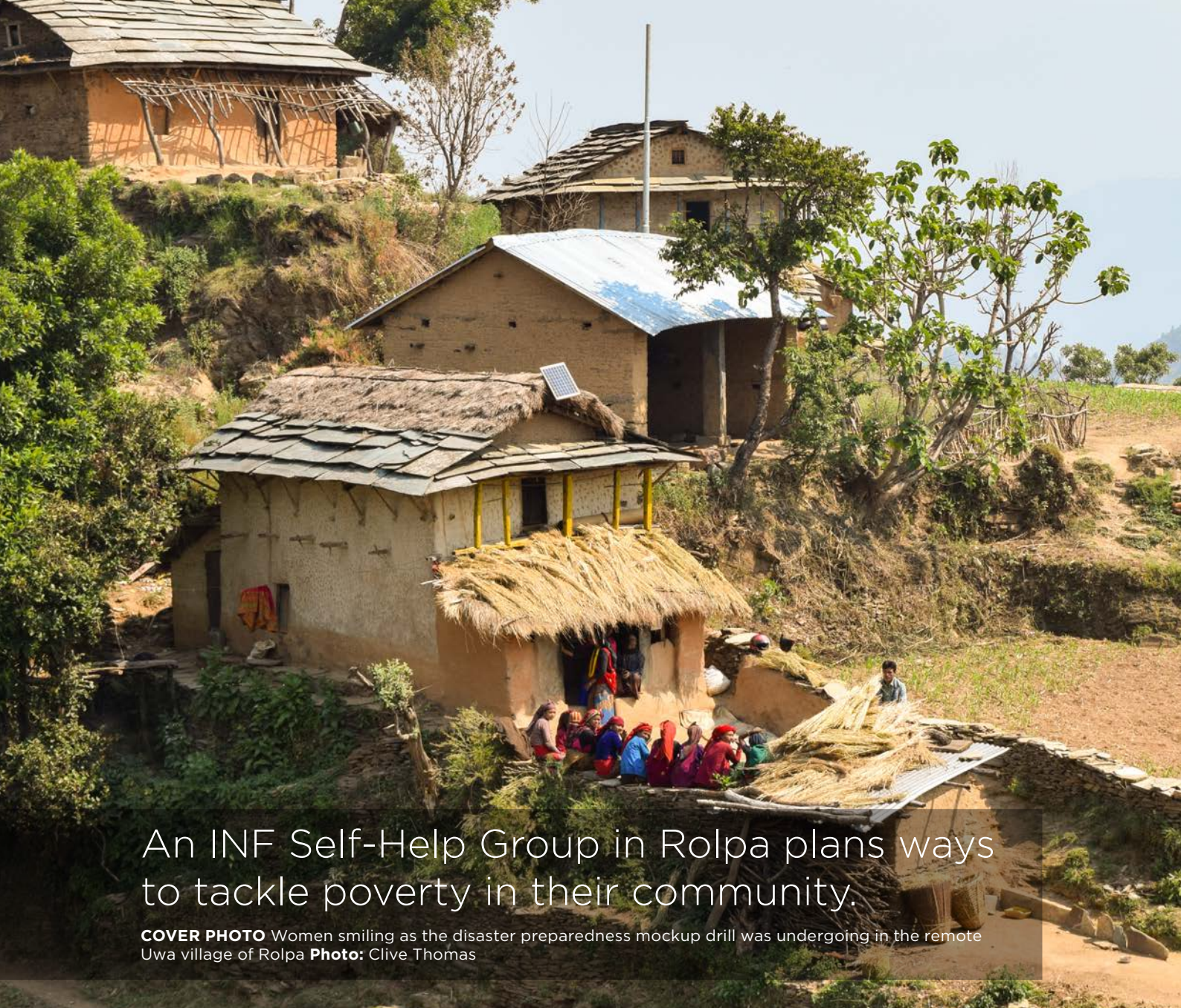


**International Nepal Fellowship Ltd [INF International]**

**ABN: 34 114 162 042**

# Annual Report

**2018/19**



## An INF Self-Help Group in Rolpa plans ways to tackle poverty in their community.

**COVER PHOTO** Women smiling as the disaster preparedness mockup drill was undergoing in the remote Uwa village of Rolpa **Photo:** Clive Thomas

### COMMENTS FROM THE CHAIR

Phil Lindsay

In the past year two separate research projects have looked at the history of INF.

The first project asked people in Myagdi District what had helped bring about change in the community over the past 20-30 years. The community members mentioned INF as a significant influence in bringing about positive change. The second research project was exploring the change process within INF that resulted in the creation of INF Nepal. Both projects show different aspects of INF's work. The first is in helping communities bring about positive change in their lives; helping people experience life to the full. The other is in ordered change within the INF organisation to enable and support the most effective work in health and livelihoods.

The past year has seen some significant changes within INF International as we seek to support the work of INF Nepal.



A change in the structure of the Board has enabled INF International to fulfil its governance and support functions and help the INF family "own" the work of INF International in more practical ways. I would like to thank the outgoing board members for their service, contribution to the life and governance of INF, and their wise counsel.

People and communities are the focus of INF's work, and having the right people is a critical element of INF's work.

The Board of INF International and wider family of INF said goodbye and thank you to two significant people in the past year.

Alastair Seaman ended his term as International Director in December 2018. His wise leadership of the organisation, his

## OUR PURPOSE

INF International exists to bring about our vision for “life in all its fullness for Nepal’s poor and disadvantaged people.” We do this by:

- Serving the INF family and supporting INF Nepal in carrying out its mission;
- Fulfilling the terms of our agreements with the Government of Nepal;
- Facilitating the recruitment of expatriate workers for INF Nepal and ensuring they are supported and able to thrive; and
- Promoting the work of INF around the world and supporting international fundraising.

This work is carried out in Australia and Nepal.



Reconstructive surgery has increased at Green Pastures Hospital in the last year, bringing hope and healing to many people. **Photo:** Sagar Malla

love of Nepal and Nepali people, and his desire to build and strengthen relationships within the INF family was greatly valued and appreciated. We thank him for his five years of service as International Director.

Chris Drew, along with his family, left INF in July 2019 after ably serving for five years as Nepal Country Director of INF International. Chris led the Kathmandu team with care, capably supported the expatriate team and was a valued support to the INF Nepal leadership and Board. Chris also managed a difficult and painful reduction in staff in the Nepal Country Office to provide for a more financially sustainable organisation that could maximise the funding that was directed towards supporting the expatriate team and the work of INF Nepal.

The Board is also pleased that it has found another “right” person in Phil Morris who arrived in Nepal in July to start as Nepal Country Director. We welcome his skills and wisdom, his experience as former INF Australia CEO, and

his commitment to, and vision for the work of INF. The impact of INF/I’s partnership with INF/N remains huge and this report describes some of what has been achieved in the last year.

However, it has been a difficult year for the team at INF/I’s Nepal Country Office in Kathmandu. Liaison Manager, Jay Budhathoki passed away just after the year-end following a shock diagnosis for cancer in May and we continue to grieve his loss and pray for his wife and son. Jay’s illness coincided with a change in Nepal government policy which blocked the processing of visas for INF volunteers for some time, which had a significant impact on the work of INF/I and INF/N.

INF International is grateful for all those who provide support to the work of INF: expatriate volunteers and their supporters, Nepali staff, donors, and those who remember and pray for INF around the world. Thank you for the way that you have each contributed to INF in the past year.

## Our work:

Key achievements from the past year from our partner, INF Nepal.



## LEARNING TO WALK

Eight-year-old Resmi Buda lives in Patrashi and has cerebral palsy. When an INF Community Mobiliser found her, she was alone in her house and unable to walk. Her parents were unsure how to care for her and she had become too heavy to be carried.

The Community Mobiliser brought a physiotherapist to see Resmi. Initially, Resmi was silent and non-responsive but over time she began to trust the physiotherapist and followed her instructions. The physiotherapist worked together with Resmi's mother, teaching her basic exercises to strengthen Resmi's legs and upper body. She also recommended Resmi socialise with other children to make friends and suggested the family build parallel bars so Resmi could practice standing up.

At the next follow up visit it was clear Resmi's mother had been helping her daughter do her exercises. The family had also built the parallel bars and Resmi had started learning how to walk with them. The INF Nepal's CBR worker recommended an accessible toilet be built for Resmi.

There are now plans for Resmi to have surgery that will further loosen her leg muscles. Her mother is incredibly positive about Resmi's future and thankful for INF's support in transforming her daughter's life.



## KEY ACHIEVEMENTS IN 2018-19

### FINANCIAL ACHIEVEMENTS

Funds raised from international partners and dispersed to INF Nepal

NPR340.2 million [AU\$ 4.37 million]

### HEALTH ACHIEVEMENTS

### TOTAL NO. OF DIRECT BENEFICIARIES

Outpatients [mainly from ear and skin clinics]	79,202
Leprosy cases detected	339
Therapy sessions provided	19,963
Assistive devices provided	1,911
Health education and training	18,587
Surgery [including ear, orthopaedic and plastic surgery]	1,169

### COMMUNITY DEVELOPMENT ACHIEVEMENTS

Number of Self Help Groups facilitated	969
Skill development training sessions	1,829
Climate change and disaster management training sessions	4,667
Income generation support	6,215
Action plans produced and carried out by Self Help Groups	1,803



Community Health & Development



Community Based Rehabilitation



Mother & Child Health



INF Hospital



Fistula Centre



Anti-Human Trafficking



Nutrition



Climate Change



Green Pastures Hospital



INF Offices [ICO, NCO]



Disaster Response & Resilience



Leprosy



### BAL KRISHNA'S STORY

**Bal Krishna** [19] is a student from Banke district. Three years ago, he noticed small patches on his left knee. When he went to the local hospital, he was diagnosed with leprosy and began multi-drug therapy.

Despite regularly taking his medication, Bal Krishna's fingers began to claw on one hand. He was extremely worried that this visible sign of leprosy would mean his peers would discriminate against him.

This year, in conjunction with the Nepal Government's Department of Health, Green Pastures Hospital held a reconstructive surgery camp for people affected by leprosy. Reconstructive surgery services are extremely limited in western Nepal, but have life-changing potential for patients with stigmatising conditions.

Bal Krishna attended the camp and had his hand corrected. He went on to stay at the hospital for over three weeks, where he received health education, counselling, healthy food and follow-up care. With this kind of holistic support, he left the hospital with a new level of confidence and strong sense of dignity.

### SUSTAINABLE DEVELOPMENT GOALS

INF supports the Nepal government's plans for achieving the Sustainable Development Goals



# Finance Report

This is a summary of INF International's financial activities for the 2018/19 financial year. A full copy of our audited account is available on request from our office in Kathmandu.

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 ASHADH 2076 [16 JULY 2019] - IN NEPALI RUPEES

	2018/19	2017/18
<b>INCOME</b>		
Donor Grants	338,842,163	419,622,164
Organisational Members & Seconding Agencies	6,333,559	7,898,027
Bank Interest	4,912,604	6,573,841
Other income	5,082,086	2,334,840
<b>Total incoming resources</b>	<b>355,170,411</b>	<b>436,428,873</b>
<b>EXPENDITURE</b>		
Cost of generating funds		
Publicity and Fundraising	622,593	2,369,878
<b>Charitable activities</b>		
Expat Volunteers Support costs	4,421,580	6,636,033
Programme Services		
Grants to Partner Organisations	340,205,279	432,300,794
INF I Operating Expenses	3,984,453	4,263,635
Partnership programme	1,076,104	1,720,777
Programme development		1,337,664
Designated funds expenditure	980,555	1,491,499
<b>Total charitable activities</b>	<b>350,667,971</b>	<b>447,750,403</b>
Governance costs	3,563,367	2,148,511
<b>Total operational expenditure</b>	<b>354,853,930</b>	<b>452,268,792</b>
Non-operational activities	316,481	-823,951
<b>Total outgoing resources</b>	<b>355,170,411</b>	<b>451,444,841</b>
Net movement in funds	0	[15,015,968]
<b>Total funds brought forward</b>	<b>33,936,743</b>	<b>48,952,712</b>
<b>Total funds carried forward</b>	<b>33,936,743</b>	<b>33,936,743</b>
<b>BALANCE SHEET</b>	2018/19	2017/18
<b>FIXED ASSETS</b>		
Tangible fixed assets	1,009,029	1,761,801
Investments	0	0
	1,009,029	1,761,801
<b>CURRENT ASSETS</b>		
Debtors and prepayments	2,038,754	2,784,468
Cash and Cash Equivalents	106,788,406	115,447,833
	108,827,160	118,232,301
Creditors: amounts falling due within one year	[9,449,508]	[3,348,825]
Creditors: amounts owing to INF Nepal	[66,449,937]	[82,708,534]
<b>Net Current Assets</b>	<b>32,927,715</b>	<b>32,174,942</b>
<b>Net Assets</b>	<b>33,936,743</b>	<b>33,936,743</b>
<b>FUNDS</b>		
Unrestricted Funds		
General Funds	12,471,903	13,019,575
Member Support Funds	1,708,775	3,117,374
Designated Funds	17,222,682	14,121,445
Restricted Purpose Funds	2,533,384	3,678,349
<b>Total Funds</b>	<b>33,936,743</b>	<b>33,936,743</b>

# Board and Governance

INF international is registered with the Australian Charities and Not for Profits Commissions [ACNC] and its accounts are audited in Nepal and Australia.

## BOARD MEMBERS

INF International has undergone significant changes in its Board, constitution and membership in the last year to reflect changes in our work and reduce costs.

On 20 November 2018 most of the Board of INF International resigned to allow the new board take up its role under the structural changes that were voted and agreed by the membership in May 2018. This table records the board members in each board, and their attendance at the board meetings.

### INITIAL BOARD TO 20 NOVEMBER 2018

Phil Lindsay	Chair	3/3 meetings
Terry Steven	Treasurer	3/3 meetings
Jenny Collins	Vice-Chair	2/3 meetings
Alison Craven	Member Secretary	3/3 meetings
Andreas Jenny		3/3 meetings
Ram Prasad Shrestha		2/3 meetings
Graham Morrison		2/3 meetings
Eric Proudfoot		3/3 meetings

### BOARD FROM 21 NOVEMBER 2018

Phil Lindsay	Chair	3/3 meetings
Terry Steven	Treasurer	3/3 meetings
John Reynolds		3/3 meetings
Ravi Underwood		3/3 meetings
Krishna Adhikari		3/3 meetings
Dhan Maya Gurung		1/3 meetings
Rodger Vickers		3/3 meetings

INF's International Director and Nepal Country Director are ex-officio members of the board and attend all meetings.

## Pokhara Study Centre [PSC]

INF International runs a small study centre in Pokhara to support INF volunteers in the education of their children.

The 2018/19 school year settled into a productive and stable year with staffing but ended sadly with Libby Hayes alone as the only teacher with a valid visa for the final month. We added two new Teacher Assistants, a part time cleaner and a new Admin Assistant to our staff. In Term 4, we opened the school to non-INF children and our population grew. In term 1 of 2019 there are a total of 34 students, up from 12 students in term 1 of 2018.

The greatest encouragement for the year was the opening of our new class 2 classroom which has proved a wonderful asset. Students at PSC are having wonderful opportunities to learn through an excellent academic programme and after-school clubs offered over the year: Circus, Rangers, Athletics, Green Fingers and Drama.



# INF Family & partners

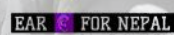
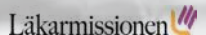
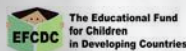


INF Australia  
INF Canada  
INF Nepal  
INF New Zealand



INF UK

## International Partners



## National & Local Partners



Ministry of Health & Population  
Ministry of Women, Children & Senior Citizen  
Ministry of Social Development, Karnali Province  
All other National and Local Government Bodies

We are also very grateful for all the other international, national, local and individual partners who are not listed here – those who are often anonymous and generous.



a Christian mission serving the physical and spiritual needs of Nepali people

## INF INTERNATIONAL

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