

# INF NEPAL UPDATES

Issue 14 | September 2019



**Greetings and welcome to the INF Nepal Updates. On the month of September several important workshops and events took place. Some of the highlights were INF Nepal Annual General Meeting; training conducted by DRRD in Kapilvastu & Rolpa, Gender Mainstreaming training at Sauraha to mention few.**

**Read below for more..**

## INF NEPAL ANNUAL REPORT 2018-19

We are pleased to share the INF Nepal Annual report 2018-19. It records some of our achievements over the past year and inspiring transformational stories.

For more details [click here](#)



## INF INTERNATIONAL ANNUAL REPORT 2018-19

INF International Annual Report has been published please follow the link to read more.

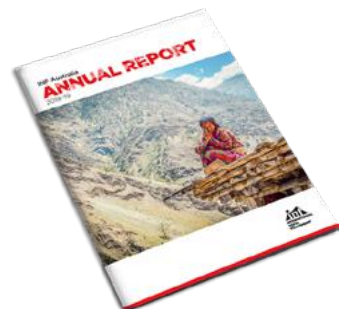
For more details [click here](#)



## INF AUSTRALIA ANNUAL REPORT 2018-19

INF Australia Annual Report has been published, kindly follow the link to read more.

For more details [click here](#)



## TODAY IN NEPAL [TIN238]

INF Magazine Today in Nepal issue TiN238 has been published. This issue was focused on INF's commitment to inclusive and empowering projects that radically advocate with and for those often kept at the margins of society.

For more details [click here](#)



## INF Nepal Annual General Meeting

INF Nepal's 28th Annual General Meeting [AGM] was held on 30th September 2019 at Green Pastures Complex, Pokhara. It was encouraging to see this meeting well attended by board members, life members, general members and INF Nepal staff.

The programme was inaugurated by, Ram Prasad Sharma, Vice- Chairperson of Pokhreli Christian Community [PCC] by watering the plant. The event was commemorated with a welcome speech by INF Nepal Vice Chairperson Rajendra Kumar Adhikari, and Pastor Grisma Keshar Parajuli shared the word of God.

Later the programme was followed by a presentation by Krishna Adhikari, Executive Director of INF Nepal, about the recent projects and information about the change process, with brief information on the organization's way forward. Likewise, Ms. Dhana Lama presented the financial overview of the Organization for the FY 2018/19 and also gave a brief overview of budgeted income and expenditure of FY 2019/20.

Dr Shiva Ram Srimal, Philip Morris and Chief Guest Ram Prasad Sharma shared encouraging words. All the speakers drew attention to INF Nepal's vision,

achievements, progress and continuing challenges over the years and commended about the remarkable work of INF Nepal. The open session of AGM was concluded by Chairperson RC Timothy with a thank you note.



## 'World spinal cord injury awareness day' Celebration

On 5th September, INF Nepal Green Pasture hospital [GPH] celebrated the 'WORLD SPINAL CORD INJURY AWARENESS DAY' amongst its staff members and patients inside GPH premise with the theme "Living Life to the Fullest". The programme was organized to mark the importance of raising awareness among all to enable a more inclusive life for persons with disability, acknowledging both the challenges faced by people with SCI and to give hope for the future.

In the programme the patients shared their experiences and challenges, Dr Subin Benjankar spoke on SCI and peer counsellor Poonam B.K shared her own personal testimony, highlighting the fact that there is hope even after suffering a SCI. Followed by Sister Ruth Praying for all the SCI patients and finally, the event was concluded by Dr Bruce. GPH envisions to become a Centre of Excellence in the Care and Prevention of Disability by providing Holistic Care to transform lives.



Photo: Amos Gurung [Ming]



## Call for Government Action

13th National Day against Human Trafficking was observed in INF Nepal Banke. Interaction and sharing programme was organised on the contemporary issues regarding human trafficking and call for government action.



## Contingency Planning and Monitoring Visit

The DRRD team Jyoti B. Chhetri and Sahara Mishra went to Rolpa and Kapilvastu to discuss and prepare the contingency plan of newly shifted INF Offices at Maharajgunj, Kapilvastu and Sunchhahhari, Rolpa. Jyoti B. Chhetri took the lead in building assessment for contingency planning and safety security devices while Sahara Mishra oriented the INF staffs from Rolpa and Kapilvastu on the INF Disaster Management Policy focusing on the Scales of Disaster for INF, Disaster Notification Form and response mechanism. Alongside, the staffs were given a short overview on Core Humanitarian Standards to be followed during the Response and by Projects.

The monitoring visit of the Community Resilience Project implemented at Rolpa and Kapilvastu was also done which envisaged the visit of the nursery that CRP project had supported.



## Basic First Aid and Tent Building Training

INF Nepal DRRD team conducted one day training on Basic First Aid, Tent Building and Safety measures for fire events [Gas Cylinder/Fire Extinguisher] in Kapilvasu and Rolpa. There were altogether 33 participants from Kapilvastu and 51 participants from Rolpa. Furthermore, a community drill was also facilitated by DRRD for the CRP project during this visit. Overall, the community participation, support and the request made by the RM Chair and community people to the DRR activities shows the will to carry out other projects in those areas.



INF staffs passing through the landslide carrying training materials to Rolpa  
Photo: Sahara Mishra



## Inclusive Disaster Risk Reduction



Three-day long Inclusive Disaster Risk Reduction training just concluded in Sauraha, Chitwan. Seven of the INF Nepal staff members Karna Gurung, Bishnu Giri, Rajendra Sunar, Sita Thapa, Mahesh Chaudhary, Daljit Gharti and Sharada Hitan participated. The training was facilitated by our partner organisation Transform Aid International [TAI] and jointly organised by INF Nepal, UMN, Australian Aid, MCDC and TAI.

The training focused on sharing the contemporary issues regarding inclusion of the people living with disabilities, elderly people, women, and children into the disaster risk reduction work as well as focused on mitigation, preparedness and how we could respond to the emergency in the best way possible, collaborating with other organisations and government bodies.

## Gender Mainstreaming Training

INF Nepal Banke[MNCH Project] organized 3 days of Gender Mainstreaming Training at Sauraha, Chitwan from 16 to 18 September. A total of 20 staff from different INF Nepal branch offices participated in the training. The training was facilitated by Ms. Manju Singh Rana [GESI Expert] facilitated the training. The aim of the training was to take into account the differences between men and women when designing, implementing and evaluating policies, programmes and projects, so that they benefit both women and men and do not increase inequality but enhance gender equality.





## One-stop Rehabilitation Service Centre

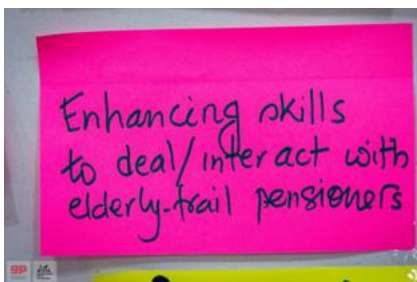
First Project Advisory Committee [PAC] meeting for One-stop Rehabilitation Service Centre [OSRSC] project was held on 19th September 2019 at GPH. The committee members attending the meeting were Chairperson of Pokhara Metropolitan Ward # 15, Director of Pokhara Academy of Health Science, President of National Federation of Disability Network Gandaki Province, Executive Director of INF Nepal and representatives from International Committee for Red Cross [ICRC], Humanity and Inclusion [HI], WHO, UNDP and INF Nepal.

The objective of the meeting was primarily for project orientation, concept sharing and the formation of the advisory committee along with feedback from the committee members on the concept. The committee members shared their experiences, showed positive response and verbal commitments for the project implementation. The PAC meeting will be held every three months during the project period.



## Palliative Care Workshop

20 keen Gurkha Welfare Trust [GWT] officers with two GWT facilitators from different districts of Nepal attended two-day Palliative Care Workshop held in Green Pastures hospital [GPH] on 9th & 10th September 2019. Facilitated by the palliative care team, the shared experiences, challenges and learning has enabled participants to see more opportunities in providing holistic care.





## ICO Contingency Disaster Plan

On September 6, DRRD organized the orientation programme on ICO Disaster Contingency Plan. A total of 37 participants attended that orientation programme inclusive of staffs from Prabhav Nepal and A.C.N. In the training, the participants were provided with the whistle informing them about the usage and importance of whistle and whistle codes. The team is planning to organize a drill based on the orientation in sooner date.

## Disability Screening Orientation

On 24 and 25th September, one day disability screening orientation was organized each day at INF Nepal Surkhet and INF Nepal Banke hospitals so that the concerned medical staff could screen and refer proper cases for surgery. Government staff, SABALTA project staffs, SHG leaders, Community Mobilizers and staffs from Disable People Organizations [DPO] including INF Surkhet and INF Banke staffs attended the orientation programmeme. New patients and those operated before were invited for effective practical sessions. During orientation Dr Suraj Maharjan briefly shared about leprosy and non leprosy Plastic surgery services available at GPHRC and also explained in detail about cases to be referred to the GPHRC for surgery. Schedule of upcoming surgery week and upcoming events at GPHRC were distributed to all the participants.





## FEATURED STAFF



**Suresh Gauli** 24 is from Tanahu, an adjoined district to Kaski. He has been sustaining injury in his spine for last ten years due to fall from a tree. He was physically rehabilitated in INF Nepal Green Pastures hospital and was also provided him with education support.

Suresh is now making a good living. Suresh is doing his bachelor's degree in business studies and is currently working in Green Pasture Hospital's OPD registration desk. Prior to this role he worked for the disabled people organization. Suresh is very good at his studies and at his work. He is also a very active player of a wheelchair basketball team.

Suresh is very good example of willpower and courage.

Please pray with us for Suresh as he works with INF Nepal GPH team in realizing the INF's vision of bringing life in all its fullness. May God fill him with his grace, wisdom and power to serve others with kindness and compassion. May his life inspire many others, in giving them the lasting hope.



## DID YOU KNOW ?

### INTERESTING FACTS

Nepal is the only country with altitudinal variation that ranges from 59 meters to 8848 meters. Nepal holds some of the most extreme places on the earth such as the highest lake on the earth **Tilicho 4800 metres**, the deepest valley on earth **Arun Valley**, the deepest gorges 1200 metres in **Kaligandaki** and the tallest grassland in the world in **Chitwan**.

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