

Greetings and welcome to the INF Nepal Updates. On the month of October several important events and workshops took place. Some of the highlights were Celebrating life of Eileen Lodge on her funeral service, CP camp at GPHRC, Orientation Training and Leprosy Outreach Camp at Jajarkot.

Read below for more.

CELEBRATING THE LIFE OF EILEEN LODGE

Eileen Lodge, one of the pioneers of INF, passed away on Friday 11th October in Kathmandu, aged 94. Coming to Nepal in 1953; she spent her life serving the people of Nepal, especially those affected by leprosy. She leaves a great legacy of serving her Lord here. She helped to establish Green Pastures Hospital in 1955, including supervising the building work. She was also the founder of the Nepal Leprosy Trust.

On 17th October funeral service of Eileen Lodge was held at INF Nepal Green Pastures Hospital's Chapel Hall. Born in June 1925 in the UK, Eileen went to her heavenly home on 11th October 2019 at the age of 94 years. She spent her life serving the people of Nepal, especially those affected by leprosy and left a great legacy behind. Over 300 people attended to celebrate her life.

Read the [story](#).



CELEBRATION OF CEREBRAL PALSY AND OCCUPATIONAL THERAPY DAY

Green Pastures Hospital and Rehabilitation Centre celebrated Cerebral Palsy and Occupational Therapy day jointly with staff members and the patients. Patients shared about their experience with Green Pastures Hospital. Occupational Therapy Coordinator **Megan Barker** and Physio Therapy Incharge **Khadga Gurung** also shared their experiences with the patients for many years and showed the importance of occupation therapy for patients with these conditions.



TWO-DAY PALLIATIVE CARE REFRESHER WORKSHOP

18 keen nurses and doctor participated in a 'two-day Palliative care refresher workshop' facilitated by **Dr Daniel Munday** and PC team on 21th & 22nd Oct. 2019 at GPH. We found more enthusiastic participants who were very passionate to implement this service in their setting.



REACHING TO UN-REACHED WITH LEPROSY MESSAGE AND SERVICES

Orientation Training and Leprosy Outreach Camp at Chhedagad Municipality-3 Dasera Jajarkot

The objective of the outreach camp was to enhance the capacity of female community health volunteers [FCHVs] and traditional healers to identify the people with possibilities of having leprosy and through them detecting the untreated leprosy cases been in their communities.



On 22 October leprosy orientation training was conducted for two different key groups **Female Community Health Volunteers [FCHVs] and Traditional Healers** who play a vital role in patient referral and thereby in the diagnosis of leprosy. All FCHVs of Dasera Health Post Catchment Area [Dasera, Suwanauli and Salma] were invited for leprosy orientation training and out of 27 expected 24 participated in the orientation training. After providing essential knowledge of leprosy the FCHVs were instructed to make door to door visits at their community and to refer people with skin problem including leprosy suspects and those under medication.

Similarly, 20 traditional healers of the same area were also invited to participate in the leprosy orientation training. After providing essential leprosy knowledge, the traditional healers were also requested to refer people with various skin condition based on their contact.



On 23 & 24 October, a **screening camp** was conducted. People with skin conditions were examined, treated and were further screened for leprosy. 194 people with varied skin conditions participated at the camp clinic and were screened for leprosy. Among all the screened patients one new case was identified with leprosy while 3 patients already on medication were provided with necessary counseling and advice.

WORLD HOSPICE AND PALLIATIVE CARE DAY

Green Pastures Hospital celebrated World Hospice and Palliative Care Day with the theme "My Care My Right" on 12 October with its staff and patients. Family carers and patients shared their experiences and how Palliative Care [PC] service supported and empowered them.



Green Pastures PC Service is developing a holistic, innovative model integrating Chronic Disease Management and become the first comprehensive Nepali service caring for all palliative patients irrespective of diagnosis and age. It will include Day Therapy, clinics, community service and a 14-bed inpatient unit.

INTERACTIVE AND PRACTICAL 2-DAY TRAINING FOR CARERS OF GURKHA WELFARE TRUST

Being a full-time carer for your family member is not easy. The GPH Palliative Care team this week facilitated an interactive and practical 2-day training for carers of **Gurkha Welfare Trust** clients. Simple teaching, opportunities to share stories, communication skills, practical care for bed-bound patients and the importance of self-care were some of the areas covered, and many expressed gratitude for the encouragement and learning gained over the 2 days together." This is one of five training that the PC team is facilitating for both health and non-health personnel over these 2 months.





FEATURED STAFF

INF Nepal has been serving to some of the most remote communities of Nepal where struggles are real and life is challenging. In midst of this ever increasing challenges, INF Nepal field staff has been reaching out to these communities with the heart of INF vision "Life in all its fullness for Nepal's poor and disadvantaged" by reflecting the love and hope. Praise God for their commitment, and pray for God's continued guidance

Raju Garti Magar, has worked in INF Nepal for past 10 years in different position and capacities. He currently works as a Team leader of livelihood project in INF Nepal Jumla branch office.

Please join with us to pray for Raju, for God's protection and safety as he has to travel to the remote communities often in very difficult and challenging conditions. Pray for God's continuous grace, comfort and strength that that he may serve the community with a loving and tender heart so that INF's vision is reflected through his actions and words, and many more lives will be transformed through. May God help him to see situations today in light of being invested for the long-term. We pray for God's guidance and provision for balancing his work and family commitments.

Just like Raju, INF Nepal would like to acknowledge the work of all the INF field staff working in these remote communities and serving relentlessly.

[Watch Raju's Journey on Youtube https://youtu.be/A1Y8DVH0Dk0](https://youtu.be/A1Y8DVH0Dk0)



DID YOU KNOW?



INTERESTING FACTS

NAMASTE! A MOST GRACIOUS GREETING

Namaste said with palms pressed together, forms a standard greeting all over Nepal meaning "I bow to the Devine in You". The word Namaste is formed by joining "Namah" and "te". Namah in Sanskrit is to bow and te means 'to you' So, Namaste literally means "bowing to you".

'Namaste' signifies—respect. Respect for the god in others, respect for their inherent goodness. And, humility, that's what the person saying 'Namaste' is displaying.

Whatever the case may be—greeting, welcoming, goodbye, or demonstrating thanks—one cannot go wrong with a

'Namaste' since it is such a humble gesture that anybody will appreciate it heartily. An all-in-one-greeting, that's what a 'Namaste' is.

So Here is Our Namaste to you all !

For more information and updates:

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